

# POWER NEWS

## Important Notes:

Oct 12: November Senior Meet at PEAK meet entries due

Oct 12: November Open Meet at Lufkin entries due

Oct 27: Saturday Morning Live Practice & Halloween Costume Contest & Parade;  
8AM to 10AM at Taylor; Parents needed to judge; Halloween Happy Hour for  
Parents 5 PM to 7 PM at Creekstone

Oct 31: HALLOWEEN!! Modified practice schedule for 12 & Unders -- 5 PM to 6 PM only

Nov1: No practice/No Shark School due to Taylor HS meet

Click here for latest info on Youth Sports Concussion Safety in Texas  
<https://www.momsteam.com/health-safety/youth-sport-concussion-safety-law-texas>

## NOVEMBER OPEN MEET AT LUFKIN (14 & Under)

**\*\* The meet will have 3 hour delayed start on Saturday to accommodate families driving in from the Houston area. WarmUp at 11 AM. Order of Events will be otherwise unchanged. If attendance is low the morning and afternoon sessions may be combined\*\***

**Entries due Friday, October 12 at 9:00 PM**

Option 1: Team Travel – swimmers travel with the team via passenger van; will sleep three or four to a room; team dinner Saturday night; box lunches and snacks provided for Saturday and Sunday; Coach Greg and Coach Alex will chaperone the boys; looking for two female chaperones for the girls (all expenses paid for the chaperones)

- Sign up and pay for meet entry as usual (online)
- Pay travel and lodging costs by Nov 1 (about \$200, we are still refining costs)

Option 2: Individual Travel – swimmers travel with their family; travel/lodging/meals paid for by the family.

- Sign up and pay for meet entry as usual (online)
- If you choose to stay overnight, you may still request the team rate at participating hotels (see the Meet Announcement for a list)

*We have had a lot of questions about our swimmers attending a more convenient meet in November, due to the distance to Lufkin. This is not possible. Per Gulf Swimming rules swimmers are entered into meets as a team and must go where the team goes. An Open Meet simply means there are no qualifying times required; it does not mean that individuals can enter at will.*

## November Senior Circuit Meet at PEAK (15 & Up)

Pearland Recreation Center and Natatorium


4141 Bailey Road Pearland, TX 77584

**Meet Entries due Friday, October 12 at 9 PM.**

14 & Under swimmers must be qualified to swim the events entered. Qualifying times are 15-16 USAS Motivational "AA" times. 15 & Over swimmers do not require qualifying times.

Parents – Please join us on Saturday, October 27<sup>th</sup> from 5 PM To 7 PM for Halloween Happy Hour at the Creekstone pool. Coffee, dessert, and a chance to chat with the coaches about your swimmer's progress.



MON	TUES	WED	THURS	FRI	SAT/SUN
<b>8 NO PRACTICE</b> Happy Canadian Thanksgiving, eh! 	<b>9 FALL</b> Schedule	<b>10 FALL</b> Schedule	<b>11 FALL</b> Schedule	<b>12 FALL</b> Schedule <b>PEAK Meet</b> <b>Entries Due 9 PM</b> <b>Lufkin Meet</b> <b>Entries Due 9 PM</b>	<b>13/14</b>
<b>THUNDER SWIMMERS:</b> <i>Thunder 1 now practices at 4 PM daily</i> <i>Thunder 2 dryland practice M/W at 4 PM</i>					
<b>15 FALL</b> Schedule	<b>16 FALL</b> Schedule	<b>FALL</b> Schedule	<b>FALL</b> Schedule	<b>19 FALL</b> Schedule	<b>20/21</b>
<b>22 FALL</b> Schedule	<b>23 FALL</b> Schedule	<b>24 FALL</b> Schedule	<b>25 FALL</b> Schedule	<b>26 FALL</b> Schedule	<b>27/28</b> <b>SML</b> <b>Halloween</b> <b>Practice &amp;</b> <b>Costume</b> <b>Parade 8-10AM</b>
<b>29 FALL</b> Schedule	<b>30 FALL</b> Schedule	<b>31 HALLOWEEN</b> Practice ends at <b>6 PM</b> 	<b>1 FALL</b> Schedule No Practice/No Shark School due to Taylor HS Meet	<b>2 FALL</b> Schedule	<b>3/4</b>

**\*\*\*PRESENTING OUR THUNDER 1 PERFORMANCE GROUP SWIMMERS\*\*\***

**Martina Caridad**  
**Clint Foreman**  
**Kevan Kennedy**  
**Vito Kiselev**  
**Frederica Kizek**  
**Alex Sung**

*Congratulations to the following swimmers who achieved their IMR/IMX scores at the October meet and have moved up. Lightning 1: Bella Derby, Britlynn Hill; Lightning 2: Tuan Vu, Justin Fields, Leila Ezeldin, Kaelyn Sackash, Kellyn Sackash, Finley Ehman, Roman Perez*

**TOP 20 IMX SCORES**

*(Check the Swimmers Portal on the website to download IMX scores)*

Frederica Kizek 3754; Nick Freeman 2964; Marley Barnard 2906; Ivan Torres 2581; Santiago Salazar 2545;  
 Samantha Barton 2523; Martina Caridad 2370; Gerardo Angulo 2364; Napoleon Nasta 2239; Kevan  
 Kennedy 2201; Marianna Diaz 2060; David Voronov 2029; Sebastian Barbosa 1988; Vito Kiselev 1915;  
 Bella Derby 1630; Danielle Deffett 1574; Vyshnavi Kolli 1332; Grayson Ruppert 1311; Sam Bradshaw 1297