

Missions for Humanity  
Mission Trip 2019- Dar es Salaam, Tanzania

**(Thursday, July 4, 2019 to Saturday July 20, 2019)**

(Shorter stays are possible)

Purpose: To share the gifts God has given to us by providing medical, dental and humanitarian aid to those in the world's neediest communities. Rooted in the teachings of the Catholic faith, we serve with utmost respect for the preservation of human dignity. We provide care for all people regardless of religion, gender, race, or ethnicity.

We are working through the Caritas Dar es Salaam. Through this program we have been connected with the Dar es Salaam Archdiocese Health Network.

- We will be working at clinics in Dar es Salaam and in the outlying villages within the diocese. Caritas will have everything planned out before we get there. They will arrange the transportation etc. that we need. Teachers will be working in schools in the outlying villages.
- Those who are not medical people will act as assistants, be teaching, or be working on various projects that the Caritas staff will arrange.
- Although the language spoken by the majority of the people is Kiswahili, some do speak English, so language should not be a problem. There will be translators for the doctors etc. who need them.

Dates: **The dates for the 2019 Tanzania trip are Thursday July 4th to Saturday July 20, 20189**

Cost: Approximately \$2600 for your flight and room & board. Exact amount will depend on flight when you purchase airfare. This does not include the cost of a safari if you opt to take one, drinks other than water and spending money. Safari costs depends on which safari you choose and how many people go. See safari info on another sheet.

**Approximate Cost Breakdown**

<b>Airfare (approximate) (as of 10/9/18)</b>	<b>\$ 2,045.00</b>
<b>Room &amp; Board 13 nights @ approximately \$30.00/day</b>	<b>\$ 390.00</b>
<b>Donation for Caritas staff (per person)</b>	<b>\$ 35.00</b>
<b>Total Base Price</b>	<b><u>\$2,470.00</u></b>

**Optional Expenses**

- |   |          |
|---|----------|
| • Airport Transportation (round trip)   | \$ 40.00 |
| • Safari depends on what you chose and how many go.                             | \$ ???   |
| • Dubai Extension (\$\$ depends what you do)                                    | \$ ???   |
| • <b>Travel Insurance</b> (purchase on your own – cost depends on what you buy) |          |

**Not Included:**

- Visa upon arrival - \$100 US dollars
- Drinks(other than water) at meals and other times
- Tips on safari ( if you go on one)
- Tips at Mbagala Center
- Spending money for gifts

**Accommodations:** Mbagala Center (The Diocesan Center for the Diocese of Dar es Salaam) Bed & breakfast and dinner is \$30.00/night .

- Rooms: Single, Double or Triple rooms. All rooms have single beds (with mosquito netting) and private bathrooms with showers (cold water), and ceiling fan.

**Airfare:** I will book first batch by November 17ish for best prices. I will need a \$2000 deposit to have your flight booked. **You will need to email me the following info:**

- Name as it appears on your passport (or as it will appear on your passport if you are renewing it or getting one for the first time.)
- Passport number
- Date of Birth
- Date issued
- Country Issued
- Date of Expiration **(must be more than 6 months or you must renew)**
- Phone number (cell and home)
- Address
- Seat Preference (window, aisle, middle, sitting with anyone particular)
- Occupation & for how long (this is not for the flights, but so I can keep track of who is coming, profession wise)

## **Flights**

### **Emirates**

Date	Flight	From	To	Departure	Arrival	Length	Class
Thu 04 Jul	EK 238	Boston Logan Intl.	Dubai	1110P	725P (Fri 05 Jul)	12:15	Economy Q
Sat 06 Jul	EK 725	Dubai	Dar Es Salaam Intl.	1005A	230P	5:25	Economy Q
Fri 19 Jul	EK 726	Dar Es Salaam Intl.	Dubai	445P	1120P	5:35	Economy U
Sat 20 Jul	EK 237	Dubai	Boston Logan Intl.	815A	150P	13:35	Economy U

**Total per adult** including tax & any applicable nonrefundable service fee : **\$ 2045.00**

Prices quoted in USD

*Fares and taxes are subject to change without notice until payment has been received and tickets are issued.*

### **Fare Features**

Changes before departure (applicable fare difference and tax may apply) : \$75

Changes after departure (applicable fare difference and tax may apply) : \$75

Cancellations before departure (24 hours prior) : \$125

Cancellations after departure (24 hours prior) : Non-Refundable

Checked Baggage Allowance : 3 bags/50 LBS (23KG) max per bag

## Additional Information

Passport Required  
Visa: Required – we will obtain the visa at the airport we arrive in Tanzania – cost \$100.00

Medical: Vaccinations

Mandatory: Yellow Fever (no longer mandatory as of 5/11... good idea???)

Recommended:

- Hepatitis A
- Hepatitis B
- Malaria – (specific for Tanzania) pills that you must start before you go
- Tetanus
- Typhoid (1 shot or pills that you must start a month or so before you go)
- Polio booster

Check with your insurance to see what is covered where.

- Miriam Hospital Travel Clinic – Providence
- Travel clinic in the Cape
- Travel clinic outside of Boston

Clothing

- See recommended list of items to bring
- You may have clothes washed while you are there.
- Women (and usually men) do not wear shorts in public.
- Spray clothes????

Communication

- Internet sometimes available
- cell phones services - check with your provider- usually available

Currency – Tanzanian Shillings 2,287.60 = \$1.00 (as of 10/9/18)  
(fluctuates a lot)

- **Only New Style Money,** American dollars are accepted in Tanzania. **NO TEARS OR RIPS**
- **You receive a better rate of exchange if you exchange large (\$100's, 50's) bills.**

Current - 220V

- You need either a 3 prong plug (UK size) Adaptor.
- You need a current converter if the items you will be charging don't state that they work on both currents.
- A 220 V power strip is great if you have a lot to plug in. I purchased one on-line at World Gift Center

Contact:

Kathy Crosson

- Home 508-672-7996 [kcrosson1@comcast.net](mailto:kcrosson1@comcast.net)
- Cell 508-972-2979 ( I don't answer it during school hours)
- \*\*\*To see pictures from past mission trips to Tanzania and Honduras visit the Missions for Humanity website at [www.missionsforhumanity.org](http://www.missionsforhumanity.org) and click on the Flickr link or go directly to our Flickr account at <http://www.flickr.com/photos/30649903@N05/>

Dubai Extention Option -You need to book yourself, but we can give you info on what we did, where we stayed, tour group etc. **Need to know before you book your flights.**

- JW Marriott Hotel ..... Dubai Private Tours