

AUGUST  
2018

# Pickaway Senior Center

*"WE'RE LIVING IT UP"*

## Pickaway Senior Center

2105 Chickasaw Drive

P.O. Box 565

Circleville, OH 43113

740-474-8831

[www.pickawayseniors.org](http://www.pickawayseniors.org)

### IMPORTANT DATES:

WEDNESDAY, AUGUST 8  
BOARD MEETING 10:15 AM

THURSDAY, AUGUST 9  
UNLOCK SECRET LUNCH NOON

WEDNESDAY, AUGUST 15  
SOUP & SALAD BAR NOON  
S.A.L.T. MEETING 1:00 PM

TUESDAY, AUGUST 21  
COMMODITIES

THURSDAY, AUGUST 23  
MONTHLY FELLOWSHIP NOON

TUESDAY, AUGUST 28  
NEWSLETTER ASSEMBLY  
BREAKFAST BAR 9:00 AM

THURSDAY, AUGUST 30  
VOLUNTEER LUNCHEON NOON



## From the Desk of the Director

***Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every day about the kind of community you want to live in.*** ~Author Unknown

Each year during the month of August we recognize the many wonderful volunteers that make the Center a better place by generously giving of their time and talents. On August 30<sup>th</sup> we will be hosting a luncheon to honor each of our volunteers. Volunteers please RSVP and let us know you will be in attendance so we can be prepared to recognize you on this special day.

August 25<sup>th</sup> is Circleville's Walk to End Alzheimer's. We would love to have you join us in our efforts to raise awareness and funds. You can join our team, start your own, or make a donation to our efforts by visiting [act.alz.org/circlevilleohio](http://act.alz.org/circlevilleohio). Another way you can support us is by participating in our Pie in the Face Fundraiser for the Walk to End Alzheimer's. One "lucky" staff member will be enjoying a Pie in their Face at our August 23<sup>rd</sup> Monthly Fellowship meeting. For \$1 per vote, you can vote on who you would like to "win" this special treat.

Calling all of our group travelers, we are ready to announce our first trip of 2019. **February 24<sup>th</sup> - March 2<sup>nd</sup>** we are heading for excitement and fun on our winter get away trip to **AMELIA ISLAND, ST. AUGUSTINE & JACKSONVILLE, FLORIDA**. We will soak up the age-old splendor of St. Augustine, explore the coastal island beauty of Amelia Island, and tour Jacksonville on the sparkling shores of the St. John River. Flyers have arrived and we are accepting reservations for what is sure to be a great trip. Keep watching your newsletter for announcements on additional 2019 trips.

We hope to see you often this August at the Center where "We're Living It Up"!

*Cynthia Love, Executive Director*



**Pickaway Senior Center  
Board of Directors:**

|                                   |                  |
|-----------------------------------|------------------|
| Brenda Strittmatter               | President        |
| Marie Gerhardt                    | Vice President   |
| Connie Kelly                      | Treasurer        |
| Judy Stewart                      | Secretary        |
| Debbie Dumm                       | Membership Pres. |
| Cynthia Love                      | Center Director  |
| Dennis Bothel                     | Fiscal Officer   |
| Lisa Robbins · Vince Yaniga       |                  |
| Donna Thompson · Ed Boyer         |                  |
| Dwight Radcliff · Pat Acord       |                  |
| Tonya Thompson · Don Wolford      |                  |
| Sandra Foster · Erika Cowles-West |                  |

**Pickaway County  
Commissioners:**

Jay Wippel · Brian Stewart  
Harold Henson

**PICKAWAY SENIOR  
CENTER**

2105 Chickasaw Drive  
P.O. Box 565  
Circleville, OH 43113

[www.pickawayseniors.org](http://www.pickawayseniors.org)

**Office: 740-474-8831**  
**Toll Free: 888-397-7246**  
**Nutrition: 740-474-8617**  
**Fax: 740-477-8114**

**Office Hours:**  
**Monday-Friday**  
**8am - 4:30 pm**

**Our services are provided for seniors ages 60 and over, Monday through Friday.**

**Adult Day Care:**

Provides relief for families caring for a loved one with dementia or Alzheimer's. This service is available Monday through Thursday from 8:30 AM to 1:30 PM. Lunch and transportation are provided.

**Congregate Meals:**

A hot lunch served at the Pickaway Senior Center at 11:30 AM on Monday, and at 12:00 noon Tuesday through Friday.

**Homemakers:**

Assistance with cleaning, laundry and running errands. Clients must meet certain eligibility criteria.

**Meals on Wheels:**

A hot lunch delivered to your home five days a week.

**National Family  
Caregiver Support  
Program:**

Respite and personal care, financial help with co-pays and medicine, utility bills, home repair. The care recipient must be over 60 years of age.

**Supportive Services:**

Assistance with Medicare & Medicaid papers, HEAP and Commodities paperwork.

**Transportation:**

Transportation for medical appointments, dialysis, and grocery shopping.

**The Pickaway Senior Center is a non-profit organization. We are supported by financial contributions from the following:**

- Title III administered through the Ohio Department of Aging
- Funds from a senior levy passed by Pickaway County voters
- Private donations and fundraisers

**For information on any of these services, call the Senior Center: 740-474-8831**





**In Memory or Honor of...**

*This Recognition Gift to the Pickaway Senior Center is a very thoughtful gift which means others in Pickaway County will be helped.*

Enclosed is my gift of \$ \_\_\_\_\_ In Memory or Honor of \_\_\_\_\_

Occasion: ☐ Birthday ☐ Anniversary ☐ Other \_\_\_\_\_

Given by \_\_\_\_\_

Address \_\_\_\_\_

*Please make checks payable to the Pickaway Senior Center. Mail gift to:*

Pickaway Senior Center  
P.O. Box 565  
Circleville, OH 43113

**Amelia Island, St. Augustine &  
Jacksonville FL Trip**

Dates: February 24-March 2, 2019

Price: \$650 (per person double occupancy)

\$75 due upon signing up

Trip Includes:

- Visit to Fountain of Youth
- Visit to Historic Kingsley Plantation
- Guided Tours of Amelia Island, St. Augustine & Jacksonville
- Narrated Cruise on St. John's River
- Alhambra Dinner Theater

For more information please call the Center

**Pie in the Face  
Fundraiser**

Stop by the Center anytime between now and August 23<sup>rd</sup> and for a \$1 donation you get a vote for which Senior Center staff member will be getting a pie in the face at our August Monthly Fellowship Luncheon.

Proceeds will support the Senior Center Team in the Walk to End Alzheimer's in August.





## AUGUST BIRTHDAYS-HAPPY BIRTHDAY!

### AUGUST 1

SHIRLEY CORNELIUS  
JOYCE DUMM  
KATHLEEN GOOD  
DORIS GRUEBEL  
DONNA MALONE  
EARL MINK  
SHIRLEY QUILLEN  
DAVID STOCKHAM  
KATHLEEN WILSON

### AUGUST 2

BRENDA COPES  
DEE MOGAN  
JOY MURDOCK  
DESKEY POSEY  
MARTHA SECREST

### AUGUST 3

SHARON ALLMAN  
CHARLES GRIFFEY  
GLENN REESER  
NANCY SCHNEIDER  
BARBARA VAN BUSKIRK

### AUGUST 4

LINDA ADAMS  
MARY EASTER  
JEAN GATWOOD  
REGINA GHEARING  
MAE HARBER  
MARY METZLER  
LARRY ROUSH

### AUGUST 5

RAY BROWN  
GRACE LINDSEY

PAUL RINE  
VICTOR SMATHERS  
ANN THOMPSON

### AUGUST 6

VICKI BADGER  
SALLY HAFY  
BARB HULL  
BECKY RAMEY  
JOAN TAYLOR

### AUGUST 7

EDITH CATHEL  
SUE HOYLMAN  
SALLY RUNKLE  
MICHELLE SCHATZMAN

### AUGUST 8

PAT ACORD  
LEROY HAGEN  
LEROY JENNINGS  
MARY JANE SEYMOUR  
MARTHA YORK

### AUGUST 9

GLORIA ADAMS  
GENE CUTLIFF  
BRENDA FOWLER  
ANN HOFFMAN  
PHYLLIS KINT  
SHIRLEY MARION

### AUGUST 10

COLETTA BROWN  
ETHEL CARTER  
BETTY COLBURN  
BETTY COMBS  
LARRY DEAN  
LINDA DEAN  
SALLY JONES  
BETSY MARSH  
EDITH MCCLOUD  
SHIRLEY QUEEN  
OLLIE RATLIFF  
RUTH TATMAN  
ELEANOR WARDELL  
ELEANOR WILKES

### AUGUST 11

ROGER DIEHL  
JEANINE MCDOWELL  
DELBERT POLING  
ALICE RIGSBY  
CHARLES SCHLEGEL  
BETTY STEVENS

### AUGUST 12

ROBERT KENWORTHY  
JANE RAMEY  
FAYE SMITH  
JANE STEVENSON

### AUGUST 13

DALE ELLIOTT  
PAUL KNECE  
EDWARD MINER  
RICHARD STUCKEY  
VANGIE WILLIAMS  
ELMER WINNER

### AUGUST 14

NOEL CRAWFORD  
DELORES HELSEL  
SHIRLEY LUTZ  
ROBERT PARMER  
LEAH PETTIT  
NORMA RICH

### AUGUST 15

ANNE BELLA CANAN  
C. GEORGE FRY  
ALICE HARRIMAN  
BETTY SMITH

### AUGUST 16

RUBY BOYER  
PETER CHERRINGTON  
MARY DYCK  
NANCY FEE  
MARY GRUBB  
GAIL HOWARD  
TERESA MATSUSHITA  
GARY MILLER  
JOANNE STANT  
PATRICIA VON INS

### AUGUST 17

CAROLYN CLINE  
MARILYN FAUSNAUGH

### AUGUST 18

MILDRED CLINE  
JOHN LAKE  
JAMES MEYER  
DIANE SANYAL

### AUGUST 19

DOROTHY MUMAW  
KATHRYN SIMONS  
BRENDA STRITTMATTER

### AUGUST 20

WILLIS DAVIS  
PATRICIA HARTINGER  
LILLIBETH MILLER  
LINDA NICHOLS  
JAMES SHAW  
JEAN SHAW  
RICHARD SPEAKMAN

### AUGUST 21

MARTHA EITEL  
GLENN KUHN  
MARY WHALEY

### AUGUST 22

CLARENCE CARDWELL  
MARTHA CURRY  
LAWANDA GATES  
BONNIE HILDENBRAND  
DANIEL NAMOWICZ  
PAUL STEELE  
ROBERT THEADO

### AUGUST 23

JANE DAVIDSON  
KATHLEEN HALL  
RACHEL HETTINGER  
MARY LINDSEY  
EVELYN PRESTON  
WILLIAM ROBBINS  
LAURETHA SPAULDING

### AUGUST 24

DOROTHY JOHNSON  
ELSIE SEE  
JEAN SIRIANO  
SALLY STEVENS  
CAROLE TOPPING

### AUGUST 25

JEAN FISSELL  
ROBERT IMBODEN  
PATRICIA PONTIUS  
JAMES RILEY  
NORVAL SHEPARD  
KAREN STOCKHAM

### AUGUST 26

JANE BROWN  
DORIS CONRAD  
LINDA GOELLER  
PATRICIA SIMPSON

### AUGUST 27

SAUNDRA CLARK  
BERNARD KNAPP  
WANDA LUCKHART  
WILLIAM PLUM  
CHARLES SMITH  
LAVERNE YORK

### AUGUST 28

GINNY BROWN  
JERRY COOK  
JANE FATH  
MARTHA JOHNSON  
ULA JEAN METZLER  
JOYCE MOUNTS  
MARGARET TOOTLE  
CAROL WADE

### AUGUST 29

WILLIAM ALLMAN  
SHIRLEY EVANS

### AUGUST 30

HAROLD DEWEES

### AUGUST 31

EUGENE GRAY  
KIM HARTINGER  
THERESA KERNS  
FRANCES RUSH  
GERALD VOSS  
GLORIA WILCOX

## SPECIAL THANKS TO THE FOLLOWING PEOPLE...

### New Members

Andrew Corcoran

William Umina

Brenda Copes

Melvin McNeal

Vickie Johnston

Betty Ginther

B. Louise Smith

Peggy Stump

~~~~~

### \$10 Fund Donations

Linda & Don  
Harden

Jeane Crider

Connie Swoyer

Earl & Norma  
McCombs

Susan Patrick

Cooke Metzger

~~~~~

### Estate Planning

**It is often difficult during one's lifetime to give, yet many would like to make a significant contribution. You might want to consider a bequest to the Pickaway Senior Center.**

**We have established a Pickaway Senior Center Fund within the Pickaway County Community Foundation to help ensure we are able to continue meeting the needs of the seniors of Pickaway County well into the future.**

**Pickaway County  
Community Foundation:**

**Pickaway Senior Center Fund  
770 N. Court St.  
Circleville, OH 43113**





**Memorial/Honor of  
Donations**

In Memory of

Mike Brown

Given By,

Patricia Morris

~~~~~

In Memory of

Russell E. Lutz

Given By Wife,

Donna R. Lutz

~~~~~

In Memory of

Jeanne Metzger

Given By,

Cooke Metzger

~~~~~

In Memory of

Paul Welsh &  
Carolyn Lutz

Given By,

Boyd & Sandi  
Oliver

**Memorial/Honor of  
Donations**

In Memory of

Michael Foster

Given By,

Sandra Foster

~~~~~

In Memory of

Walt Davis

Given By,

Charles & Norma  
Davis

~~~~~

In Memory of

Mike Brown

Given By,

Dale & Joy  
Hartley

~~~~~

In Memory of

Mike Brown

Given By,

JoAnne Binkley

**Memorial/Honor of  
Donations**

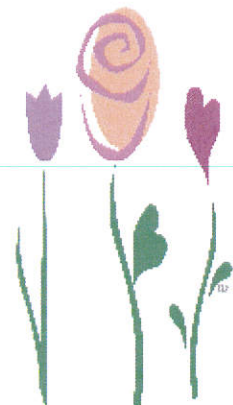
In Memory of

Mike Brown

Given By,

Earl & Jeanne  
Palm

~~~~~



## Monthly Fellowship August 23, 2018

Please RSVP by the day before. Call 740-474-8831 to make reservations. August birthdays & anniversaries eat free on August 23 at noon.

- Turkey
- Stuffing w/Gravy
- Seasoned Green Beans
- Roll
- Chilled Fruit
- Fruit Juice

### Entertainment:

By Grace

## Join us at the Center:

August 9, 2018 at 11:30 am

Joette Greenstein, DO, FAAHPM (Medical Director for Vitas Healthcare) will be at the Center discussing Senior Health Concerns



### "Discover where to Recover"



#### Pickaway Manor

Rehabilitation Center,  
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391 Clark Drive I (740) 474-6036  
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### ANDERSON INSURANCE GROUP

906 N. Court St.  
Circleville, OH 43113

#### Medicare Questions?

Plan Comparisons  
All types of Health Ins.

Contact: Nedra Betts  
740-477-2591

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| Cardiology & Neurology        | Orthopedic Surgery         |
| Ear, Nose & Throat            | Pain Management            |
| Endocrinology                 | Pharmacy                   |
| Emergency Department          | Radiology                  |
| Gastroenterology              | Sleep Center               |
| General Surgery               | Therapy & Sports Medicine  |
| Imaging & Laboratory Services | Vein Specialists           |
| Infusion Center               | Women's Health & Maternity |
| Lung Care Center              | Wound Healing Center       |

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Circleville, OH 43113  
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Care first. Community always.



## Unlock the Secret Lunch

August 9 @ Noon

I grew up in a cluster  
So strong on our vine  
We don't mind if you step on us  
We are like a fine wine

It was so unexpected  
Such a bombshell  
Her party is going to be great  
Ssshh! Keep it a secret! Don't tell

“ \_\_\_\_\_ ”

(Two Words)

July Answer: Red Velvet Cake

Theme: Back to School

## Shuttle Service

There will be a shuttle service for the August Fellowship. Shuttle will run from 11-11:45 a.m. from Emmett Chapel Church Tarlton Rd to the Center.

First 20 cars receive a free lunch certificate



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Health Center  
Circleville



## Albuquerque Balloon Fiesta

October 12, 2018 (6 days)

### Highlights:

- Albuquerque Int'l Balloon Fiesta
- Albuquerque City Tour
- Old Town, Albuquerque
- Indian Pueblo Cultural Center
- Bandelier National Monument
- Los Alamos Science Museum
- Santa Fe City Tour
- Taos Pueblo
- Taos City Tour
- High Road to Taos
- 3 Nights in Santa Fe
- For more information please call Center

## Volunteer Luncheon

There will be a luncheon for our Volunteers on

August 30th @ Noon

### Menu:

- Chicken Salad on Croissant
- Macaroni Salad
- Chilled Fruit
- Blueberry Muffin
- Fruited Gelatin Salad
- Apple Pie





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Circleville, OH 43113

*RETURN SERVICE REQUESTED*

Current Resident



### **Join us at the Center:**

August 15th at Noon

Soup & Salad Bar:

- Chili
- Fresh Vegetables w/Dip
- Pudding
- Fruit Juice
- Vegetable Soup



### **Don't miss our upcoming events and activities at the Center!**

New 2019 Trip.....Pg 3  
Birthdays.....Pg 4  
Unlock the Secret Lunch....Pg 8  
Volunteer Luncheon.....Pg 9  
Menu.....Pg 10  
Activities Calendar.....Pg 11



We are looking for Volunteers to work in the building on Commodity and Food Truck Days. Must be able to lift 40 lbs. If interested please contact Dayna at the Center 740-474-8831.