St. Louis Senior
Activity Center
Newsletter
December 2025 Issue





5602 Arsenal St. St. Louis, MO 63139 HOURS: 9am-3pm Monday-Wednesday-Friday 314-645-3477 — FAX: 314-645-3813 www.stlactivitycenter.com

NOTE: THE CENTER WILL BE CLOSED & THERE WILL BE NO TRANSPORTATION AVAILABLE ON DECEMBER 24TH THRU DECEMBER 26TH & DECEMBER 31ST THRU JANUARY 2ND, DUE TO THE HOLIDAYS!

<u>POT OF GOLD</u>—DRAWING, MONDAY, NOVEMBER 24TH—DECEMBER TICKET SALES BEGIN MONDAY, DECEMBER 1ST—On Monday, December 1st, we will start Pot of Gold ticket sales for the drawing on Monday, December 29th! See Alice Jennings or Mike Quinn to purchase tickets. COST: 1 ticket = \$1.00; 6 tickets = \$5.00. You need not be present to win.

<u>EXERCISE PROGRAM</u>—Our Exercise Program is held on Mondays, Wednesdays, and Fridays at 10:00am! We exercise with BANDS and WEIGHTS on Mondays and Wednesdays! Suggested donation for this program is \$2.00 per session. Please join us!

COFFEE TALK WITH ALICE—MONDAYS AFTER EXERCISE—Come join us as we discuss interesting topics.

PINOCHLE PLAYERS—MONDAYS @ 9:00AM—If you would like to play Pinochle, you are welcome to join this group!

POLISH RUMMY— FIRST FRIDAY OF THE MONTH AT 10:00AM—Come join us for Polish Rummy at the Center!

<u>TOWN HALL MEETING—MONDAY</u>, <u>DECEMBER 8TH</u>, <u>AT 11:00 AM</u>—Join us to learn about the Center & to have your questions answered. We will be drawing for the <u>Quilt Raffle</u> at the Town Hall Meeting! <u>Lunch will be available for a free will offering!</u>

<u>SHELDON COFFEE CONCERT: ANITA JACKSON HOLIDAY SHOW—WEDNESDAY, DECEMBER 10TH</u>—COST: \$30.00 (incl. transportation, coffee, doughnuts, & the show). **Must have made reservation & payment by Wednesday, November 26th! We will depart from the Center at 8:30am** so you can enjoy coffee & doughnuts before the show!

CASINO QUEEN—WEDNESDAY, DECEMBER 10TH—We will depart at 10:00am. COST: \$8.00 for transportation.

BIRTHDAY CELEBRATION—WEDNESDAY, DECEMBER 10TH, AT 10:45AM—Join us as we celebrate our December birthdays! Birthday cake and coffee will be available for FREE. Happy Birthday to all our celebrants!

MOVIE DAY: "THE ZOOKEEPER'S WIFE"—WEDNESDAY, DECEMBER 10TH, 11:15AM—This movie is an adaptation of the book that our Book Club has been reading! Come join us!

<u>"EMMA" AT THE REPERTORY THEATRE—THURSDAY, DECEMBER 11TH AT 9:40AM</u>—Our tickets have been ordered and we are full! We will leave the Center at 9:40am for the 10:30am show!

BOWLING—FRIDAY, DECEMBER 12TH, 11:00AM—COST: \$12.00/Members, \$17.00/Non Members, includes shoes, bowling, & transportation.

<u>CHRISTMAS LUNCHEON—MONDAY, DECEMBER 15TH, 11:45AM</u>—On Monday, December 15th, we will have a Christmas Luncheon at the Center! COST: \$10.00. Please sign up at the desk in the Center. At around 12:15pm, we will play the White Elephant Game. If you wish to participate in this game, bring a wrapped gift worth \$15-\$20 to join in the fun!.

<u>ST. LOUIS PUBLIC LIBRARY—WEDNESDAY, DECEMBER 17TH, 10:30-11:45AM</u>—The St. Louis Public Library will be at the Center on Wednesday, December 17th, from 10:30-11:45am. Visit their table to see what they have to offer you!

<u>DIGITAL LITERACY SESSION W/SARAH REDDICK, ST LOUIS PUBLIC LIBRARY—WEDNESDAY, DECEMBER 17TH, 10:30-11:30AM—Sarah will answer questions you might have on any digital device.</u> Bring the device with you so Sarah can look at it!

<u>BINGO—THURSDAY</u>, <u>DECEMBER 18TH</u>, <u>10:30AM</u>—On Thursday, <u>December 18th</u>, we will be playing Bingo! We will play from 10:30-11:30am, break for lunch, and resume play at 12:00 Noon. Lunch will be available for purchase. Come and join in the fun!

_AMIGO JOE'S FOR LUNCH—FRIDAY, DECEMBER 19TH, 11:00AM—Let Janet know if you will be attending! COST: \$8.00 for transportation. Lunch is on your own.

BOOK CLUB—MONDAY, DECEMBER 22ND, AT 10:45AM—Our Book Club is reading "The Zookeeper's Wife", by Diane Ackerman. They will meet on Monday, December 22nd, at 10:45am to discuss this book. Come and join them!

THERE WILL BE NO CRAFTING WITH SUE IN DECEMBER!—Sue is taking a holiday break!

<u>TRANSPORTATION SERVICES</u> are available for lunch & activities at the Center, medical appointments, business, essential shopping (5 bag limit), recreation, etc. <u>PLEASE NOTE:</u>
<u>DUE TO INCREASED FUEL COSTS, SUGGESTED BUS DONATIONS HAVE CHANGED TO \$8.00 ROUND TRIP FOR ALL TRIPS. TRANSPORTATION TO ST. LOUIS COUNTY</u>
<u>(OR OVER 10 MILES) IS \$30.00.</u> <u>The Center relies on donations to cover the cost of gas, insurance & vehicle maintenance!</u> <u>SUGGESTIONS</u>—Please let front office staff know of any suggestions you may have regarding ways to improve the Center, trips you would like to go on, new activities you would like us to start, etc.

St. Lo	St. Louis Activity	ty Center Calendar	endar	December 2025
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Pot of Gold Ticket Sales 9:00am Pinochle 10:00am Exercise 10:45am Coffee Talk 11:30am Lunch	2 TRANSPORTATION AVAILABLE	3 10:00am Exercise 11:30am Lunch	4 TRANSPORTATION AVAILABLE	5 10:00am Exercise 10:00am Polish Rummy 11:30am Lunch
8 Quilt Raffle Today! 9:00am Pinochle 10:00am Exercise 11:00am Town Hall Meeting Lunch will be available for a Free Will Offering	9 TRANSPORTATION AVAILABLE	10 8:30am The Sheldon 10:00am Exercise 10:00am Casino Queen 10:45am Birthday Cake 11:15am MOVIE: The Zookeeper's Wife	11 9:40am "Emma" at the Rep	10:00am Exercise 11:00am Bowling 11:30am Lunch
15 9:00am Pinochle 10:00am Exercise 11:45am Christmas Luncheon 12:15pm White Elephant Game	16 TRANSPORTATION AVAILABLE	17 10:00am Exercise 10:30-11:45am St. Louis Public Library 10:30-11:30am Sarah-Digital Literacy 11:30am Lunch	18 10:30am BINGO 11:30am Lunch 12:00pm BINGO	19 10:00am Exercise 11:00am Lunch @ Amigo Joe's 11:30am Lunch
9:00am Pinochle 10:00am Exercise 10:45am Book Club 11:30am Lunch	23 TRANSPORTATION AVAILABLE	Happy Resolution Holidays	25 HOLIDAY *** *** *** *** *** *** ***	26 HOLIDAY
29 Pot of Gold Drawing 9:00am Pinochle 10:00am Exercise 10:45am Coffee Talk 11:30am Lunch	30 LIMITED TRANSPORTATION AVAILABLE	34 HOLIDAY	QUILT RAFFLE! ONLY 300 TICKETS AVAILABLE AT \$5.00 EACH! DRAWING ON DECEMBER 8TH AT THE TOWN HALL MEETING	