

COMFORT CARE CHATTER

January Birthdays

Happy Birthday to YOU!

Sara J. HCA DV 1.2

Diana M. RN CO 1.9

Lorie P. RN Case Mngr. CO 1.11

Signe H. RN CR 1.11

Charlotte B. Payroll/Billing CR 1.13

Emilija R. HCA CF 1.15

Sandra K. HCA CF 1.16

Angie L. Clin. Rec. CR 1.21

Emily S. LPN DV 1.25

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Also online at:

WWW.COMFORTCAREIA.COM

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Action Month

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Teasers

Brain Teasers

Last Month's Answers

Alfredo, Thin, Romano, Meatball, Mushrooms
Giuseppe, Whole Wheat, Mozzarella, Pepperoni,
Peppers

Luigi, Greek, Parmesan, Sausage, Olives
Mario, Crisp, Provolone, Chicken, Onions
Nunzio, Sicilian, Gorgonzola, Bacon, Broccoli

REMINDER
CLIENTS & COMFORT
CARE STAFF, PLEASE
REMEMBER TO CALL THE
OFFICE WHENEVER YOU
HAVE A SCHEDULE
CHANGE!

January is National Radon Action Month

Learn about Risk From Radon

You can't see, smell or taste radon, but it could be present at a dangerous level in your home. Radon is the leading cause of lung cancer deaths among nonsmokers in America and claims the lives of about 21,000 Americans each year. In fact, the EPA and the U.S. Surgeon General urge all Americans to protect their health by testing their homes, schools and other buildings for radon.

Exposure to radon is a preventable health risk and testing radon levels in your home can help prevent unnecessary exposure. If a high radon level is detected in your home, you can take steps to fix the problem to protect yourself and your family.

Studies Find Direct Evidence Linking Radon in Homes to Lung Cancer

(2005) Two studies show definitive evidence of an association between residential radon exposure and lung cancer. Two studies, a North American study and a European study, both combined data from several previous residential studies. These two studies go a step beyond earlier findings. They confirm the radon health risks predicted by occupational studies of underground miners who breathed radon for a period of years.

Early in the debate about radon-related risks, some researchers questioned whether occupational studies could be used to calculate risks from exposure to radon in the home environment. "These findings effectively end any doubts about the risks to Americans of having radon in their homes," said Tom Kelly, Former Director of EPA's Indoor Environments Division. "We know that radon is a carcinogen. This research confirms that breathing low levels of radon can lead to lung cancer."

Source: <https://www.epa.gov/radon/health-risk-radon>



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Brain Teasers

There are five weather forecasters getting ready for a weekend forecast. Each forecaster is predicting different weather and is choosing a suit and "tie" (yes, the women, too) of different color combinations. There are 3 men (John, Matt and Tim) and 2 women (Karen and Sarah).

Can you determine the color of the suit, the color and pattern of the tie, and the weather prediction for each forecaster?

1. The forecaster who wore a black suit did not predict snow or rain.
2. Many viewers called in to comment on the whimsically printed tan tie and brown suit combination.
3. The five forecasters were: Matt, the woman who predicted high winds, the person in a black suit, the man with a striped pink tie, and the woman in an olive suit.
4. A solid white tie was chosen to represent the snowy forecast that day.
5. John's orange tie was hated by his wife.
6. Sarah had a teal colored tie which was not floral.
7. Tim predicted sun and did not wear brown or black.
8. The man who predicted rain did not wear a striped tie.
9. The blue suit was worn by a man, the gray suit was worn by a woman.
10. The woman who predicted high winds wore a teal tie.

Do you have a big announcement? A thank you? A great photo? Send your input for the Chatter to Taylor and she will add it to next month's newsletter!

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