

An annual event since 2008 **BIG CARDIO**

5K • FITNESS • SPORTS • CYCLE • FUN

Bring the Whole Family. There's Something for Everyone.



5K • Cardio Class • Cycling Class • Obstacle Course • Wheelchair Div. • KidFit • Soccer • Volleyball • Basketball • Soccer Clinics • Fun Zone

Saturday, May 4, 2019

Central Broward Regional Park
 3700 NW 11th Place, Lauderdale, FL 33311
 (NE corner of Sunrise Blvd and US 441)

www.bigcardio.org



JOIN OUR TEAM and support South Florida's at-risk youth.

TEAM NAME _____

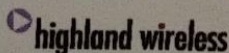
TEAM CAPTAIN _____

CONTACT # _____

Registration Fee: \$35 Adults (age 13 & up) / \$20 children (age 6-12)
 FREE children 5 & under and spectators.

Register now at www.bigcardio.org and select "Join A Team"

Thank You to our Sponsors:



Proceeds Benefit

