

Hello Friends,

I'm looking for 25 individuals struggling with Thyroid issues that would like to be a part of my doctoral case study for my Naturopathic doctoral thesis.

Our goal is to overcome health challenges with Chinese Whole Concentrated Herbal Foods. Check out this link to see what foods we will be working with and why. [Unique to the Marketplace](#), and [Why SR is so Different](#) by Nancy Dempsey

My husband and I have been using these whole foods personally for 30 years, raised our kids on them and have helped thousands of individuals thru the years move to a higher level of health with our goal to stay as young and well as possible.

Personally, coming from being seriously hormonally out of balance, I experience wonderful health, no meds, vitamins etc and feel great at 69.

These foods are simple to fix (5 min in the kitchen) delicious to enjoy, and wonderful in the results. Please then listen to our slideshow "[Sunrider's Amazing Lifestyle](#)" slide show.

For the research study:

- You will purchase these amazing foods (groceries) directly from Sunrider International with your own account.
- I will give 2 monthly personal consultations for free
- On-going education via email and Facebook group to help understand how our bodies are designed to have excellent health when the balance is restored.
- I will walk beside you and guide you with recommendations on table foods, exercise and celebrate with you your success.
- Pre and post evaluations.

If you are interested:

Simply email me: info@donnaehrlich.com

Subject Line: Case Study

Include phone # and best time to contact you

Your commitment to purchase between \$200-\$600/mo of Whole Live Concentrated Herbal foods (according to your financial ability and interest in moving to optimal health)

Please respond by Dec. 22 if possible. I will be out of the country until then, but need to move right along after the 22nd.

Look forward to working closely with you and getting better acquainted.

Yours for optimal health and well being,

Donna Ehrlich

423-779-4733

Info@donnaehrlich.com