



July  
22-26  
2019



Celebrate wellness with like minded individuals as you realize the volume of life-changing material in the God BLESSES ME Model to Whole Health developed by Mike and Suzy Hoseus.

The Annual

# Whole Health Week

at Blessings Farm

[LifeLearningMinistries.org](http://LifeLearningMinistries.org)

# What to Expect



- Learn the components of health and how to be freed from ongoing depression, anxiety, and addiction
- Participate in planting, harvesting, and preparing living foods
- Study and discuss a Christ-centered, Biblical approach designed specifically for the Whole Health journey
- Plan and establish Godly goals for ongoing sustainable success
- Develop a support network and make new friends.

This week is designed to empower people to proceed forth on a Whole Health Journey. Whole Health is not only physical health, it is a multiple of dimensions that make up the whole. It can all be explained in God BLESSES ME, the acronym for Body, Labor, Emotions, Spiritual, Social, Environment, Service, Mental, and Everyday Disciplines.

Full-time participants will receive certification and permission to use the curriculum in local Whole Health Encouragement (WHE) Groups.

