SUBJECT: PROTOCOLS FOR THE EMT-IV MONITOR

The purpose of this document is to provide written protocols for EMTs recognized in the special skill of IV-Monitor and practicing in Kittitas County.

I. Peripheral IV Therapy Monitoring

- A. Check patency and type of infusion solution.
- B. Stabilization:
 - 1. Dressing over insertion site
 - 2. Stabilize limb on arm board if necessary
 - 3. Stabilize tubing with two stress loops
- C. Fluids:
 - 1. Start with full bag of prescribed solution hung by hospital staff.
 - 2. Adjust flow rate to prescribed rate
 - 3. Replace bag with sterile technique when 50cc remain in current bag and readjust flow rate
 - 4. Adjust flow rate as needed and at least hourly
- D. Patency:
 - 1. Observe for patency as necessary and record
 - 2. Avoid kinks in tubing, pressure over or near insertion site
 - 3. Observe insertion site for infiltration and extravasation
 - 4. Consider possibility of clot occlusion if not patent and no other reason for lack of flow
- E. Discontinuing an infiltrated or occluded IV:
 - 1. Use universal precautions
 - 2. Turn infusion off via roller clamp
 - 3. Gently and systematically remove tape
 - 4. Remove catheter and quickly cover with sterile 2x2
 - 5. Immediately observe for intact catheter
 - 6. Hold direct pressure over insertion site for 1-2 minutes until bleeding stops
 - 7. Secure 2x2 over site with tape or band-aide
 - 8. If catheter is not intact and a portion is missing, assume catheter embolus. Keep limb in dependent position and immediately seek medical intervention.
 - 9. Record time IV catheter removed and length of catheter if IV discontinued

- F. Patient Assessment:
 - 1. Respiratory and cardiovascular status assessed at start and repeat as necessary throughout transport
 - 2. Record hourly amounts of ccs of any fluids in and out, and fluid remaining in bag
 - 3. Record solution and time when hanging new bag
 - 4. Check condition of infusion site frequently and record at least hourly
- G. Other:
 - 1. The EMT IV-Monitor may <u>not</u> perform blood draws.
 - 2. NO MEDICATIONS in IV and NO BLOOD PRODUCTS are to be given en route.
 - 3. For situations not described in these protocols, or for other basic life support procedures, the EMT-IV Monitor is to operate under the *Washington State Basic Life Support Field Protocols and Kittitas County specific protocols*

Note: WA State and MPD approved training must be completed and maintained.