|  |
| --- |
| **Please note:**   * Only registered participants will be granted access into the TTFC to a maximum of 5 persons in each designated area * Participants under the age of 18 will require to have a 1 coach to 4 athlete ratio. * Participants 18 and over are able to utilize a maximum of 5 persons in any given area. (A coach is included in this ratio) * **Please e-mail this form to:** torontotrackandfieldcentre@toronto.ca **Subject Line Format:** (date you are looking to train) and session time Ie.WED SEPT 9 – SESSION 2 11:15AM |

Training Session Preference:

**TRAINING SESSION TIME PREFERRED (RANK 1 – 7)**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **SESSION 1**  9:30am – 10:30am |  | **SESSION 2**  11:00am-12:00 pm |  | **SESSION 3**  1:00pm-2:00pm |  | **SESSION 4**  2:30pm-3:30pm |  | **SESSION 5**  4:30pm-5:30pm |  | **SESSION 6**  6:00pm-7:00pm |  | **SESSION 7**  7:30pm-8:30pm |  |

**TRAINING SESSION DESIGNATED AREA PREFERRED**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **OUTDOOR** | | | | | | | | | **INDOOR** | | | | | |
|  | **Hammer Cage** | **West Shot Putt** | **West Javelin** | **Discus Cage** | **North 100m** | **South 100m** | **Long Jump** | **Pole Vault** | **High Jump** | **Shot Putt Circle** | **Oval**  **Track** | **100m Straight** | **Long Jump** | **Pole Vault** | **High Jump** |
| **MON** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **TUES** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **WED** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **THURS** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **FRI** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **SAT** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

\* Please see Return To Train Communication for a list of the machines in this designated zone for use \*

Do you require access to 5 hurdles during your training session? 🞏 YES 🞏 NO

Training Session Coach/Athlete Information:

|  |  |
| --- | --- |
| Club Name: |  |

|  |  |
| --- | --- |
| Coach Name: |  |
| Coach Contact: |  |
| Coach E-mail: |  |
| Athletics Ontario # |  |

|  |  |  |  |
| --- | --- | --- | --- |
|  | **ATHLETE 1** | **ATHLETE 2** | **ATHLETE 3** |
| **Athlete Name:** |  |  |  |
| **Guardian Name:**  **(if under the age of 16)** |  |  |  |
| **Contact Number:** |  |  |  |
| **Contact E-mail:** |  |  |  |
| **Athletics Ontario #** |  |  |  |
|  | **ATHLETE 4** | **ATHLETE 5** (only can be filled if over the age of 18 and no coach) |  |
| **Athlete Name:** |  |  |  |
| **Guardian Name:**  **(if under the age of 16)** |  |  |  |
| **Contact Number:** |  |  |  |
| **Contact E-mail:** |  |  |  |
| **Athletics Ontario #** |  |  |  |

**Notice of Collection** The personal information on this form is collected under the legal authority of City of Toronto Act, S.O. 2006, Chapter 11, Schedule A, s. 8, 74 &136, the City of Toronto Municipal Code, Chapter 441, Fees and Charges and Chapter 608, Parks. The information is used to process your application for program participation; the registration of individuals in programs; payment of fees; collection of outstanding fee amounts; aggregate statistical reporting, contacting clients regarding upcoming programs, and, additional mailings, including newsletters/surveys and email notifications and receipt transactions. Questions about this collection can be directed to Parks, Forestry & Recreation- Manager of Customer Service, Toronto City Hall, 1st Fl, 100 Queen Street, W. Toronto, Ontario M5H 2N2, or telephone at 416-392-1902.