

Week 2



Monday

Breakfast: Apple sauce, Vanilla yogurt and rice cereal

Lunch: Spaghetti with ground turkey, salad with ranch dressing, and corn casserole muffins served with milk

Snack: Fluffy Bananas Greek yogurt and banana slices

Tuesday

Breakfast: Breakfast Fruit Wrap served with Milk

Lunch: Black Bean Turkey Salad

Snack: Kids-Can-Make-It-"Cheesecake" Gram Crackers, Cream Cheese, and Jam

Wednesday

Breakfast: Raisin toast and cheese served with milk

Lunch: Cheese quesadillas served Salsa, mixed fruit, and milk

Snack: ANTS ON a LOG Celery with raisins and cream cheese

Thursday

Breakfast: Cereal with raisins and milk

Lunch: Peperoni Pasta Veggies and apples served with milk

Snack: Yogurt and Vanilla Wafers

Friday

Breakfast: Overnight oats made with blueberry, applesauce, and cinnamon served with milk

Lunch: Turkey Lurkey Apple Wrap Fresh Spinach, Apples, and milk

Snack: Cheese and crackers

