

# Outpatient Therapy



**Lone Star**  
Behavioral Health

***Program Schedule***  
***6 Days A Week***

**Monday-Friday**  
10:00am-3:00pm

**Saturday**  
9:00am-1:00pm



Our beautiful, 160-acre campus in Tomball offers outpatient and partial hospitalization services to adults. These treatments are ordered by an MD and are designed to relieve acute symptoms of mental illness. This is intense, active therapy conducted by licensed therapists under the direction of a psychiatrist. The costs of our services are covered by Medicare, private insurances (pending authorization) and self pay.

Our Tomball campus is also home to the remarkable Equine Assisted Psychotherapy, a well-documented, effective treatment that we have found to be attractive and helpful for our clients. EAP is not a riding program. In fact, it is mostly ground work. The goal of this treatment is to increase interpersonal effectiveness and self-image.

## ***Develop Skills to Manage Conditions:***

- ✓ Depression
- ✓ Grief and Loss
- ✓ Anger
- ✓ Anxiety
- ✓ Loneliness
- ✓ Relationships
- ✓ Aging
- ✓ Self-Esteem Issues
- ✓ Drug & Alcohol Use

## ***Care For Adults Through:***

- ✓ Psychiatric Assessment
- ✓ Individual Therapy
- ✓ Group Therapy
- ✓ Medication Monitoring
- ✓ Medical Doctor
- ✓ Multi-Disciplinary Team

30903 Quinn Rd. • Tomball, TX 77375 • 281-351-6644  
[www.LonestarBehavioralHealth.com](http://www.LonestarBehavioralHealth.com) • [medical@lsbhealth.com](mailto:medical@lsbhealth.com)