



ODE CNP CACFP Menu Form



Sponsor name/site name Gentog A-1

Month and Year February 18-22, 2019

| Meal Patterns | Monday Feb 18 | Tuesday Feb 19 | Wednesday Feb 20 | Thursday Feb 21 | Friday Feb 22 |
|--|--|---|---|---|--|
| Breakfast <ul style="list-style-type: none"> • Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods | Scrambled Eggs (Meat Alt) Cinnamon Rolls Bananas Whole or 1% Milk | Tasteos Toasted Whole Grain Oat Cereal Whole or 1% Milk | French Toast (WG) Applesauce Whole or 1% Milk | Great Value Light Vanilla Low-fat Yogurt (Meat Alt) Peaches Granola Whole or 1% Milk | Scrambled Eggs (Meat Alt) Toast (WG) Grapes Whole or 1% Milk |
| AM Snack (Select two of these five components) <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains | Great Value Light Vanilla Low-fat Yogurt with Blueberries | Apple Slices Peanut Butter | Peaches Whole or 1% Milk Seniors: Mixed Nuts | Peanut Butter and Jelly Tortillas | Cheese & Crackers |
| Lunch <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains • Other Foods | Chicken Fingers (CP) French Fries Bread (WG) Corn Applesauce Whole or 1% Milk | Chicken & Fruit Salad (Grapes, Feta, Nuts, Lettuce & Raspberry Vinaigrette) (HM) Corn Bread Peaches Whole or 1% Milk | Vegetable Soup (CP) Roast Beef Sandwiches Pears Whole or 1% Milk | Turkey Tetrazzini (HM) (Turkey, Noodles, Parmesan cheese, & Cream of Celery) Cooked Carrots Bread (WG) Pineapple Whole or 1% Milk | Pepperoni Pizza (CP) Tossed Salad Mandarin Oranges Whole or 1% Milk |
| PM Snack (Select two of these five components) <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains | Quesadillas (Cheese Meat Alt) Whole or 1% Milk | Hummus Vegies Whole or 1% Milk | Oatmeal Scotchies Whole or 1% Milk | Animal Crackers Whole or 1% Milk | Carrots w/ Ranch Dressing Whole or 1% Milk |

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.