

2023 MVC SUPER MEET

Cedar Falls, IA
 Birdsall Park
 Weather: Sunny, WNW 20-30pmh, 23% & 71
 Host: Cedar Falls
 Thursday, October 05, 2023

MEET OFFICIALS

Meet Director:
 Troy Becker
Meet Referee:
 Kevin Long
Timing:
 Andrew Kauder - Kauder Racing, LLC



KAUDER RACING

OFFICIAL MEET REPORT

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Race #1
Fr-So Girls 5K

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Iowa City City High	62	3-6-7-22-24(25)(26)	1:53:08	22:38	1:25.7
2 Dubuque Senior	75	5-8-15-17-30(31)(48)	1:54:01	22:49	1:42.3
3 Iowa City Liberty	78	1-2-13-23-39(45)(63)	1:53:32	22:43	3:09.5
4 Wahler Dubuque	80	9-10-14-20-27(36)(49)	1:54:17	22:52	1:21.8
5 Dubuque Hempstead	93	4-11-12-16-50(54)(56)	1:56:05	23:13	3:59.3
6 Cedar Falls	141	18-21-29-33-40(41)(44)	1:58:41	23:45	1:34.1
7 Linn-Mar Marion	204	19-32-35-51-67(69)(71)	2:06:16	25:16	5:40.3
8 Cedar Rapids Washington	222	37-38-43-47-57(58)(59)	2:06:26	25:18	2:36.5
9 Prairie Cedar Rapids	236	28-34-42-62-70	2:10:16	26:04	6:29.0
10 Cedar Rapids Kennedy	290	46-52-61-65-66(74)(75)	2:16:08	27:14	3:13.2
11 Xavier Cedar Rapids	300	53-55-60-64-68(72)(73)	2:18:12	27:39	2:11.9

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
1 MAHER, Carleigh	SO	Iowa City Liberty	1	21:21.6	6:52.1	4:16.3
2 EIDE, Peyton	SO	Iowa City Liberty	2	21:45.8	6:59.8	4:21.1
3 RILEY-POMA, Brooklyn	FR	Iowa City City High	3	22:02.2	7:05.1	4:24.4
4 STEVENSON, Eva	SO	Dubuque Hempstea	4	22:06.3	7:06.4	4:25.2
5 WEBER, Stella	SO	Dubuque Senior	5	22:07.7	7:06.9	4:25.5
6 ROMERO, Ella	FR	Iowa City City High	6	22:08.2	7:07.1	4:25.6
7 ASKLOF, Elizabeth	SO	Iowa City City High	7	22:09.8	7:07.6	4:25.9
8 WULLWEBER, Braelley	SO	Dubuque Senior	8	22:12.9	7:08.6	4:26.6
9 BORMANN, Maya	FR	Wahler Dubuque	9	22:19.2	7:10.6	4:27.8
10 BELLINI, Olivia	SO	Wahler Dubuque	10	22:19.4	7:10.7	4:27.9
11 HART, Maria	SO	Dubuque Hempstea	11	22:28.3	7:13.5	4:29.6
12 DRISCOLL, Gracie	FR	Dubuque Hempstea	12	22:30.0	7:14.1	4:30.0
13 BRUBAKER, Ashlyn	FR	Iowa City Liberty	13	22:30.2	7:14.1	4:30.0
14 BERNING, Willa	FR	Wahler Dubuque	14	22:49.6	7:20.4	4:33.9
15 CHRISTENSEN, Halia	SO	Dubuque Senior	15	22:50.8	7:20.8	4:34.2
16 RENNE, Jillian	SO	Dubuque Hempstea	16	22:54.4	7:21.9	4:34.9
17 HOLDENER, Audrey	FR	Dubuque Senior	17	22:59.1	7:23.4	4:35.8
18 VERDUGHT, Maggie	FR	Cedar Falls	18	22:59.4	7:23.5	4:35.9
19 ADAMSON, Chloe	FR	Linn-Mar Marion	19	23:06.1	7:25.7	4:37.2
20 ROHNER, Ella	FR	Wahler Dubuque	20	23:07.7	7:26.2	4:37.5
21 BRODAHL, Anna	SO	Cedar Falls	21	23:10.9	7:27.2	4:38.2
22 SPRAGG, Nadia	FR	Iowa City City High	22	23:19.8	7:30.1	4:39.9
23 BROWN, Nora	SO	Iowa City Liberty	23	23:23.1	7:31.2	4:40.6
24 KLEIN, Addison	FR	Iowa City City High	24	23:27.9	7:32.7	4:41.6
25 SCHULTZ, Willow	FR	Iowa City City High	(25)	23:32.0	7:34.0	4:42.4
26 BHANDARY-NARAYANAN,	SO	Iowa City City High	(26)	23:32.4	7:34.1	4:42.5
27 UNSEN, Mallory	FR	Wahler Dubuque	27	23:41.0	7:36.9	4:44.2
28 ROE, Anika	FR	Prairie Cedar Rapid	28	23:48.6	7:39.4	4:45.7
29 SCHMITZ, Evelyn	FR	Cedar Falls	29	23:49.3	7:39.6	4:45.9
30 HESSELMAN, Grace	SO	Dubuque Senior	30	23:49.9	7:39.8	4:46.0

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Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
31 WILLARD, Martha	FR	Iowa City City High	-	23:50.0	7:39.8	4:46.0
32 SCHULTES, Addi	SO	Iowa City City High	-	23:50.1	7:39.8	4:46.0
33 EVANS, Jolie	FR	Iowa City City High	-	23:51.4	7:40.3	4:46.3
34 EIKAMP, Millie	FR	Dubuque Senior	(31)	23:54.2	7:41.1	4:46.8
35 WALRATH, Brooke	FR	Linn-Mar Marion	32	23:58.1	7:42.4	4:47.6
36 TOL, Prisha	SO	Cedar Falls	33	24:07.8	7:45.5	4:49.5
37 VAN VOORST, Addy	FR	Prairie Cedar Rapid	34	24:14.2	7:47.6	4:50.8
38 HAUGEN, Anika	SO	Linn-Mar Marion	35	24:14.4	7:47.6	4:50.9
39 KING, Claire	SO	Wahlert Dubuque	(36)	24:20.3	7:49.5	4:52.1
40 LAHART, Maya	FR	Cedar Rapids Wash	37	24:20.6	7:49.6	4:52.1
41 LAHART, Alanna	FR	Cedar Rapids Wash	38	24:30.8	7:52.9	4:54.2
42 MCDERMOTT, Raegan	FR	Iowa City Liberty	39	24:31.1	7:53.0	4:54.2
43 SWITZER, Cadia	FR	Cedar Falls	40	24:33.5	7:53.8	4:54.7
44 BLOUGH, Katie	FR	Cedar Falls	(41)	24:35.1	7:54.3	4:55.0
45 RAUSCH, Chloe	FR	Prairie Cedar Rapid	42	24:37.4	7:55.0	4:55.5
46 LINDWALL, Maya	FR	Cedar Rapids Wash	43	24:55.1	8:00.7	4:59.0
47 BAGAL, Mrunal	SO	Cedar Falls	(44)	24:58.4	8:01.8	4:59.7
48 WARBY, Claire	FR	Cedar Falls	-	25:01.1	8:02.6	5:00.2
49 RAUE, Kaitlyn	FR	Iowa City Liberty	(45)	25:04.6	8:03.8	5:00.9
50 MICHAEL, Reese	SO	Cedar Falls	-	25:11.6	8:06.0	5:02.3
51 PRUETT, Audrey	SO	Cedar Rapids Kenn	46	25:23.5	8:09.9	5:04.7
52 LEMKE, Lilly	FR	Cedar Rapids Wash	47	25:42.5	8:16.0	5:08.5
53 SPRAGUE, Chloe	FR	Dubuque Senior	(48)	26:00.2	8:21.7	5:12.0
54 THIELEN, Claire	FR	Wahlert Dubuque	(49)	26:03.4	8:22.7	5:12.7
55 GUNDERSON, Maddie	SO	Iowa City City High	-	26:03.8	8:22.8	5:12.8
56 MOOTZ, Jo	FR	Dubuque Hempstea	50	26:05.5	8:23.4	5:13.1
57 NORMAN, Gabby	SO	Dubuque Senior	-	26:05.9	8:23.5	5:13.2
58 TUTHILL, Lilyan	SO	Wahlert Dubuque	-	26:07.0	8:23.9	5:13.4
59 SCOTT, Ellie	SO	Linn-Mar Marion	51	26:10.9	8:25.1	5:14.2
60 CAMPBELL, Avery	FR	Cedar Rapids Kenn	52	26:19.5	8:27.9	5:15.9
61 JAEGER, Kambry	FR	Cedar Falls	-	26:22.6	8:28.8	5:16.5
62 CUSHMAN, Ellie	FR	Wahlert Dubuque	-	26:26.4	8:30.1	5:17.3
63 SWISHER, Cassie	FR	Iowa City City High	-	26:28.2	8:30.7	5:17.6
64 DAVID, Aadilyn	JR	Dubuque Senior	-	26:29.3	8:31.0	5:17.9
65 BOSTWICK, Ginny	FR	Xavier Cedar Rapid	53	26:40.8	8:34.7	5:20.2
66 GAMMAGE, Greta	SO	Dubuque Hempstea	(54)	26:50.1	8:37.7	5:22.0
67 PFAB, Hannah	FR	Xavier Cedar Rapid	55	26:54.2	8:39.0	5:22.8
68 BIRKENHOLTZ, Piper	SO	Dubuque Hempstea	(56)	26:54.9	8:39.3	5:23.0
69 LYTLE, Marley	SO	Cedar Rapids Wash	57	26:57.1	8:39.9	5:23.4
70 JENSEN, Alena	FR	Cedar Rapids Wash	(58)	26:58.0	8:40.2	5:23.6
71 ROLAND, Frances	FR	Cedar Rapids Wash	(59)	27:01.8	8:41.5	5:24.4
72 BAILEY, Harper	SO	Iowa City City High	-	27:06.7	8:43.0	5:25.3
73 DWYER, Scarlett	FR	Cedar Rapids Wash	-	27:08.9	8:43.7	5:25.8
74 ROZEBOOM, Lulu	SO	Xavier Cedar Rapid	60	27:09.2	8:43.8	5:25.8
75 PIERCE, Ellison	SO	Cedar Rapids Kenn	61	27:12.4	8:44.9	5:26.5
76 GREEN, Maddie	FR	Prairie Cedar Rapid	62	27:18.1	8:46.7	5:27.6

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Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
77 SCHMITZ, Stella	FR	Cedar Falls	-	27:23.5	8:48.5	5:28.7
78 PULS, Sofia	FR	Cedar Falls	-	27:24.5	8:48.8	5:28.9
79 RUPP, Leona	FR	Iowa City Liberty	(63)	27:31.6	8:51.1	5:30.3
80 TIAN, Melissa	FR	Iowa City Liberty	-	27:33.6	8:51.7	5:30.7
81 HARBIN, Robin	SO	Dubuque Hempstea	-	27:40.1	8:53.8	5:32.0
82 GOOD, Elise	FR	Iowa City City High	-	27:41.3	8:54.2	5:32.3
83 MEZA, Melissa	SO	Cedar Falls	-	27:50.9	8:57.3	5:34.2
84 MORRISON, Mady	SO	Dubuque Hempstea	-	28:01.1	9:00.5	5:36.2
85 SWEET, Khloe	FR	Dubuque Senior	-	28:07.4	9:02.5	5:37.5
86 NEAL, Ruby	FR	Dubuque Senior	-	28:13.6	9:04.6	5:38.7
87 MCMORRIS, Larkin	SO	Iowa City Liberty	-	28:19.9	9:06.6	5:40.0
88 BARTLETT, Emerson	SO	Cedar Falls	-	28:29.3	9:09.6	5:41.9
89 GARBES, Dotti	FR	Xavier Cedar Rapid	64	28:35.0	9:11.4	5:43.0
90 CHITTENDEN, Ryan	SO	Cedar Rapids Kenn	65	28:36.2	9:11.8	5:43.2
91 BRUNS, Julia	SO	Cedar Rapids Kenn	66	28:36.6	9:12.0	5:43.3
92 JANKUNAS, Indre	FR	Cedar Falls	-	28:38.9	9:12.7	5:43.8
93 MCDERMOTT, Addy	SO	Linn-Mar Marion	67	28:46.4	9:15.1	5:45.3
94 NOVAK, Sarah	SO	Cedar Rapids Wash	-	28:48.8	9:15.9	5:45.8
95 PHUKE, Aarya	FR	Cedar Falls	-	28:48.8	9:15.9	5:45.8
96 SELL, Everlie	FR	Wahlert Dubuque	-	28:49.8	9:16.2	5:46.0
97 GUNN, Sara	SO	Dubuque Senior	-	28:52.6	9:17.1	5:46.5
98 DEWULF, Makayla	SO	Xavier Cedar Rapid	68	28:52.7	9:17.1	5:46.5
99 DILLION, Charlotte	FR	Iowa City Liberty	-	29:01.3	9:19.9	5:48.3
100 SWARTS, Maya	FR	Cedar Falls	-	29:06.3	9:21.5	5:49.2
101 FAYED, Jana	FR	Linn-Mar Marion	(69)	29:23.3	9:27.0	5:52.6
102 NELSON, Bella	FR	Iowa City Liberty	-	29:25.9	9:27.8	5:53.2
103 DEGNER, Liz	SO	Iowa City City High	-	29:38.1	9:31.7	5:55.6
104 DOLAN, Addilyn	FR	Dubuque Hempstea	-	29:48.1	9:34.9	5:57.6
105 JANDA, Mia	FR	Cedar Rapids Jeffer	-	30:08.5	9:41.5	6:01.7
106 YOUNG, Lillie	FR	Prairie Cedar Rapid	70	30:17.6	9:44.4	6:03.5
107 SOJKA, Anna	SO	Linn-Mar Marion	(71)	30:25.4	9:46.9	6:05.1
108 THURM, Leah	SO	Xavier Cedar Rapid	(72)	30:52.5	9:55.6	6:10.5
109 ADAMS, Keara	SO	Xavier Cedar Rapid	(73)	30:53.1	9:55.8	6:10.6
110 CASTO, Amari	FR	Iowa City City High	-	31:15.4	10:03.0	6:15.1
111 LANGERMAN, Kayla	SO	Cedar Rapids Kenn	(74)	31:35.8	10:09.6	6:19.2
112 BODJONA, Mazama	SO	Cedar Rapids Jeffer	-	31:44.6	10:12.4	6:20.9
113 AYALA, Haylie	FR	Cedar Rapids Kenn	(75)	31:47.6	10:13.4	6:21.5
114 RUNDE, Breanna	SO	Dubuque Hempstea	-	31:47.7	10:13.4	6:21.5
115 WILLENBORG, Kayley	SO	Xavier Cedar Rapid	-	31:58.0	10:16.7	6:23.6
116 CEARLOCK, Annebelle	SO	Wahlert Dubuque	-	32:03.2	10:18.4	6:24.6
117 NACE, Avery	FR	Iowa City City High	-	32:29.5	10:26.8	6:29.9
118 VOGL, Kasey	SO	Xavier Cedar Rapid	-	33:06.9	10:38.9	6:37.4
119 MUTUALE, Sara	SO	Cedar Rapids Wash	-	34:12.5	11:00.0	6:50.5
120 BUDEDERI, Josephine	SO	Cedar Rapids Jeffer	-	34:24.1	11:03.7	6:52.8
121 BOYLE, Allison	SO	Cedar Rapids Wash	-	34:32.8	11:06.5	6:54.6
122 JOHNSON, Lindsey	SO	Cedar Falls	-	35:05.4	11:17.0	7:01.1