

**Today's Date:** \_\_\_\_\_

Patient Name (Last, First): \_\_\_\_\_

Preferred Name: \_\_\_\_\_ Preferred pronoun: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Ext \_\_\_\_\_

Preferred Contact Method: Home Phone \_\_\_\_ Cell \_\_\_\_ Work phone \_\_\_\_ Email \_\_\_\_ US Mail \_\_\_\_

Address \_\_\_\_\_ Apt \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Primary MD: \_\_\_\_\_ Name of office: \_\_\_\_\_

Referring MD: \_\_\_\_\_ Name of office: \_\_\_\_\_

Sex: M \_\_\_\_ F \_\_\_\_ Other \_\_\_\_ Gender Assigned at Birth: \_\_\_\_ M \_\_\_\_ F Gender Identity \_\_\_\_\_

Race: Caucasian \_\_\_\_ African-American \_\_\_\_ Hispanic \_\_\_\_ Asian \_\_\_\_ Other \_\_\_\_\_

Language Spoken at Home: \_\_\_\_\_

Is patient under age of 18? No \_\_\_\_ Yes \_\_\_\_\_, If yes, please complete box below:

Name(s) of Parent(s) or Legal Guardian (paperwork must be presented):

First

Last

Email address: \_\_\_\_\_ Cell phone: \_\_\_\_\_

**Reason for visit:** \*If Diabetes, please complete the Diabetes information below.

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**Diabetes Type:**    Type 1            Type 2            Gestational            Other\_\_\_\_\_

Date Diagnosed: \_\_\_\_\_ Hospitalized at Diagnosis? \_\_\_ No \_\_\_ Yes → in DKA? \_\_\_ No \_\_\_ Yes

Most recent Diabetes Education visit: \_\_\_\_\_

**Details of Insulin Therapy**

Insulin(s) currently using: \_\_\_ Humalog \_\_\_ Novolog \_\_\_ Apidra \_\_\_ U-500 \_\_\_ Afrezza \_\_\_ 50/50 \_\_\_ Lantus  
\_\_\_ Levemir \_\_\_ Toujeo \_\_\_ Tresiba \_\_\_ Basaglar \_\_\_ NPH \_\_\_ Regular \_\_\_ 70/30 \_\_\_ Lyumjev \_\_\_ Fiasp

Mode of therapy: \_\_\_ Inhaled \_\_\_ Shots

Pump, which one? \_\_\_\_\_ Start Date? \_\_\_\_\_

**Testing Regimen:** Meter: \_\_\_\_\_ Tests/day: \_\_\_\_\_

Continuous Glucose Sensor \_\_\_\_\_

**Medical History**

Ongoing medical problems: (example: Diabetes, High Blood Pressure, etc.)

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Allergy/Reaction: (example: Penicillin/Rash) No known drug allergies \_\_\_

Women: Pregnancies(#):\_\_\_ Live births(#):\_\_\_ Miscarriages (#): \_\_\_

Are you pregnant? \_\_\_ No \_\_\_ Yes, Due Date \_\_\_\_\_

Men: Have you fathered children? \_\_\_ No \_\_\_ Yes

**Family History:**

| Relation | Birth Year | Age at Death | Health Problems |
|----------|------------|--------------|-----------------|
| Father   |            |              |                 |
| Mother   |            |              |                 |
| Brothers |            |              |                 |
|          |            |              |                 |
| Sisters  |            |              |                 |
|          |            |              |                 |
| Children |            |              |                 |
|          |            |              |                 |

**Do any Blood Relatives have?**

Diabetes \_\_\_ Thyroid condition \_\_\_ Cancer \_\_\_ Osteoporosis \_\_\_ Pituitary problem \_\_\_ Heart Disease or Stroke

**Preventive care:**

Exercise: No \_\_\_ Yes→ How many minutes per day? \_\_\_\_\_ How many days per week? \_\_\_\_\_

Hours of sleep per night? \_\_\_\_\_

**Recreational Substance Use:**

|              | Ever Used? | Current use? | Quit date? | How much? | How often? |
|--------------|------------|--------------|------------|-----------|------------|
| Tobacco      |            |              |            |           |            |
| Street Drugs |            |              |            |           |            |

**Alcohol Use**

Any alcohol use in the past year? If yes, please answer the following:

How many drinks per day? \_\_\_\_\_

How many drinks per week? \_\_\_\_\_

How many drinks per year? \_\_\_\_\_

**Social history:**

Marital Status: \_\_\_\_\_ Occupation: \_\_\_\_\_

Last Completed or Current Grade in school: \_\_\_\_\_

**Preferred Pharmacy Name** \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

and/or phone: \_\_\_\_\_

**Current Medications and Dosing** (please include vitamins and supplements)

| Medication | Dose | Start Date |
|------------|------|------------|
|            |      |            |
|            |      |            |
|            |      |            |
|            |      |            |
|            |      |            |