

**ARGENTINA & CHILE: Buenos Aires & Santiago de Chile**

**November 16-25, 2019**

**\$6,399** (based on double occupancy)

**\$1,199** (single supplement)

**BOOK NOW 888.747.7501**

*Buenos Aires, Argentina has an elegant, old-worldly feel, with a touch of Paris here and of London there, a dash of New York cosmopolitanism and Italian exuberance. Here, everything is grand, on a scale fit for kings. Buenos Aires is known for its European-style architecture and rich cultural life. Santiago de Chile is one of the most developed cities in South America, combining an urban environment that artfully unites classic and modern architecture.*

### Program Highlights

- 7-night (9 day) journey through **Argentina and Chile**
- Visit & explore **mental health systems**; explore and compare **Chilean & Argentinian culture**; and meet and **interact with citizens** of both nations.
- *Optional Patagonia pre-program extension* will be offered.
- An **accompanying guest** program is available on this program.

### Professional Interaction

- Learn about mental health systems in Argentina and Chile through **lectures and interactions with psychologists and allied healthcare professionals** including academics.
- Although human rights efforts have improved over the last few years, there is still a concern about human rights in psychiatric facilities in both countries. Mental health is not prioritized, and there are significant stigma issues as well as insufficient numbers of providers to address the need. **The primary objective of the professional program is to exchange ideas about how to address these challenges in comparison to the U.S.** Develop knowledge of the Argentinian and Chilean systems of health and methods of medical education; investigate the complex nature of mental health issues and discuss opportunities to work together to improve mental health care.

### Focus on Community & Culture

- **Talk to the people** you meet on the street. You'll be delighted at how open to conversation the locals are and you may surprise yourself with the new impressions formed.
- Discuss and observe **Argentinian and Chilean daily life, communication styles** and **beliefs** with the local people.

**Program Leader: Thomas Barrett, Ph.D., Clinical Professor Emeritus, Graduate School of Professional Psychology at the University of Denver**

Dr Barrett was senior medical officer and senior mental health consultant for the mental health and substance abuse department for the World Health Organization in Geneva, Switzerland between 2004 and 2007. He was the Mental Health Director for the state of Colorado between 1994 and 2004 and program evaluation and executive director for Bethesda Community Mental Center in Denver between 1974 and 1990. Dr Barrett was a Fulbright Professor at the University of Zagreb, Croatia, in 2011.



### Why Nanda Journeys?

*Travel for people with purpose and passion. See for yourself what a difference travel makes.*

### Ready to go?

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