



How do youth benefit from 4-H Camping in Virginia?

388-107 (4H-183NP)



Research Shows:

- *Virginia has one of the largest 4-H camping programs in the nation.*
- *Camp improves the lives of children, youth, and families.*
- *Virginia 4-H Camps are safe, accessible and affordable!*
- *Camp enables children to grow to be caring, contributing, successful members of society.*
- *Camp builds life skills like making connections & self-confidence.*

What do the campers say?

“After attending camp, I was better able to...”:

- ▶ “...take responsibility for my actions” - 71%
- ▶ “...work as a team” - 68%
- ▶ “...make new friends” - 63%
- ▶ “...make decisions for myself” - 60%
- ▶ “...enjoy learning new skills” - 71%
- ▶ “...enjoy helping others” - 69%
- ▶ “...express my opinions with others” - 56%



For more information:

- Contact your local Extension Office
- Contact your local 4-H Educational Center
- Visit www.ext.vt.edu/resources/4h/camping.html

Virginia 4-H Centers
are accredited by the
**American Camp
Association.**



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