

Hello Discovery I Families!

Welcome to MDO! My name is Anna Gilmore and I'm so excited to be teaching your child this year! I am energetic, playful and fun and believe those qualities help me build strong relationships with my students. I have been married to my husband, Nate, for almost a year. I love animals! We actually have 2 bunnies; their names are Rudy and Napoleon. In my spare time, I love doing art and all things creative! My goal this year is to create a special bond with each child and make sure that they feel seen and heard. Going out of my way to make them feel safe and important helps them grow and learn while enabling me to meet their individual needs.

Please bring these LABELED items to the first day of school for your child:

- Package of diapers (we have room to store an extra pack) and also any ointment you may use
- Sleeping bag (and small pillow, if desired)
- Pacifier or comfort item
- Extra change of clothes
- 4x6 picture of your child
- Reusable water bottle
- All MDO forms, completed
- Helpful Information Form About Your Child, completed

Every child has their own cubby to keep their things in, but it is best to **LABEL** all of your items. We do not always remember who came in which jacket.

Snack: Please bring a two-part snack at the start of each month. You should bring enough for 15 kids. Please label your snack so we know who has brought it in.

Snacks should consist of two food groups - fruit or vegetable, grain or dairy.

Fruits or vegetable: fresh fruit or vegetable, jarred, pouch or raisins

Grain: granola bar, graham crackers, cheese crackers

Dairy: cheese, yogurt

We have access to a refrigerator. Whatever your child enjoys is fine to bring as long as it is a healthy option. 2% milk is provided at lunch time. If you want your child to have a different type of milk, we ask that you please bring this to school. Again, we can store it, **LABELED** for your child in our refrigerator.

Our daily schedule for the Discovery I class:

7:00-9:00 Before Care
9-9:15 Arrival, free play (new activities and toys set out daily)
9:15-9:35 Diaper change and/ or potty time
9:35-10 Gym or outside play
10-10:20 Snack time, read stories, sing songs, finger plays
10:20-10:30 Circle time
-songs
-weather
-calendar
10:30-11 Group activity
-sensory exploration
-craft
-centers
11-11:15 Music and movement
11:15-11:45 Gym or outside play
11:45-12 Diaper change or potty time
12-12:20 Lunch
12:30-2 Nap
2:00 Departure
2-5 After care

You will receive information and pictures about your child's day when you access the Parent Engagement app. Please be reminded this is a loose schedule, as we are more focused on the needs of each child. Especially in the beginning of the year when all are learning to adapt and transition to new routines and a new environment.

Please feel free to check our website www.mdoracine.com for information pertaining to our class. Just look for Discovery I. We have different topics every week and talk about these things throughout the day with children. Our songs, stories and art projects usually reflect the week's theme.

I look forward to getting to know your child and building a great relationship with your family. It is going to be a great school year!

Ms. Anna

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