## 2019 Watford City Wolves Boys' Cross Country

Heen-Ihmels Invite
Aug. 24, 2019, 10:30 a.m.
Municipal G.C., Williston, N.D.
Team totals (Top 5/5,000 meters) 1. Dickinson, 34; 2. Williston, 48; 3 . Minot, 98; 4. Trenton, 101; 5. New Town, 102; 6. Bowman Co., 159; 7. Minot Bishop Ryan, 229; 8. Stanley, 270; 9. Watford City, 306; 0. Max, 325
ndividual winner: Brady Yoder, Dickinson 15:54

Top 10 Finishers
. Brady Yoder, Dickinson, 15:54; 2. Robert . Brady Yoder, Dickinson, 15:54; 2. Robert Williston, 17:14; 4. Aiden Jung Dickinson, 17:15; 5. Noah Rolfe, Stanley, 17:20; 6. 17:15; 5. Noah Rolfe, Stanley, 17:20; 6 . Alvarado, Williston, 17:57; 8. Brian Miller, Bowman Co., 17:59; 9. Wil OIson, Williston, 18:03; 10. Hunter Gregoire, Dickinson, 18:10
Watford City results
38. Evander Long, 20:15; 84. Lane Odenbach, 25:10; 91 . Timothy Gaab, 25:55; 93. oey Dube, 26:13
Notes: Dickinson had four finishers in the top 10 led by Brady Yoder who won the meet...Dickinson, Minot, Watford City and Williston made their season debut...There ere 101 varsity runners.

Bowman Co. Invite
Aug. 29, 2019, 10 a.m
Sweetwater G.C., Bowman
eam totals (Top S/WDA (5,000 meters) . Williston, 21; 2. Bowman Co., 54; 3. Daw son Co., 86; 4. Stanley, 109; Watford City, Inc.
dividual winner: Micade Shumway, Williston, 16:37.71

## 10 Finishers

. Micade Shumway, Williston, 16:37.71; 2
Fynn Krenz, Williston, 16:46.06; 3. Noa
Rofe, Stanley, 17:50.87, 4. Bran Mcler, 17h, 17:05.66.6. Gunnar Alvarado Willis on, 17:13.44; 7 . Wil Olson, Williston, 7.15.27:8. James Powers, Williston, 17:34.46; 9. Tyrel Ackman, Williston, 7.37 12. 10 Gavin Jorgenson, Williston, 17:47.11

## Watford City results

29. Evander Long, 20:21.17; 46. Tajah Francis, 22:26.48; 52. Lane Odenbach, 23:39.92 53. Timothy Gaab, 25:31.44
otes: Wiliston won the meet...Wiliston ford City also competed

## Anderson-Stavn Invite

ept. 14, 1 p.m.
McDowell Dam, East of Bismarck, N.D.
eam totals (5,000 meters)
. Century, 66; 2. Williston, 100; 3. GF Red River, 116; 4. Bismarck High , 120; 5. Dickin n4; 8. Minot, 201; 9. New Town, 253; 10. GF Central, 259; 11. West Fargo, 412; 12. Richey-Lambert, 430; 13. Hillsboro-CV, 432 14. Beulah, 497; 15. Minot Bishop Ryan, 500; 16. Killdeer, 519; 17. Watford City, 544; 18. Mandan, 572; 19. Southern McLean, 77; 20. Max, 587; 21. Solen, 634; 22. Stan ey, 647; 23. Medina-P-B, 672; 24. New Eng and, 674; 24. Shiloh Christian, 677; 26. Standing Rock, 681
nivinal winner: Brady Yoder, Dickinson 5:33.15
op 10 Finishers
rady Yoder, Dickinson, 15:33.15; 2. Sean , Town 16:31.60; 5. Micade Shumway, Willi 16.33.43. 6 Austin Wald, Century,

16:38.81; 7. Mason Kindel, Century,
16:42.24; 8. Griffin House, Century,
16:44.64; 9. Chase Fossum, Hillsboro-CV,
6:45.78; 10. Aiden Jung, Dickinson,
16:48.68
Watford City results
78. Tanner Edwards, 19:27.57; 94. Evande ong, 20:10.81; 102. Tajah Francis, 0:42.84; 128. Brandon Edwards, 22:50.72 142. Lane Odenbach, 24:34.46; 149. Joey Dube, 27:06.21
Notes: There were 153 runners in the varsity race...Century won the team title and had three finishers in the top 10...Eight WDA teams took part...Dickinson's Brady oder was the individual
hampion...Weather conditions were sunn and warm.

Beulah-Hazen Invite
Sept. 24, 11 a.m.
Black Sands G.C., Beulah
Team totals (Top 5/WDA, 5,000 meters) 1. Legacy, 33; 2. Bowman Co., 67; 3. Cen tury, 120; 4. Beulah, 171; 5. Burke Central, 182; 6. Mandan, 196; 12. Watford City, 282 Individual winner: John Ness, Legacy, 16:57

## Watford City results

42. Tanner Edwards, 19:55; 51. Evander Long, 20:19; 74. Tajah Francis, 21:21; 95 wards, 22:59; 121. Lane Odenbach, 24:17 132. Jeey Dube, 26:16; 134. Brennan Scoggins, 28:07
Notes: There was 139 varsity
runners. Legacy won varsity
WDA teams compete (Legacy, Mand Watford City)

Rugby Booster Invite Sept. 28, 11 a.m.
Sept. 28, 11 a.m.
Rugby Golf Course, Rugby
Team totals (Top 5/WDA, 5,000 meters) 1. Williston, 28; 2. New Town, 97; 3. Griggs Co. Centrla, 153; 4. Rugby, 173; 5. Burke Co Central-Kenmare, 211; 11. Watford City,

307 ;
Individual winner: Hayley Ogle, Watford City, 18:52.99

1. Robert White, New Town, 16:04.49; 2 Fynn Krenz, Willisotn, 16:29.16; 3. Wil Olson, Williston, 16:31.47; 4. Noah Rolfe, Stanley, 16:33.29; 5. Gunnar Alvarado, Williston, 16:34.03; 6. Owen Duttenhefe, Killdeer, 17:14.04; 7. Jace Anderson, Killdeer, 17:24.12; 8. Ethan Moe, 17:26.17; 9. Addison Red Fox, New Town, 17:28.98; 10. James Powers, Williston, 17:31.90 Watford City results
2. Evander Long, 18:49.90; 37. Tanner Edwards, 18:51.07; 63. Tajah Francis, 20:16.52; 84. Parker Schuster, 21:37.28; 87 Brandon Edwards, 21.46.43, 90 . Gideon 22.40.28. 105 Brennan Scogsins 23:17.56 109. Joey Dube, 23:46.85; 112. Timothy Gaab, 24:06.64
Notes: There was 123 varsity
runners...Williston won the meet and had five runners in the top 10. Two WDA team compete (Watford City, Williston)

## Souris Valley Invite

Oct. 5, 11 a.m
Souris Valley G.C., Minot

## Team totals (Top 5/WDA)

(5,000 meters)

1. Century, 53; 2. G.F. Red River, 112; 3. Jamestown, 118; 4. Bismarck High, 144; 5. Minot, 172; 6. Legacy, 202 Individual winner: Robert White, New Town, 16:07.78

Top 10 Finishers

1. Robert White, New Town, 16:07; 2. Gavin Haut, Jamestown, 16:11; 3. Ben Anteau, Jamestown, 16:13; 4. Hunter McHenry, G Red River, 16:23; 5. Chase Fossum, Hills-boro-CV, 16:27; 6. Mason Kindel, Century 16:32; 7. Griffin House, 16:38; 8. Brian Miller, Bowman Co., 16:39; 9. Jacob Hendrickson, Thompson, 16:39; 10. Noah Rolfe Stanley, 16:40

## Watford City results

116. Evander Long, 19:16; 122. Tanner Ed wards, 19:21; 169. Tajah Francis, 20:28 190. Lane Odenbach, 21:27; 193. Brandon Edwards, 21:32; 203. Parker Schuster, 22:07; 232. Joey Dube, 24:18 Notes: Century won the
meet...Jamestown's Gavin Haut was run-ner-up to lead all WDA runners...Six WDA teams took part....There were 245 runners and 30 teams participating

WDA Championships
Oct. 15, 1 p.m.
Heart River G.C., Dickinson, N.D.
Team totals ( 5,000 meters)

1. Williston, $48 ; 2$. Century, $52 ; 3$. Bismarck High, 107; 4. Dickinson, 114; 5. Jamestow 24; 6. Legacy, 137; 7. Minot, 144; 8. Man dan, 516; 9. Watford City, 527; 10. TMCHS 55
winner: Brady Yoder, Dickinson 5:40.68

## op 20 (All-WDA)

1. Brady Yoder, Dickinson, 15:40; 2. Sean orsmo, Bismarck High, 15:49; 3. Gavin Haut, Jamestown, 16:13; 4. Micade Shumway, Williston, 16:14; 5. Fynn Krenz, Williston, 16:15; 6. Ben Anteau, Jamestown 16:19; 7. Griffin House, Century, 16:23; 8 Austin Wald, Century, 16:28; 9 . Maso Kindel, Century, 16:31; 10. John Ness, on, 16:37; 12. Wil Olson, Williston, 16:40 3. Jacob Ersland, Century, 16:47; 14. Aiden ung, Dickinson, 16:48; 15. Ethan Bender, Century, 16:50; 16. Leif Larsen, Williston, 6:55; 17. Charlie Koebele, Century, 17:00 18. Kaiden Meyer, Minot, 17:06; 19. Cole ensen, Century, 17:09; 20. Micah Penn, Bismarck High, 17:12

Watford City results
2. Evander Long, 18:45.47; 81. Tanner Ed vards, 19:06.70; 117. Tajah Francis, 0:44.71; 131. Lane Odenbach, 21:40.34, Gid Dube 23:10.93; 150 Brennan Scoesis 23:20.19; 156. Chris Ferry, 28:39.73

Notes: The meet was moved to Dickinson from Jamestown due to snow and wet course conditions there...Williston won it second straight WDA team title and ninth overall...Dickinson's Brady Yoder won his second consecutive WDA title...Seven eams (Bismarck High, Century, Dickinson, amestown, Legacy, Minot, Williston) had at east one runner earn all-WDA honors (Top 20)...Century had seven runners finish in the top 20...Williston's Micade Shumway was named W. Region senior athlete of the ear...Century's Brad Lies was named W. Region coach of the year...There were 15 runners competing...Temperature at race me was 45 degrees under mostly cloudy kies

