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your willingness to serve*

**Southwest Virginia
Medical Reserve Corps**

www.vdh.virginia.gov/mrc/swvamrc
276-274-0555



Compliments of

La Paz County Emergency Management
and
Arizona Citizens Corps Council / CERT

This book is presented to you compliments of:

SIX COUNTY RSVP



Get connected and make a *difference* in others
lives through Volunteer Service.

1-800-250-SERV (7378) sbastian@sixaog.state.ut.us

Compliments of



Kankakee County Sheriff's Department
and the
Kankakee County Local Emergency
Planning Committee

Compliments of

**Oklahoma State Department
of Health**

24/7 Contact (405) 271-4060
web site: www.health.state.ok.us



This book is presented to you compliments of:
The Developmental Disabilities Administration

www.ddmaryland.org



Thank you for supporting
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This Book Compliments of:

Genesee County Health Department

3837 West Main Street Road
Batavia, New York 14020
585-344-2580

www.ReadyGenesee.com



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Quad City CERT

www.quadcitycert.org



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A program of ACS – Washington
3450 S 344th Way, Ste 200
Federal Way, WA 98001
(253) 681-6008



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Upper Merrimack Valley Medical Reserve Corps

www.umvmrc.org

and

Upper Merrimack Valley
Public Health Coalition



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Horry County Citizens Emergency Response Team
and
Horry County Emergency Management

Compliments of your local Health Department

Support Your Community in
Times of Disaster...
Become a CERT Team Member!



For More Information Call 276-328-1924

Lee County Health Department	276-346-2011
Scott County Health Department	276-386-1312
Wise County & Norton City Health Dept	276-328-8000
Poison Center	800-222-1222
General Information	211
Police	_____
Fire	_____
Rescue Squad	_____

Potomac Highlands Medical Reserve Corps

Grant County Health Dept.
PO Box 608
Petersburg, WV 26847
(304) 257-4922

Hampshire County Health Dept.
HC 71, Box 9
Augusta, WV 26704
(304) 496-9640

Hardy County Health Dept.
411 Spring Ave., Suite 101
Moorefield, WV 26836
(304) 530-6355

Mineral County Health Dept.
Rt. 3, Box 3045
Keyser, WV 26726
(304) 788-1321

Pendleton County Health Dept.
PO Box 520
Franklin, WV 26807
(304) 358-7565



Compliments of

Rhode Island Emergency Management Agency & Rhode Island Citizen Corps

RIEMA

645 New London Avenue
Cranston, RI 02920
401-946-9996 Fax 401-944-1891

www.riema.ri.gov



Thank you for supporting the volunteers efforts of
San Bernardino County Fire Department
Office of Emergency Services
Emergency Communications Service

If you would like more information or to purchase
additional books contact us at 909-356-3938
or email to ecscro@sbcfire.org



www.sbcecs.org

Compliments of

LEPC & KEMA

605 Bernard Avenue
Knoxville, Tennessee 37921
(865) 215-1166

www.knoxtnlepc.com
www.cityofknoxville.org
www.knoxcounty.org

Police, Fire, Medical	911
Police, non-emergency	215-7000
Sheriff, non-emergency	215-2243
Fire Dept. non-emergency	595-4480
Rural Metro, non-emergency	675-4601
Rescue Squad	546-4821
KUB	524-2911
Poison Control	800-288-9999
General Information	211
City of Knoxville Information	311

This *It's a Disaster* resource book is being distributed by the Western Maryland Area Health Education Center (WMAHEC) Emergency Preparedness Caucus and *Project Aware*, program funded through a Special Volunteer Program grant from the Corporation for National and Community Service.



Emergency Preparedness Caucus (E-Caucus) members, bottom row L-R, are Chair Ron Frye, Secretary Pam DeVore, and Cathy Webb; top row L-R are Todd Lake, *Project Aware* Program Director Martha Bird-Middleton, WMAHEC Board Representative Anne Sheetz, Marilyn McKenzie, and WMAHEC Executive Director Susan K. Stewart. (Not pictured are Vice Chair Bea Lamm and Treasurer Nancy Folk.)

In response to a disaster or national emergency the Volunteer Mobilization Center will be activated by the Volunteer Center of Allegany County (VCAC); it provides coordination and referral of spontaneous and unaffiliated volunteers. For more information contact: Marilyn McKenzie, Director, Volunteer Center of Allegany County 301-724-1559 or email mmckenzie@allconet.org

STATE of ALASKA

Department of Military and Veterans Affairs

Division of Homeland Security
and
Emergency Management

P.O. Box 5750
Building 49000, Suite B210
Fort Richardson, Alaska 99505-5750

1-800-478-2337

www.ak-prepared.com

This book has been provided as a guide
for you and your family by:

Elizabethton Carter County Emergency Management Agency



If you would like more information or to purchase additional
books please contact us at 423.542.1888 or email to

eccema.carterco@charterbn.com

Mailing address: 801 Elk Avenue, Suite 214 Elizabethton, TN 37643



Charleston County Emergency Preparedness Department

4045 Bridge View Drive
North Charleston, SC 29405-7464

843-202-7400

843-202-7408 fax

www.charlestoncounty.org

S.A.T.E.R.N.

Salvation Army Team Emergency Radio Network
Riverside and San Bernardino Counties Section
Of the Sierra Del Mar Division

A group of amateur radio operators who have
volunteered to assist the Salvation Army with
communications during disaster response - the
official emergency communication
service of

The Salvation Army

www.satarn.net

Compliments of:

SAR ALBERTA
Suite 142, 9768 - 170 Street
Edmonton, AB T5T 5L4
www.saralberta.org



ANAHEIM

Employee Emergency Information Number:
1-800-xxx-xxxx

Primary Emergency Number: 123

Non-Emergencies, Security: xxxx
Non-Emergencies, Anaheim Help Line: 2-xx (xx)

**Visit the Disaster Preparedness Website
URL:**

[http://xxx.xxx.boeing.com/xxx/
anaheim/emergency/index.htm](http://xxx.xxx.boeing.com/xxx/anaheim/emergency/index.htm)



Loudoun MRC

mrc@loudoun.gov
www.loudounMRC.com



The Loudoun Medical Reserve Corps (MRC) is pleased to be able to provide you with this reference and response guide.

Thank you for your commitment and determination to help Loudoun County respond to health emergencies, manmade or natural. Your dedication reflects the community pride and willingness to assist that all citizens of Loudoun expect of themselves and each other. This book is a small token of appreciation for all your hard work and dedication in making our community better prepared to respond to any unexpected event.

We encourage you to share the information in this book with your friends and neighbors and urge them also to join the MRC. We seek both medical and non-medical volunteers to help in case of an emergency.

Thank you for your efforts.

Dr. David Goodfriend, MD, MPH
Director
Loudoun County Health Department
703-777-0234



A message from the MEMA Western Regional Administrator – Roger Bennett

Dear Residents,

Thank you for your willingness and determination to prepare yourself and help out the community, if an emergency arises.

The Maryland Emergency Management Agency strives to provide the counties of Maryland with a safe community to live and raise a family. Part of this function is ensuring the county is safe from hazards of all types.

We cannot always prevent emergencies or disasters from occurring. However, there are many actions we can take together that will prepare and reduce the impact of such an event.

This guide contains many suggestions to assist your family in preparing for emergencies and reduce hazards and personal injury.

Thank-you for your support of our efforts to aid others.



We all have a role in hometown security. Southern Utah Citizen Corps asks you to embrace the personal responsibility to be **prepared**; to get **training** in first aid and emergency skills; and to **volunteer** to support local emergency responders, disaster relief efforts, and increase community safety.

It is the vision of the Citizen Corps Councils in Southern Utah to serve as a bridge between the First Responder / Emergency Planning community and citizen volunteers who wish to help prepare their homes and communities for disasters and emergencies of all kinds.

This book is presented to you as a gift, in the hope that you will use it in your own home to help your family and yourself take steps to become better prepared, not only for large-scale disasters – but also for everyday emergencies.

Best Wishes,
Shara Bastian, Co-Chair
Central Utah Regional Citizen Corps Council
sbastian@sixaog.state.ut.us



Multnomah County Neighborhood Emergency Response Teams (NERT) are happy to provide you with an opportunity to possess and use this tremendous reference work and response guide.

Please read the book carefully and keep it in a place that is not only handy, but located where you can retrieve it when you need to use it in response to an emergency situation.

We encourage you to share this information with your friends and neighbors.

Additional copies are available by calling
503-793-3305.



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MRC Volunteers,

Thank you for your commitment to helping the Prince William Health District respond to emergency situations, man-made, or natural. This book is a small token of appreciation for all your hard work and dedication in making our community better prepared to respond to any unexpected event.

Alison Ansher, MD, MPH
Director
Prince William Health District

CERT Sponsors



The **Spartanburg County Office of Emergency Services** is the primary sponsor for the CERT program. The Office of Emergency Management coordinates the program and the Emergency Services Academy provides training facilities for our disaster simulation. Both are proud of the program and look forward to its continued advancement in the years ahead.



With the assistance of Sgt. Ted Beaty, the Spartanburg County CERT team was formed in June 05. Sgt. Beaty was our first CERT instructor and has remained a part of the CERT program. Now, with the assistance of Deputy Micah Horton, the **Spartanburg County Sheriff's Office** guides our CERT members through their disaster simulation exercise. We look forward to their continued support in the years ahead.



The **North Spartanburg Fire Department** is the primary training facility for our CERT team. Captain Brent Lewis teaches the medical portion of the CERT curriculum while four members of their support services staff assist with CERT instruction. We are very fortunate to have their support and cannot thank them enough for the services they provide. We look forward to their continued support in the years ahead.

Local General Information:

Drug & Alcohol Counseling / Prevention Services:
585-589-0055

Orleans Community Action Committee, Inc.:
585-589-5605

Genesee-Orleans Ministry of Concern: 585-589-9210

Rabies Information: 585-589-3278
After Hours: 585-589-5527

Orleans County: 585-589-7000
<http://orleansny.com>

NY State & Federal Quick Resources:

NYS Department of Health: www.nyhealth.gov
NYS Emergency Management Ofc: www.semo.state.ny.us

NY-ALERT: www.nyalert.gov

NYS Government: www.ny.gov

NYS Homeland Security: www.security.state.ny.us

U.S. Dept of Health and Human Services: www.hhs.gov

U.S. Dept of Homeland Security: www.ready.gov

Pandemic Flu: www.pandemicflu.gov

Avian Flu: www.avianflu.gov

Red Cross: www.redcross.org

World Health Organization: www.WHO.int

Center for Disease Control: www.cdc.gov

AND MORE RESOURCES LOCATED IN THE BACK OF THIS BOOK