

**LITTLE DRAGONS (AGES 4-6)****PURPLE BELT***(Testing Purple to Blue)***Physical Requirements:**

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- 1) ATTENDANCE
  - A) Minimum of 30 classes
  
- 2) KICKS
  - A) Skipping front leg side kick
  - B) Skipping front leg axe kick
  - C) Skipping front leg hook kick
  - D) Skipping front leg double roundhouse kick
  - E) All previous kicks
  
- 3) HAND TECHNIQUES
  - A) Double middle knife hand block
  - B) Palm block
  - C) Palm rising block
  - D) Spear hand strike
  - E) All previous hand techniques
  
- 4) STANCES
  - A) Back stance
  - B) All previous stances
  
- 5) FORM
  - A) Little Dragon Taegeuk Sa Jang

**Mental Requirements:**

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- 1) HOME RULES
  - Be respectful to your parents, brothers, sisters, and pets
  - Keep your room clean
  - Put toys away after playing with them
  - Work hard in school
  
- 2) KNOW HOW TO TIE YOUR BELT
  
- 3) WHAT ARE THE RULES OF THE DOJANG?  
(see introduction section of the manual, page 8)
  
- 3) KNOW WHAT PART OF THE FOOT IS USED TO STRIKE FOR EACH KICK
  - Double roundhouse kick – top of the foot
  - Skipping front leg roundhouse kick – top of the foot