



SOUTH AFRICA: Johannesburg & Cape Town

April 29 – May 9, 2019

\$5,999 (based on double occupancy)

\$899 (single supplement)

BOOK NOW 888.747.7501

With a dynamic fusion of African, European, and Asian influences, South Africa is a place of vibrant cultural diversity. Years after its emergence from apartheid, the nation has become a fascinating mix of history and modernity, of ancient traditions and new ideas. Founded in 1886, Johannesburg has become the country's commercial, industrial, and financial center, perfectly preserving South Africa's history and offering a look at a promising future. Cape Town is regularly heralded as one of the most beautiful cities on earth. Tucked into the arms of a broad bay, it is surrounded by white-sand beaches, while the magnificent Table Mountain provides a stunning backdrop to the city.

Program Highlights

- 8-night (11 day) journey through **South Africa**
- **Accompanying guest program** – alternate activities will be provided for those who do not wish to attend the meetings.
- Embark on an exploration of the darkest years in South African history at the **Apartheid Museum**.

Focus on Community & Culture

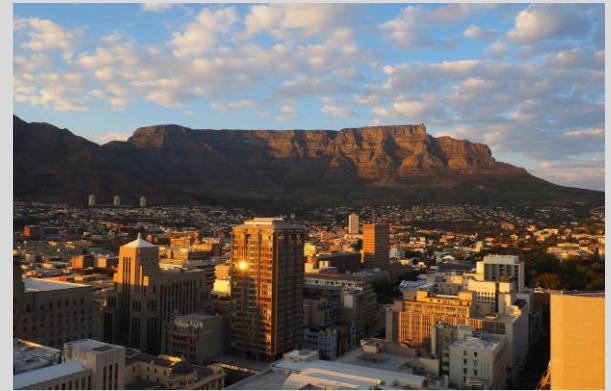
- Talk to the people you meet along the way. You'll be delighted at how open to conversation the locals are, and you may surprise yourself with the new impressions formed.
- Giving back and engaging with the local community is an important part of your journey. Visit the **Elton John Masibambisane Centre for Orphaned and Vulnerable Children**.

Focus on healthcare

- **Meaningful interaction and collaboration** with mental health counterparts will focus on understanding the barriers to early treatment of serious mental illness, strategies to the prevention of relapse of serious mental illness, and the importance of culture in the effective treatment of mental illness.
- Participants in this journey will **enhance their understanding and appreciation of the culture and history** of the South African people while learning about the rich diversity of individuals treated.
- Discuss topics of mutual interest with your professional counterparts in a variety of settings including the **South African Society of Psychiatrists**, a **local university** and a local **mental health clinic**.

Journey Leader: Joel M. Silberberg, MD

Dr. Silberberg is currently Behavioral Health Medical Director, Envolv. He also maintains a private practice of psychiatry and forensic psychiatry. Dr. Silberberg graduated from the University of the Witwatersrand, South Africa and is Board Certified in general and forensic psychiatry. He is a former Professor of Psychiatry at Loyola University, Maywood, Illinois and University of Florida, Gainesville. He has experience in many aspects of civil and criminal forensic psychiatry including assessment of emotional harm, violence risk assessment and reduction, and in public psychiatry as the Medical Director of Madden Mental Health Center, a state hospital in Hines, Illinois.



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