



SWEETWATER
UNION HIGH SCHOOL DISTRICT



2021 SPORTS INJURY CLINICS

****FREE SATURDAY MORNINGS****

WHO: ALL SUHSD & San Diego County High School Student-Athletes
 COST: **FREE**
 WHEN: Saturday Mornings at **8:00 AM**

SPRING DATES 2021:

SATURDAYS 8:00 AM:

March 20th, 27th

April 3rd, 10th, 17th

COVID-19 Precautions & Info:

CHECK-IN at main entrance to building on level 1, clinic staff will greet you.

Face covering **REQUIRED** at all times!

All minors **MUST** be accompanied by a parent or guardian. One (1) person may accompany student-athlete into the clinic.

WHERE: Manual Orthopedic Physical Therapy (Eastlake Clinic)

ADDRESS: **955 Lane Ave, STE 201, Chula Vista 91914**

****FIRST COME, FIRST SERVED****

For more information contact: 619-421-9521 or email the Wellness center at suhsd.wellness@sweetwaterschools.org

Directions: The Eastlake facility is located at The Doctor's Park on the corner of Otay Lakes Road and Lane Avenue.

****IMPORTANT****

- **DO NOT ENTER IF YOU HAVE ANY SYMPTOMS**
- Bring **Completed** Referral FORM with you! (On reverse side)
- Please note, **NO CONCUSSION** injuries will be seen at these Sports Injury Clinics!

The Sports Injury Clinics are underwritten and financed by **SWSWF**. The Southwest Sports Wellness Foundation (**SWSWF**) was established in 2010 to fill a need in the under-served areas of the San Diego community by underwriting high school sports screenings, assessments, and evaluations. These various programs provide free high school sports injury clinics, access to educating physicians, physical therapists and certified athletic trainers, and provide curriculum for students with an interest in sports medicine and field of healthcare. **SWSWF** supports the specialized sports medicine injury assessment. Independent medical service providers assist in the evaluation and treatment plan for the injured student-athletes. The goal is to return the athlete to sports safely and in a timely manner. Learn more at: www.swswf.org.



SPORTS INJURY CLINICS

Student-Athlete REFERRAL FORM

Student-Athlete Name: _____ Grade: _____

School: _____ Date of Injury: _____

Sport: _____ Injury: _____

Parent/Guardian Signature

Date

Contact Phone Number

Referring Medical Professional

Mechanism of Injury: _____

Working Dx: _____

Athletic Trainer/Coach/AD Name: _____

Contact Number: _____

Driving Directions

SATURDAYS at 8:00 AM:

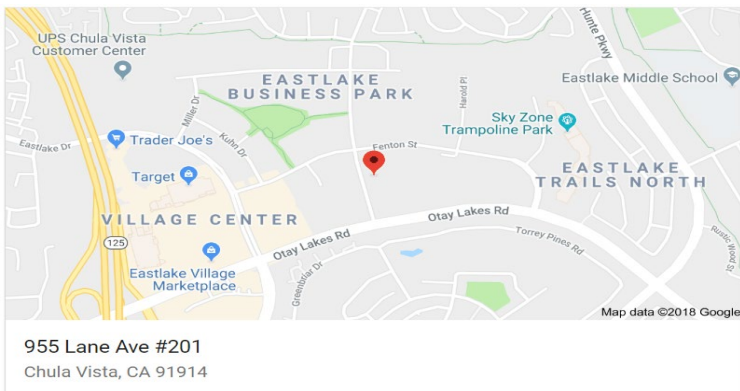
Manual Orthopedic Physical Therapy's (MOPT)

Eastlake facility is located in the The Doctor's Park at **955 Lane Avenue, Suite 201**.

From 805N or 805S - Exit Telegraph Canyon Rd. Go East onto Telegraph Canyon Rd. Telegraph Canyon Rd turns onto Otay Lakes Rd. Turn left onto Lane Ave. Clinic is on the Right.

From 125N or 125S - Exit Otay lakes Rd. Go East on Otay Lakes Rd. Turn Left on Lane Ave. Clinic is on Right.

For more information contact: **619-421-9521** or email the Wellness center suhsd.wellness@sweetwaterschools.org



COVID-19 SCREENING (DO NOT COMPLETE)

Please complete the following questions with the student-athlete: (must completed day of injury evaluation /CLINIC USE ONLY)

DATE of last of COVID-19 TEST: _____

Results: ___ Negative ___ Positive ___ Results N/A

Have you tested Positive for COVID-19? ___ NO
___ YES **DATE of positive test:** _____

Have you had the COVID-19 Vaccine? ___ NO
___ YES **DATE(s):** _____

Checked-in by: _____

Date: _____

Temperature: _____

Checklist:

- _____ Referral Form Completed
- _____ COVID Screening Questions Completed
- _____ COVID Consent to Treat Completed & Signed
- _____ Waiver & Releases Signed / filed in RMA
- _____ Cleared to participate in SUHSD Sports