

Tower Rescue

Course code: TATR/TRU

Course Objective: To provide delegates with the knowledge and practical experience to enable them to rescue a fellow climber, suspended by a fall arrest lanyard, from a tower, mast or pylon.

Audience: Experienced climbers, familiar with fall arrest techniques.

What the course includes:

- Tower rescue kits
- Anchor point selection
- Self rescue
- Rescue off an access way
- Rescue from lanyards
- Casualty care
- Suspension injuries

The course will involve elements of classroom and practical tuition. Emphasis will, at all times, be on practical rescues under the safe supervision of an instructor.

Delegates will be continually assessed throughout the course.

Course duration: 1 Day

Instructor to student ratio: 1:6

Pre-training requirements: Must have completed an advanced climbers course or equivalent.

What to bring with you: Safety shoes (steel toe cap), gloves & suitable clothing.

Period of valid certification: Successful completion will result in certification for 12 months. A one-day re-assessment will continue the certification, if undertaken within the 12-month period. The successful delegate will be deemed competent to use the specific rescue kit on which they have been trained.