

# September 2019 Lunch Menu

Menu subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday
2  <b>NO SCHOOL TODAY</b>	3  BEEF SLOPPY JOE ON A BUN Fresh Fruit Mix Garden Salad Cauliflower Baby Carrots 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dress 12g	4  GRILLED CHICKEN Baked Beans WG Dinner Roll Apricots Garden Salad Baby Carrots Cauliflower 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dress BBQ Sauce Chocolate Elf Grahams	5  <b>Student Minimum Day No Lunch Served</b>	6  PEPPERONI PIZZA SLICE Steamed Green Beans Pineapple Tidbits Garden Salad Jicama Broccoli 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dress
9  CRISPY CHICKEN TENDERS Baked Beans WG Dinner Roll Diced Peaches Garden Salad Broccoli Cucumbers 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dress ketchup packets	10  SPAGHETTI Steamed Green Beans WG Dinner Roll Fresh Cut Watermelon Garden Salad Broccoli Cucumbers 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dress	11  POPCORN CHICKEN Baked Potato Rounds WG Dinner Roll Applesauce Garden Salad Cauliflower Baby Carrots 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dress ketchup packets	12  BBQ PORK RIB SANDWICH Baked Beans Fresh Cut Watermelon Shredded Lettuce Cauliflower Baby Carrots 1% Low Fat White Milk Chocolate Fat Free Milk BBQ Sauce Ranch Dress	13  HAMBURGER ON A BUN Baked Potato Wedges Mixed Fruit Shredded Lettuce Fresh Tomatoes Cauliflower 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dress ketchup packets Mustard Packets,
16  BBQ CHICKEN TERIYAKI Steamed Rice WG Dinner Roll Diced Pears Garden Salad Jicama Baby Carrots 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dress All Sport Bites	17  TURKEY GORDITA Shredded Cheese Fresh Apples Shredded Lettuce Fresh Tomatoes Jicama 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dress Taco Sauce Cinnamon Elf Grahams	18  <b>No School Lunch Served Today Bring a Lunch from Home</b>	19  <b>Student Minimum Day No Lunch Served</b>	20  <b>Teacher Work Day No School for Students</b>
23  BEEF TACO STICK Refried Beans Pineapple Tidbits Shredded Lettuce Salsa Cucumbers 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dress Taco Sauce	24  CHICKEN BURGER Baked Potato Wedges Fresh Pineapple Shredded Lettuce Fresh Tomatoes Cucumbers 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dress ketchup packets	25  CHEESY NACHO BITES Refried Beans Applesauce Shredded Lettuce Jicama Salsa 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dress ketchup packets Taco Sauce Jurassic World Crackers	26  BBQ BEEF SANDWICH Fresh Pineapple Garden Salad Broccoli Baby Carrots 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dress BBQ Sauce	27  BEEF DIPPER W/TERIYAKI Steamed Rice WG Dinner Roll Diced Pears Garden Salad Broccoli Baby Carrots 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dress Cinnamon Elf Grahams
30  CHICKEN CORN DOG Baked Beans Applesauce Garden Salad Baby Carrots Cucumbers 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dress ketchup packets Mustard Packets				

This institution is an equal opportunity provider