



Ballroom/ Latin/ Swing/Country Pre-Registration Form

Dance Student Information

Today date: _____

Student Name: _____ Age: _____

Dance Partner Name: _____ Age: _____ (Dance partner not necessary)

Mailing Address: _____
Street Town State Zip

Email Address: _____

Home Phone: _____ Cell Phone: _____

Have you taken dance Lessons before? Yes or No

If Yes, when and where did you take lessons? _____

What type of dance style are you interested in learning? _____
(Examples: Latin, Swing, Country, Ballroom...)

How did you hear about LDA? _____
(Example: Newspaper, Friend, Magazine, Catalog, Radio, Television, LifePlex, coupon...)

Thank you for filling out this pre-registration form, you will be contacted within 24– 48 business hours upon receiving this form. Feel free to print/email/mail or drop off this form at Fitness Forum Sports & Wellness at the LifePlex at 2855 Miller Dr. Suite 101, Plymouth, Indiana 46563. C/O LDA our email: mcartwright@fitnessforum.biz
We look forward to meeting you.

Frequently Asked Questions

1) What do I wear?

Dance students usually dress casual to dressy to dance lessons. For example the ladies wear slacks or a skirt and a pretty blouse. Gentlemen wear slacks and a comfortable shirt. The shoes are the most important factor in dancing. As a beginner, students will wear dress shoes that have smooth soles, rubber soled shoes are not recommended. Ladies it is best not to wear sandals or 3 “ high heels for the first class.

2) I don't have a partner, is that ok?

Absolutely, no partner is needed for any dance class. As part of the dance training process it is recommended that students switch partners to better their dance skill.

3) I don't want to switch partners, do I have to?

Although it is recommended, it is optional not to switch partners, feel free to inform the group class instructor. Another option would be private lessons to learn the skill of Lead and follow that otherwise would be best learned in a group class environment.

4) How much do the classes cost?

Price information is not shared online but best over the phone or in person with our LDA Representative feel free to call .574-936-2333x8117 between the hours of 4:30 p.m. and 7:30p.m. Monday through Friday.

Did we answer your questions? Please feel free to share other questions and we will be sure to answer them promptly.

If you would like a more prompt response to your questions feel free to email the LDA Dance Director, Mewsette Cartwright at mcartwright@fitnessforum.biz