

BINGE EATING IS NOW CONSIDERED TO BE A PSYCHIATRIC DISORDER

A new medical report guideline claims that binge eating should now be listed as a psychiatric disorder, but states that obesity should not. A research group of medical experts has recently recommended that psychiatrists should revise their diagnostic guidelines (Diagnostic and Statistical Manual of Mental Disorders) to reflect their new study findings. The guidelines that contain descriptions, symptoms and other criteria for diagnosing mental disorders also suggest what treatments doctors might use as well as what guideline insurance companies place coverage on. A new DSM fifth edition will be available for physicians in 2013. Information suggests that binge eating has become one of the major eating disorders in the U.S. and still to this day is difficult to treat and cure. The new research study has cited numerous scientific evidence to show that binge eating is also a disorder that runs in families and is shown to exist more in older males who develop the disorder later in life and who may have a history of personality disorders. Binge eating is described as eating amounts of food larger than the norm would eat in the same time frame, under similar conditions and feeling completely out of control during the eating episode. Also the DSM group's study revision states that the overeater feels disgusted with him/herself after the binging has occurred. Binge-eating episodes are associated with at least three of these behaviors.

Symptoms include:

1. Fast eating; almost gobbling food.
2. Eating until you feel physically ill.
3. Eating when you aren't hungry.
4. Eating alone because you don't want others to see how much you eat.
5. Disgusted with your overeating.

ITALY GETS A MOZZARELLA SCARE

It seems that a nasty batch of in the area of 70,000 creamy white mozzarella balls turned blue when opened and have been recalled by food authorities in Italy. The health ministry reported that the European "rapid alert" system had been alerted to warn cheese lovers of the possible contamination, and has

also employed emergency control measures on the cheese. The

Germany-made cheese was for an Italian company and since has been taken off shelves. The bad cheese was reported by a shopper in Turin, who saw the blue color after opening it and called the police, the national media reported. Initial tests discovered that the coloring is caused by a bacteria, rather than toxic contamination, the AFP reported. Also suggested is that the blue color might indicate the presence of copper, nickel or lead in the milk used to make the cheese, or the solution used to preserve it.

100 CATS GET THE DEEP FREEZE

Social services out of Jackson County Wisconsin removed three children from a home where 100 dead cats were discovered in a broken freezer. Sheriff Duane Waldera reported filthy living conditions for the children and feces all over the house from 17 live cats. Then 100 dead cats were discovered in a non-working freezer. Gabriella Bernabei, owner of the house stated according to reports that she and her husband were being targeted because of their Wiccan beliefs and that the dead cats were being kept in the garage freezer because she wanted to take care of the carcasses until she could find a final resting place for them. Live cats were removed by Animal Control and taken to the Jackson County Animal Shelter where reports say that some were too sick to save.

BABY DIES FROM HIGH ALCOHOL BLOOD LEVEL

An Atlanta baby was taken to the hospitalized and discovered with an astounding blood-alcohol level of .33—more than four times the legal limit for an adult. Shortly after a babysitter, Tammy Denise Truitt, 41, was jailed after telling authorities she gave the lethal amount (of wine) to the infant who was in her care, the Atlanta Journal-Constitution reported. Truitt stated in court that she gave the nine-month old baby wine in a sippy cup so the infant would fall asleep. Truitt pleaded guilty to aggravated battery and was sentenced to eight years in prison and four years of probation. Truitt was asked to babysit the child, along with his

four siblings, when the baby's mother left town on a family emergency, the Times-Georgian reported. The children's grandmother went to the house and discovered the lifeless baby.

NEWSMAN TED KOPPEL'S SON DIES FROM AN OVER DOSE

Reports say legendary newsman Ted Koppel's son Andrew "Drew" Koppel, 40, was found dead from a fatal overdose of alcohol, heroin, cocaine and Valium after a binge in Manhattan, according to the Medical Examiner's Office. The incident happened say sources in an apartment in Washington Heights where according to reports he had been taken by a friend after several hours of drinking in Hell's Kitchen. The Medical Examiner's Office report stated that Koppel died by "acute intoxication due to the combined effects of ethanol [alcohol], heroin, cocaine, diazepam [the generic name for the sedative Valium] and levamisole," a substance often used to dilute cocaine prior to sale. The only son of the famed news reporter, Koppel was an attorney Koppel who was living with his pregnant girlfriend and their 2-year-old daughter in Queens. A former attorney for the Housing Authority's civil litigation division, Koppel had resigned two years before.

BARRY BONDS SON PLEADS "NO CONTEST"

Nikolai Bonds entered a "no contest" plea according to reports to misdemeanor vandalism and assault charges that occurred from a fight with his mother. The 20-year-old son of former San Francisco Giants baseball player Barry Bonds entered the plea as part of a deal with San Mateo County prosecutors. Other misdemeanor charges were dropped stated Chief Deputy District Attorney Steve Wagstaffe who also said at the time that Bonds received four days in jail. Reports say that a fight between Bonds and his mother broke out and ended with Bonds throwing a doorknob at her and spit in her face. Bonds apparently also prevented his mother Sun Bonds from leaving her Menlo Park home. Sources say Bonds was arrested and spent time in jail before being released. The incident happened in December and police say that Bonds received credit for the time

he had already served. The fight broke out when Sun Bonds questioned her son as to whether his friends had stolen some of her jewelry. A "no contest" deal was reached when Bonds' mother didn't cooperate in the case.

JOHN LENNON'S HANDWRITTEN SONG GOES ON AUCTION BLOCK

The handwritten lyrics that John Lennon's wrote for the Beatles album "Sgt. Pepper's Lonely Hearts Club Band" was bought by an American collector for \$1.2 million. The winning bid whose identity was withheld was placed by phone at Sotheby's auction house. The bid had far exceeded what some had thought would be the final purchase price between \$500,000 and \$800,000. Lennon's handwritten edits and corrections in black felt marker and blue ballpoint pen were on both sides of the single sheet of paper. One side showed Lennon's original first draft, written in a hurried cursive script; the other side was written in capital letters with corrections from the first draft and additions that included the words, "I'd love to turn you on."

NEW FINDINGS FOR HYPERACTIVE KIDS

New studies by The Journal of Pediatrics reveal that neither ADHD (attention deficit hyperactivity disorder) nor the medications that are used to counter the condition have been proven to have any long-term effect on the growth of a child. Older research suggested that medication used for the condition might have put users at risk with symptoms including a slower growth rate than those not suffering from the condition. Also the Centers for Disease Control and Prevention have stated that in the area of 10% of boys and 6% of girls are now being treated for ADHD. "There have been concerns in the literature about the use of ADHD medications and their effect on growth," Dr. Stephen Faraone, a psychiatrist at Upstate Medical University in Syracuse, New York, and one of the study's authors, told Reuters Health. "We found that (growth) delay tends to be most prominent in the first year or so, and tends to attenuate over time."●