

✦ AI Overview

The "wonder of humility" lies in its ability to connect us to reality, foster personal growth, and enable a more peaceful and joyful life. Humility is a grounded, realistic self-perception that replaces the need for external validation, allowing a person to be present, open to learning, and receptive to the wonders of the world around them instead of being self-absorbed. It is a source of inner strength that allows one to be free from the constant need for praise or fear of criticism. 