

AGENDA
Southeast Washington Regional FYSPRT
2/05/2026 3:30-5:00 p.m.
Location – ZOOM & PHONE-IN ONLY


<p>Purpose- Designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p>Mission- Through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p>Vision- To bring all necessary parties together to contribute to continuous improvement to children’s behavioral health.</p>	<p style="text-align: center;">Ground Rules</p> <ul style="list-style-type: none"> • Attendees should have a chance to speak and express their own ideas freely • Everyone has an equal opportunity to share • FYSPRT encourages a variety of points of view to be put forward and discussed • Attendees should work to remain open-minded • Stay true to the FYSPRT Mission and Vision • All respectful feedback is welcomed • All are welcome at FYSPRT meetings
https://www.southeastfysprt.org/home.html			
<p>Agenda Items</p>	<p>Discussion & Notes</p>		
<p>Welcome & Introductions (5 minutes)</p> <p>Alyssa</p>	<p>System Partner Tri-Lead- Alyssa Cruz Family Tri-Lead- Josie Garcia Youth Tri-Lead- Jose Euduave Convener – Salomon Carrasco Meeting minutes - Roberta Ellis Brief introductions - Please put your name, email, organization (if any) and if you are a youth, family, system partner or both in the chat. Message me with your name and email for either the Youth/Family stipend form or the Tri-Lead stipend form. These forms can also be found on the FYSPRT site. Please review purpose, mission and vision as well as ground rules before the meeting begins.</p>		
<p>Meeting minutes</p> <p>Josie</p>	<p>Review of meeting minutes from: January Motion made by: Miranda Seconded by: Brianna Did the vote carry? The motion was approved unanimously</p>		
<p>Presentation(s)</p>	<p>Karen Kelly- Presentation: The 5 Levels of Listening 1. Ignoring Listening, 2 Pretend (Pre-Occupied) Listening, 3.Selective (passive) Listening, 4.Attentive (Planning) Listening 5.Emathic (Engaged) Listening. Slides will be sent out to the group.</p>		
<p>FYSPRT Updates</p>	<p>FYSPRT Events: FYSPRT Continues to be active in community events. January: -Ochoa Middle School Resource Fair in Franklin County -Hawthorne Elementary Resource Fair in Benton County</p>		

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<p>Standing Items All</p>	<p>A Common Voice: Surviving Parental Burnout February 26, 2026 6:00–7:30 PM Facilitated by: A Common Voice 253-732-3264 Lauren@acommonvoice.org Click the link below to register: https://us02web.zoom.us/meeting/register/Q6nTBD5kTYumlHnTYiRE2g WISE- YARP: YARP website has resources, provider list, crisis information and calendar of events: YARP Home - YARP Greater Columbia We are looking for opportunities to table in the community and share info. Schools/ESD: DSHS/DCYF/DDA: OBHA -Alyssa, Community Forum May 15th, Richland Library from 11:00am- 2:00pm SPARK- Carolyn has flyers for trainings that will be sent out, so be on the look out Other:</p>
<p>FYSPRT Evaluation Survey</p>	<p>All Members – Please complete during meeting if possible https://www.surveymonkey.com/r/BSQ5YMY</p>
<p>Closing Announcements</p>	<p>Southeast FSYPRRT Continues to look for opportunities for events in the following counties: Asotin, Columbia, Garfield, Kittitas, and Whitman.</p>
<p>Regional FYSPRT meeting dates</p> 	<p>Thursday, February 5, 2026, 3:30-5pm Meeting ID: 893 4070 2913 Passcode: 114818 https://us06web.zoom.us/j/89340702913?pwd=aacacgy9rf95HQJP3Eu6tFNP0cGhmz.1&from=addon</p>
<p>State FYSPRT meeting dates/Updates</p> <p>Josie</p>	<p>State FYSPRT Meeting Updates. Josie will have more updates from last state FYSPRT meeting at next regional FYSPRT meeting.</p> <p>Tuesday April 7, 2026 via zoom from 3 p.m. - 5 p.m All are welcome to attend the State FYSPRT meetings! Join Zoom Meeting: https://us02web.zoom.us/j/81192277827 Website: https://www.hca.wa.gov/about-hca/programs-and-initiatives/behavioral-health-and-recovery/family-youth-system-partner-round-table-fysprt</p>
	<p>Goal 1: Have adequate representation of youth and family partners on the Regional FYSPRT. Goal 2: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region Goal 3: Prioritize a spending budget each quarter for items such as medication bags, lock boxes, gun safes to promote safety and awareness.</p>

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	<p>Goal 4: Continue to Provide outreach to our Bi-POC and LGBTQIA+ communities to participate in the Regional FYSPRT and provide information and education to FYSPRT members on inclusion and support for those in the Bi-POC and LGBTQIA+ communities</p>
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