

Good morning!

Well here we are in late January...what do you watch during warmups? Do you go talk to your partner(s) or do you monitor the teams looking for jewelry, watching players shoot, looking for how they catch and shoot jump shots? We *should* be monitoring our team and if the R in a 3-person game can still watch players catch and shoot. Doing this tells us a *lot* about how they will shoot in the game.

Catch and shoot has changed significantly the past few years at our level, especially on 3-point shots. Players 'walk into' shots regularly and sometimes it is called but usually not. These are almost never called on NCAA games and kids/officials see that.

Take it for what it is worth, but when the pivot foot comes back to the floor when a shooter 'steps into' a shot, it is a travel.

Use the following clip of 3-point shots as a start of a discussion with friends and colleagues or at a chapter meeting. Traveling is, in my opinion, the toughest call we have and identifying the pivot foot is crucial in determining whether the ball handler traveled or not. Maybe work on identifying the pivot foot in games the rest of the week is a great goal if you have trouble with it or have not thought much about it.

I think sometimes we call traveling based on it 'looks weird' rather than identifying the pivot foot and actually seeing what happened.

The clip of potential travel on 3-point shots is [here](#). I used this accumulation last year also but it is good to see again!

Wednesday extra: Make sure to have one or two things you are working on each game. Ask your partner(s) what they are working on! Don't try to work on more than 2 things each game!

Have a great game tonight!