

	BASIC TERMS	
Line Dance	Choreographed dance performed in lines or "lined up" in circle formation	
Circle Dance	A choreographed dance performed while moving around the outside of the dance floor in a counter clockwise direction.	
Couples Dance	A dance choreographed specifically to be danced together with a partner	
Social Dance	Choreographed dance in which the dancers interface in some manner ie. Interlinking arms as they weave, holding hands, etc.	
Contra Dance	A line dance performed while lines of dancers face one another	
FLOD	Forward line of dance	
RLOD	Reverse line of dance	
Diagonal	Line of dance at a 45 degree angle from the FLOD or RLOD	
And	1/2 count; generally changing weight from one foot to the other ie right, left, right	
Restart	Start dance over from a point in the dance other than the ending	
Tag	An addition to the basic sequence of dance steps to keep the dance in phrase to the music	
Call	Using the names of steps and sequences to direct dancers	

Count	Using the count of the steps to direct students; each weight change generally requires a half or whole count	
Count-in	Counting to alert dancers when to begin dancing	
Walls	The direction you are facing while you are dancing; named according to the clock face; for instance we start on the 12:00 wall and the wall behind us is the 6:00 wall; Also, you can count the walls as you rotate; the first wall is when you begin the dance the first time; the second wall is when you begin the dance the second time.	
	BASIC STEPS	
Back		
Behind		
Brush		
Bump		
Clap		
Cross		
Dig		
Drag		
Drop		
Fan		
Flick		
Forward		
Heel Bounce		
Heel Grind		
Heel Split		
Heel Stand		
Hip Roll		
Hitch		
Hold		
Hook		
Hop		
Kick		
Lift		

Point		
Recover		
Rock		
Run		
Scoot		
Scuff		
Shimmy		
Side		
Skate		
Slap		
Slide		
Step		
Stomp		
Strut		
Sway		
Sweep		
Swivel		
Together		
Touch		
Turn		
Walk		
weight change		
	BASIC SEQUENCES	
Box Step - Rhumba		
Cha Cha		
Charleston		
Chase Turn		
Chasse'		
Coaster Step		
Cross Unwind		
Cross(ing) Shuffle		
Extended Grapevine		
Grapevine / Vine		
Heel jack		
Heel Strut		
Heel Switches		
Jazz Box		
Jazz Box Turn		
Kick-ball-change		
Kick-ball-cross		
Knee Pops		
Lindy		
Lock Steps		

