

**College Community Services
Wellness Center Central Advisory Board
MEETING MINUTES**

Friday, June 15, 2018 – 1:00pm to 2:00pm

Wellness Center Central of Orange County – 401 S. Tustin St. #C, Orange, CA 92866

Attendees: Johnny Case, Pennie Mack, Frank Williams, Deanna Lundberg and Kim Johnson.

Guest: Sohail Eftekhazadeh, Lisa Albert, Justine Plascencia, Olivia Rocha, Danisha Soto, Debbie Acosta, Kenya Bradley, Deloise Moore.

I. Call to Order – 1:02 pm

- a) Welcome – Everyone introduced themselves.
- b) Approval of Agenda – The agenda was approved by Deanna Lundberg, seconded by Frank Williams.
- c) Approval of Minutes – The minutes were approved by Kim Johnson, seconded by Pennie Mack.

II. Reports

- a) Program Director Report- Sohail Eftekhazadeh
 - Sohail read the Program Directors Report.
- b) President's Report- Johnny Case
 - Johnny shared that even if you resign from the MAB doesn't mean you quit, and to feel proud of yourself, to care of yourself, and to care about your recovery.
 - MAB is going to vote for President again according to the by-laws.
 - Johnny shared that Laughter Yoga is a valuable class to have at the Wellness Center Central (WCC). He added he enjoyed the Laughter Yoga class.

III. Unfinished Business

- a) A vote took place for two new MAB members.
 - Kenya Bradley was voted unanimously as a new member of the MAB.
 - Kenya stated she was thankful to know and be a part of WCC. She expressed that she was also thankful that there is a place for people to go that feel the same way she does. She is glad to be connected to a bigger part of the center.
 - Sohail explained to Kenya what the MAB does, and how the MAB helps to improve the WCC overall goals.
 - Pennie shared that Kenya is a smart, reliable, involved, and great person.
 - Deanna noticed Kenya helps decorate WCC for events and appreciates Kenya being there for fellow members.
 - Kim stated that Kenya is very kind and helpful.
 - Frank shared that Kenya is a great person and will be an asset to the MAB.
 - Johnny expressed how he is glad to have Kenya on board for MAB.
 - Sohail is so happy to have Kenya on the MAB and welcomed her.
- Deloise Moore was voted unanimously as a new member of the MAB.

- Deloise expressed her love for WCC and how she was a member when the program was located on Bush Street in Santa Ana. She believes it is a wonderful and beautiful program.
 - Pennie shared how Deloise is a big part of WCC and would be a big asset to the MAB.
 - Kenya stated the Deloise is full of information and has so many great ideas for WCC.
 - Frank shared that Deloise is dynamic. She will be a big help and is very insightful.
 - Johnny stated that he enjoys Deloise's spirit, and is glad she is part of WCC.
 - Sohail stated that Deloise has a great mind, soul, and heart.
- b) Voting took place to nominate and vote for vacant positions on MAB.
- First vote took place is for MAB President.
- Sohail reminded everyone that Johnny had been acting president since the resignation of the previous one.
 - Sohail facilitated the voting for MAB President according to the bylaws.
 - MAB members wrote their nominations for MAB President. Sohail counted and announced there were two nominees, Johnny and Pennie.
 - MAB members wrote their votes for MAB President. Sohail counted and announced that Johnny Case was the new MAB President.
- Second vote took place for MAB Vice President.
- MAB members nominated Kenya, Deanna, and Pennie for MAB Vice President.
 - MAB members then voted Pennie Mack as the new MAB Vice President.
- Third vote took place for MAB Secretary.
- MAB members nominated Kenya, Kim, and Deanna for MAB Secretary.
 - MAB members voted Kenya Bradley as the new MAB Secretary.
- c) The MAB continued to discuss and take vote to change MAB meeting date and time.
- Members voted to keep MAB Meetings on the third Friday of every month.
 - The MAB also voted to move the MAB meeting to 11:00am and extending it to an hour and a half.
 - Danisha shared that since the time of the MAB meetings was changed, she would work with Kenya to change the bylaws.
- d) Calendar of Assignments. Chat With MAB (April 2018)
- Wednesday, July 4th, 2018 – WCC will be closed in observance of Independence Day.
 - Wednesday, July 11th, 2018 – Frank Williams and Kim Johnson.
 - Wednesday, July 18th, 2018 – Calendar Art Fair 1:00pm-3:00pm. No meeting.
 - Wednesday, July 25th, 2018 – Johnny Case and Kim Johnson.
 - Johnny Case announced he would like more MAB members to attend Chat with MAB on Wednesdays.

IV. New Business

- a) Mountain Respite Camp Scholarships.
- Sohail announced there will be a raffle for members who expressed an interest in attending Mount Respite Camp in August.

- b) Reading a portion of the MAB bylaws
 - Johnny read the Mission Statement on page 3 of the MAB bylaws.
- c) Review “Chat with MAB” results and other member feedback.
 - Johnny would like to acknowledge Deanna for suggesting to bring “Chat with MAB” outside of room 114.
 - Johnny also complimented Deanna for doing a great job walking around and personally inviting members to attend Chat with MAB. Johnny shared Deanna took the initiative to go to members instead of waiting for them to come to her.
 - Deanna suggested another Donut Day for Chat with MAB.
 - Johnny noticed more people have been attending Chat with MAB.
 - Jonny stated he received a few members’ suggestions requesting more volleyball and horseshoes.
- d) MAB collaboration and engagement with the Education Fair.
 - Kim, Pennie, and Deanna volunteered to assist by setting up a MAB table at the Education Fair.
 - Johnny announced that unfortunately, he would not be able to attend.
- e) Updating MAB roster.
 - Sohail asked MAB members to provide current contact information for the roster.

V. Announcements

- a) Deanna and Kim complimented Johnny on how awesome he is.
- b) Frank appreciates the MAB noticed and acknowledged that volleyball time was important to him.

VI. Open Forum (Visitors)

- a) Debbie is grateful to have everyone help and be a part of the MAB. One day would like to be a part of it.
- b) Johnny wanted to encourage everyone that it’s ok to take a break if needed.
- c) Justine announced that she has learned a lot by being a part of the Peer Partnering Support Program (PPSP) and helping with tours.
- d) Sohail welcomed everyone a board and is looking forward to see MAB do well.

VII. Upcoming Calendar

- a) Education Fair, June 20th, 2018, from 1:00pm to 3:00pm.
- b) Next MAB Meeting, Friday July 20th, 2018, 11:00am to 12:30pm.

VIII. Adjournment

Johnny adjourned the meeting at 2:26pm.

