

Harvest Years

1977



2017

Senior Center

30 SOUTH STREET, CAMDEN, DE 19934

TABLE OF CONTENTS

Monthly Birthdays.....	Pg. 2
Executive Director's Notes.....	Pg. 3
Activity Director's Notes.....	Pg. 3
State Senator Brian Bushweller.....	Pg. 5
Monthly Menu.....	Pg. 6
Monthly Activities.....	Pg. 7
Snap Program.....	Pg. 8
The Computer Guy.....	Pg. 9
AARP Driving Course.....	Pg. 9
Lunchroom News.....	Pg. 10
Lions Club Meetings.....	Pg. 10

HOURS

Monday - 8 AM - 3 PM
Tuesday - 8 AM - 3 PM
Wednesday - 8 AM - 3 PM
Thursday - 8 AM - 3 PM
Friday - 8 AM - 3 PM

Closed Saturday & Sunday

Harvest Years Senior Center, Inc. Board of Directors 2018

Richard Reynolds.....President
Don Blakey.....Vice President
Linda McDonald.....Treasurer
Don Dean.....Secretary

Tom Bones.....Executive Director

Board Members: Vivian McDonald,
Dick Bewick, Barbara Morton, Joan Schwartz,
Judie Burke

Next Meeting: MAY 24, 2018

Harvest Years Monthly

MAY 2018
VOLUME 16 - ISSUE 5

302 698-4285 - Website: <http://harvestyears.org>

1977 Celebrating 40 Years 2017

ALL ABOARD

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FRI., JUNE 29TH - MON., JULY 2ND 2018

June 29th - 3 PM Check in at Hotel Isaac Jackson in Elkins
Buffet Dinner at Historic Graceland Inn; 7:30 PM Greatest
Show on Rails—a 90 Minute Live Production. At Your Lei-
sure be sure to visit the Antique Car Show outside the Hotel

June 30th - Warm Breakfast at Hotel - Depart on the New
Tygart Flyer Train Excursion. Lunch on Board - Return to
station at 3 PM - Time for walking around and shopping, etc.
5:30 PM - Buffet Dinner at the 1863 Grill.

FIREWORKS SHOW AT DARK

(Bring Lawn Chairs with you on the Bus if you have them)

July 1st - Warm Breakfast at Hotel, Depart for Pocahon-
tas County, WV. Arrive at Green Bank Observatory for tour &
lunch (Soup & Sandwich Buffet). 2 PM - Depart on the
Cass Train Excursion to Whittaker Station Depot. Bring a
sweater for a 30 minute layover at the breathtaking

BALD KNOB viewing area.

At 5:30 PM - Arrive at Gandy Dancer Dinner Theatre
Dinner at 6 PM - 7 PM - Show Begins

July 2nd - Warm Breakfast at Hotel - Depart for Home

ALL INCLUSIVE: \$699.00 Per Person Dbl. Occupancy
\$200.00 Add'l for Single.

Travel Insurance Due Within 10 Days of Sign-Up
CALL DIANE: 698-4285

Happy "May 2018" Birthdays

1 Mildred Dennis
3 Rosalie Boryszewski
3 Etta Moyer
4 Gloria Sanders
9 Alice Coventry
9 Greta Fountain
10 Patricia Eccles
10 Rose Ann Martorano
11 Mary Cahill
11 Julia Cheng
12 Lee Severson
13 Richard Carcanague
15 Mary Ann Cecil

15 Bruce MacGloan
15 Maureen Reb
16 Joseph Condina
16 Avis Triplett
17 William Green
17 Rica Irvin
18 Frances Harvey
18 Gretta Strider
19 Lucille Harvey
20 David Baird
20 Betty Haley
21 John Vrhovac
22 Deborah Koenig

23 Bill Hufnal
23 Patricia Owen
23 Helen Radtka
24 Michele Dohner
25 Nancy Blue Rogall
25 James Sharp
26 Ann Cahill
26 Gloria Carey
26 Betty Ray
26 Wini Walton
29 Lee Kingery
30 Barbara Pavelka
30 Bonnie Procopio



*MAY YOUR BIRTHDAYS BE FILLED WITH SUNSHINE AND SMILES,
LAUGHTER, LOVE, AND CHEER.*

*****PLEASE BE SURE TO CALL - (302) 698-4285*****

*****PLEASE MAKE YOUR (RESERVATION) FOR A FREE BIRTHDAY LUNCH*****

We invite you to a **BIRTHDAY LUNCH** here at Harvest Years as part of your membership. HOWEVER, you must attend the **BIRTHDAY CELEBRATION** on our "**BIRTHDAY DAY**" which is always the **third** Thursday of each month. You must "eat-in". You may not "take-out" the free meal. If you do not see your name on the list of names for **MAY** it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to see Tom or Diane..... **HAPPY BIRTHDAY and Thank You...**

LUNCH IS SERVED DAILY MONDAY THRU FRIDAY 11:30 AM - 12:30 PM

YOU MUST CALL HARVEST YEARS SENIOR CENTER TO MAKE YOUR LUNCH RESERVATION by 10 AM. LET US KNOW IF YOU WILL BE CELEBRATING YOUR BIRTHDAY WITH US PRIOR TO May 17, 2018 . PLEASE CALL (302) 698-4285.

***Tai Chi Demo
at Barclay Farms
June 21st at 2 PM***



***We will be demonstrating Tai Chi forms
and Tai Chi weapons.....Sword, Fan,
Staff & Cane.***

ALL ARE WELCOME TO JOIN US

Golden Dinner Club

Our Monthly fundraiser is open to **all** our members, their families and friends.

Each month we choose a local Restaurant and we get-together to eat, celebrate events and have fun.

Best of All we get a ***donation*** for our center.

FROM YOUR EXECUTIVE DIRECTOR
TOM BONES

We have shivered and splashed through April showers. Now we await those beautiful May flowers. We have plenty of spring activities here at the Harvest Years to keep us busy! All guaranteed to put a spring in your step!

Happy
Mother's
Day!



We will celebrate and remember all of our mothers and grandmothers with a very special *Mother's Day* luncheon on Wednesday, May 9th. A delicious menu and special gifts for our mothers and grandmothers in attendance is planned. Gentlemen, please come help us celebrate these great ladies that are in our lives.

May, 2018 is also known as *National Older American Month*. This year's theme is *Engage at Every Age*. We will emphasize that you are never too old, or young, to take part in activities that can enrich your physical, mental and emotional well-being. We can also celebrate the many ways in which older adults make a difference in our communities.

I would like to send out a huge *THANK YOU* to our very dedicated members and volunteers who supported our Quarter Auction last month. We could not be a successful senior center without each and every one of you!

Lastly, please join us for our *Memorial Day* service and program on Friday, May 25th. We will honor the United States Military and all who gave their lives for our Country.



With Honor & Gratitude
We Remember

Activity Notes
by Diane Amoroso



Mothers are the place that we call home.
On them we rest our heads and close our eyes.
There's no one else who grants the same soft peace,
Happiness, contentment, sweet release,
Erasing nighttime tears with lullabies,

My sincerest *Happy Mother's Day* to all our Moms,
Grand-Moms and Great Grand-Moms.
My wish for all of you is that you spend a
wonderfully Blessed Day with your family on
Sunday, May 13th.



May and Spring has finally arrived and we have a very busy month ahead of us here at Harvest Years.

Please join us for our *Annual Mother's Day Luncheon* on *Wednesday, May 9th*. Everyone is invited for this special day to celebrate all those wonderful ladies we call "Mom".

Tuesday, May 1st is *MAY DAY!!* How I remember, years ago, going to school all dressed up so we could entertain our families and friends by doing the "*MAYPOLE DANCE*". How many years ago was that?

Fast-forward to May 1st, 2018, and our members will be going on a trip to Herr's Potato Chip Factory In Pennsylvania. Always a fun day for everyone.

If you are interested, we have several exciting trips still available in 2018. Theatre Shows, good food, and lots of fun for everyone!! Feel free to call Diane for more information and prices.

698-4285

I PROMISE YOU A GOOD TIME!!

Memorial Day Service

Harvest Years Senior Center

Friday, May 25, 2018

11 AM

You are all invited to join us for our

Annual Memorial Day Tribute.

We will pay tribute to all those men and women who gave the ultimate sacrifice to keep AMERICA FREE!

****WE ASK YOU TO BRING A DONATION FOR THE USO.**



Senators Delaware General Assembly Contact Information

Name	Phone Number or E-Mail	District
------	------------------------	----------

Bruce C. Ennis	- 302 744-4310 or Bruce.Ennis@state.de.us	SD 14
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Dave G. Lawson	- Dave.Lawson@state.de.us	SD 15
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Colin Bonini	- 302 744-4169 or Colin.Bonini@state.de.us	SD 16
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Brian J. Bushweller	- Brian.Bushweller@state.de.us	SD 17
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F. Gary Simpson	- 302 744-4134-Gary.Simpson@state.de.us	SD 18
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Harvest Years Senior Center, Camden, DE

06-5270

Harvest Years Report, May, 2018

Brian J. Bushweller, State Senator, 17th District

Gun Legislation at the Forefront

State legislatures across America are considering bills that would restrict gun ownership and take other actions that proponents of the bills believe would reduce mass shootings like the one we recently saw in Florida. Delaware is no different. To help in understanding the bills currently under consideration in the First State, the following is a brief summary.

HB 174. “Straw Purchases”. Increases the penalties for engaging in “straw purchases”. A straw purchase occurs when a person who is legally OK to buy a gun, buys one for the purpose of then transferring the gun to another person who is prohibited from buying a gun. HB 174 has already passed both the House and the Senate and awaits action by the Governor, who has indicated he will sign it.

HB 222. Lethal Violence Protection Orders. Allows a Superior Court judge to issue an order prohibiting a respondent from purchasing or possessing a firearm if a family member or law enforcement officer can show that the respondent poses a danger to himself or others. This bill has not been acted on by the full House. It is in the House Administration Committee.

HB 300. “Bump Stocks”. Bans the possession or use of “bump stocks” which are devices that enable a semi-automatic rifle to function much closer to an automatic rifle which have been banned for decades. HB 300 passed the House and then the Senate but the Senate added an amendment which sent the bill back to the House.

HS 1 for HB 302. Mental Illness. Provides a process under which a court can order a person to relinquish any firearms based on a police investigation of a report from a mental health provider that a person has a propensity for violence. The respondent is afforded rights of due process. This bill has passed the House and is under consideration by the Senate Judiciary Committee.

HS 1 for HB 330. Age 21 Rifle Purchase. Prohibits persons under the age of 21 from purchasing a rifle. This age group is already prohibited from purchasing handguns. Certain exceptions apply. The bill has passed the House and is ready for action in the Senate.

SB 163. Assault Weapons. Bans the sale, purchase, possession, etc. of “assault weapons” which are defined by a list of 75 or so specific firearms outlined in the bill. This bill is in the Senate Judiciary Committee.

HB 375. High Capacity Magazines. This Act prohibits the manufacture, sale, purchase, transfer, or delivery of large-capacity magazines, which are defined as ammunition feeding devices with the capacity to accept more than 10 rounds. The bill is in the House Judiciary Committee.

Note: this list was prepared in mid-April for a May 1 publication date. To find the actual current status at any time or to read the actual bills themselves, log on to www.legis.delaware.gov and follow the prompts. Keep in mind that these bills, like all bills, are subject to possible amendment. You can read all proposed amendments on the same website.

- MAY 2018 MENU -


Monday	Tuesday	Wednesday	Thursday	Friday
	1. BBQ Pork Chops Roasted Potatoes Lima Beans Bread or Rolls Peaches	2. Baked Seasoned Chicken Macaroni & Cheese Succotash Bread or Rolls Pineapple	3. Baked Salmon Brown Rice Vegetable Blend Bread or Rolls Fruit Cocktail	4. Navy Bean Soup Turkey & Cheese Sandwich Lettuce & Tomato Assorted Desserts
7. Baked Ziti Tossed Salad Italian Bread Pudding w/Whipped Cream	8. Sweet & Sour Chicken Rice Vegetable Blend Bread or Rolls Cookie	9. <u>Mother's Day Luncheon</u> Roasted Turkey Stuffing/Green Beans Bread or Rolls Cake or Pies 	10. Stuffed Peppers Baked Potato Broccoli Bread or Rolls Jell-O w/Whipped Cream	11. Tuna Salad Sandwich Lettuce & Tomato Pickles/Chips Assorted Desserts
14. Pulled Pork on Bun Baked Fries Sliced Tomatoes Pineapple	15. Beef Stew Biscuit Applesauce Cake	16. Baked Meatloaf Mashed Potatoes Succotash Bread or Rolls Tropical Fruit	17. <u>Happy Birthday Luncheon</u> Baked Chicken Breasts or Leg Quarters Potatoes AuGratin Broccoli Bread or Rolls Ice Cream & Cake	18. Meatball Sub Tossed Salad Pickles/Chips Assorted Desserts
21. <u>All You Can Eat</u> Beef Goulash Tossed Salad Bread or Rolls Fruit \$5.00	22. Chicken & Dumplings Peas Tossed Salad Bread or Rolls Peaches	23. Roasted Pork Loin Gravy/Peas & Carrots Applesauce Bread or Rolls Fruit Cocktail	24. Spaghetti w/Meatballs Italian Bread Tossed Salad Brownie	25. <u>Memorial Day Service</u> Hamburger or Hot Dog Baked Beans Cole Slaw Assorted Desserts
28. <u>Memorial Day</u> CLOSED 	29. Tom's 3 Bean Chili Tossed Salad Corn Bread Sherbert	30. Baked Flounder Macaroni & Cheese Stewed Tomatoes Bread or Rolls Cherry Yum Yum	31. Roasted Chicken Scalloped Potatoes Broccoli Bread or Rolls Fresh Fruit	1. Italian Sub w/Fix'ins Bar Pickles/Chips Assorted Desserts



IMPORTANT INFORMATION FOR YOU!

Beginning this year, 2018, anyone taking a trip with Harvest Years Senior Center must carry with them a photo ID. Many of our trips will require security screenings. If you do not bring your ID you will not be permitted on the trip. **THANK YOU**

- MAY 2018 ACTIVITIES -

Monday	Tuesday	Wednesday	Thursday	Friday
	1. \$\$8:30 AM - Yoga\$\$ 9:30 AM - Crafts 12 NOON - Domino's \$\$ 5 PM - 6 PM \$\$ Perfect 10 Pilates	2. 9:30 AM - 10:30 AM Land Aerobics 9 AM - 11:30 AM Ceramics 12:30 - Hand & Foot \$\$ 5 PM - 5:45 PM \$\$ FEARLESS YOGA	3. \$\$ 8:30 AM - Yoga \$\$ 9:45 AM - L.I.F.E. Aerobics Class \$\$ 5 PM - 6 PM \$\$ Perfect 10 Pilates	4. 10 AM - 11 AM Line Dancing w/Ben & Charlotte 12 NOON - Mah Jong 12:30 - Spades 1 P.M. - Pinochle
7. 9:45 AM - L.I.F.E. Aerobics Class 9:30 AM - 500 Rummy \$\$ 5 PM - 5:45 PM \$\$ FEARLESS YOGA	8. \$\$8:30 AM - Yoga\$\$ 9:30 AM - Crafts 12 NOON - Domino's \$\$ 5 PM - 6 PM \$\$ Perfect 10 Pilates	9. 9:30 AM - 10:30 AM Land Aerobics 9 AM - 11:30 AM Ceramics 12:30 - Hand & Foot 1 - 3 PM \$\$ ART CLASS \$\$ \$\$ 5 PM - 5:45 PM \$\$ FEARLESS YOGA	10. Harrington Slots Call Diane to Reserve a Seat \$\$ 8:30 AM - Yoga \$\$ 9:45 AM - L.I.F.E. Aerobics Class \$\$ 5 PM - 6 PM \$\$ Perfect 10 Pilates	11. 10 AM - 11 AM Line Dancing w/Ben & Charlotte 12 NOON - Mah Jong 12:30 - Spades 1 P.M. - Pinochle
14. 9:45 AM - L.I.F.E. Aerobics Class 9:30 AM - 500 Rummy \$\$ 5 PM - 5:45 PM \$\$ FEARLESS YOGA	15. \$\$8:30 AM - Yoga\$\$ 9:30 AM - Crafts 12 NOON - Domino's \$\$ 5 PM - 6 PM \$\$ Perfect 10 Pilates	16. 9:30 AM - 10:30 AM Land Aerobics 9 AM - 11:30 AM Ceramics 12:30 - Hand & Foot \$\$ 5 PM - 5:45 PM \$\$ FEARLESS YOGA	17. \$\$ 8:30 AM - Yoga \$\$ 9:45 AM - L.I.F.E. Aerobics Class \$\$ 5 PM - 6 PM \$\$ Perfect 10 Pilates	18. 10 AM - 11 AM Line Dancing w/Ben & Charlotte 12 NOON - Mah Jong 12:30 - Spades 1 P.M. - Pinochle
21. 9:45 AM - L.I.F.E. Aerobics Class 9:30 AM - 500 Rummy \$\$ 5 PM - 5:45 PM \$\$ FEARLESS YOGA	22. \$\$8:30 AM - Yoga\$\$ 9:30 AM - Crafts 12 NOON - Domino's \$\$ 5 PM - 6 PM \$\$ Perfect 10 Pilates	23. 9:30 AM - 10:30 AM Land Aerobics 9 AM - 11:30 AM Ceramics 12:30 - Hand & Foot 1 - 3 PM \$\$ ART CLASS \$\$ \$\$ 5 PM - 5:45 PM \$\$ FEARLESS YOGA	24. \$\$8:30 AM - Yoga\$\$ 9:45 AM - L.I.F.E. Aerobics Class \$\$ 5 PM - 6 PM \$\$ Perfect 10 Pilates	25. 10 AM - 11 AM Line Dancing w/Ben & Charlotte 12 NOON - Mah Jong 12:30 - Spades 1 P.M. - Pinochle
28. 9:45 AM - L.I.F.E. Aerobics Class 9:30 AM - 500 Rummy \$\$ 5 PM - 5:45 PM \$\$ FEARLESS YOGA	29. \$\$8:30 AM - Yoga\$\$ 9:30 AM - Crafts 12 NOON - Domino's \$\$ 5 PM - 6 PM \$\$ Perfect 10 Pilates	30. 9:30 AM - 10:30 AM Land Aerobics 9 AM - 11:30 AM Ceramics 12:30 - Hand & Foot \$\$ 5 PM - 5:45 PM \$\$ FEARLESS YOGA	31. \$\$8:30 AM - Yoga\$\$ 9:45 AM - L.I.F.E. Aerobics Class \$\$ 5 PM - 6 PM \$\$ Perfect 10 Pilates	1. 10 AM - 11 AM Line Dancing w/Ben & Charlotte 12 NOON - Mah Jong 12:30 - Spades 1 P.M. - Pinochle

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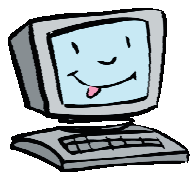
Pat Reynolds, R.C.

PROFESSIONAL HAIR STYLIST

Hours: Tuesday, Wednesday, & Thursday
9 A.M. TO 3 P.M.

PLEASE CALL FOR AN APPOINTMENT

(302) 698-4285



Don't know what to do now that
you've turned on your
computer or smart phone?

Let Terry help you! Terry Anderson, a retired
Air Force Pilot and retired from the Department
of Education, has volunteered his time and
expertise to teach a one on one computer class.

He has now offered to teach a one on one class
on how to use your **Smart Phone**. If you know
the basics but would like to know more please
give your name and telephone number to Diane
and she will set up an appointment with the

"Computer Guy!"

Call Diane: 302 698-4285

TRIP ALERT

I have inserted trip flyers in this issue of our newsletter. If you
are interested in signing up for any of the remaining trips for
2018 or the upcoming trips in 2019 please do so **ASAP**.
A deposit of **\$25.00** is required on day trips. Overnight trips
require a **\$100.00** deposit. The trips are filling up quickly.

Questions? - Please Call Diane 698-4285

Friends of Historic Camden

The Friends of Historic Camden
will hold its next meeting on
May 15th at the Friends Meeting House.
We encourage everyone interested in the
'Heritage of Camden'
to join us at 7 P.M.



GOLDEN DINNER CLUB

SPEEDWAY CAFÉ

737 N. DUPONT HWY.

DOVER, DELAWARE

MONDAY, MAY 21st, 5 P.M.

PLEASE JOIN US FOR OUR MONTHLY
FUNDRAISER—Call Diane before May 18th
If you are planning on attending



ATTENTION TO ALL HYSC VOLUNTEERS

To all our volunteers: If you
volunteer at Harvest Years you
must remember to keep track of
your hours in our
RSVP Book located at the
Front Desk.

Any new volunteer, please ask for
the book & track your hours.

HARVEST YEARS' CLOTHING DOLLAR STORE FEATURES

***GENTLY USED WOMEN'S & MEN'S
- CLOTHING - SHOES - HATS -***

ALL PRICED AT \$1.00 EACH

***STORE IS OPEN MONDAY - FRIDAY
8:30 AM - 3 PM***

New Items Added Daily

You are invited to stop by and

PERIPHERAL NEUROPATHY WARNING!



Dover, DE - The most common method your doctor will recommend to treat your neuropathy is with prescription drugs that may temporarily reduce your symptoms. These drugs have names such as Gabapentin, Lyrica, Cymbalta and Neurontin, and are primarily antidepressant or anti-seizure drugs. These drugs may cause you to feel uncomfortable and have a variety of harmful side effects.



Figure 1: Notice the very small blood vessels surrounding each nerve.

Peripheral neuropathy is a result of damage to the nerves often causing weakness, pain, numbness, tingling and most debilitating balance problems. This damage is commonly caused by a lack of blood flow to the nerves in the hands and feet which causes the nerves to begin to degenerate due to lack of nutrient flow.

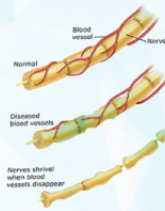


Figure 2: When these very small blood vessels become diseased they begin to shrivel up and the nerves begin to degenerate.

In order to effectively treat your neuropathy three factors must be determined

- **What is the underlying cause?**
- **How Much Nerve Damage Has Been Sustained.**
NOTE: Once you have sustained 85% nerve loss, there is likely nothing that we can do for you.
- **How much treatment will your condition require?**

The treatment that Dr. Steve Goldschlager, D.C. provides has three main goals

- 1) **Increase blood flow**
- 2) **Stimulate small fiber nerves**
- 3) **Decrease brain-based pain**

Figure 3: The blood vessels will grow back around the nerves much like a plant's roots grow when watered.



Dr. Steve Goldschlager, D.C. will do a neuropathy severity examination to determine the extent of the nerve damage for only \$60.00 for the first 25 callers. This neuropathy severity examination will consist of a detailed sensory evaluation, and a detailed analysis of the findings of your neuropathy.

Call 302-735-5501
to make an appointment to see if Dr. Goldschlager can help you.

Note: We are located at 77 Greentree Drive in the Greentree Shopping Center.

Supplemental Nutrition Assistance Program

Putting Healthy Food Within Reach
assist.dhss.delaware.gov

Meet Oscar Sebastian at 11 AM on the second Tuesday of each month during 2018. If you are 50 years old or older, Oscar can answer any questions you may have about the SNAP program or he can assist you in filling out the required application.



If you are unable to stop in to see Oscar please feel free to call him at 302 734-1200 Extension 174

AARP DRIVER SAFETY COURSE

Harvest Years Senior Center
30 South Street, Camden, DE



MONDAY, MAY 21, 2018
9 AM - 1 PM

REFRESHER COURSE ONLY

Member: \$15.00 per person
Non-Member: \$20.00 per person
Make Checks Payable To: AARP

CALL 302 698-4285 FOR YOUR RESERVATION



**You Are All Invited To Join Us
For Lunch At
Harvest Years Senior Center**

Monday thru Friday - 11:30 AM - 12:30 PM

COST:

Member - \$4.50 - Non-Member - \$7.00

Delicious Food, Nice People & Good Times.
Bring A Friend Too!!

As a courtesy to our Kitchen Staff, please call by 10 AM if you are planning to join us for lunch or to order a take-out meal. Our lunch is cooked fresh daily in our kitchen and we want to be sure we can serve everyone.
698-4285

JOIN HARVEST YEARS AND SAVE \$1.00 !!
FOR NEW MEMBERS ONLY IN 2018

YOU ARE ENTITLED TO A ONE-TIME **\$1.00 OFF** SAVINGS COUPON TOWARDS YOUR 1st LUNCH AT HARVEST YEARS SENIOR CENTER. SEE FRONT DESK RECEPTIONIST FOR YOUR \$1.00 OFF COUPON.



***Our Soup Kitchen will be Open thru May
Please call for our Daily Soup selection.***

EXTRA IN-HOUSE ITEMS

Desserts \$2.00 each
Just Entrees \$3.00 each
Starch/Vegetable \$2.00 each

Homemade Desserts
\$3.00 Cup / \$4.00 Pint / \$7.00 Quart

Sandwich entree price to be determined that day.
Any Other Items - See Tom or Marguerite

*As of October 1, 2016 we added an additional charge of \$1.00 for **TO-GO MEALS**.

Bon Appetite!!

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We Serve

Camden Lions Club

**"Unselfish Service to the
Community"**

**The Camden Lions Club meets monthly at
Harvest Years Senior Center
30 South Street, Camden, DE.**

***May Meeting
Monday, May 14 2018***

***Dinner: 6:30 PM - Meeting Follows
Lions Club
Ready to Help, Worldwide***

Whenever a Lions club gets together problems get smaller, and communities get better. That's because we help where help is needed - in our own communities or around the world - with unmatched integrity and energy.

TRANSPORTATION SERVICES

The Harvest Years Senior Center offers transportation to and from the center. Our pick-up times are between **9 AM to 10 AM** and the return time will start between **1 PM to 2 PM**. Members can apply for transportation at our front desk. Bus plan tickets may be purchased at our front desk. You may purchase tickets ahead of time. **You must reserve your slot 24 to 48 hours ahead of time.** Cost per trip is:

\$.50 per Trip
\$ 5.00 for 10 Trips
\$ 10.00 for 20 Trips
\$ 20.00 for 40 Trips



***Art Classes
Harvest Years Senior Center***

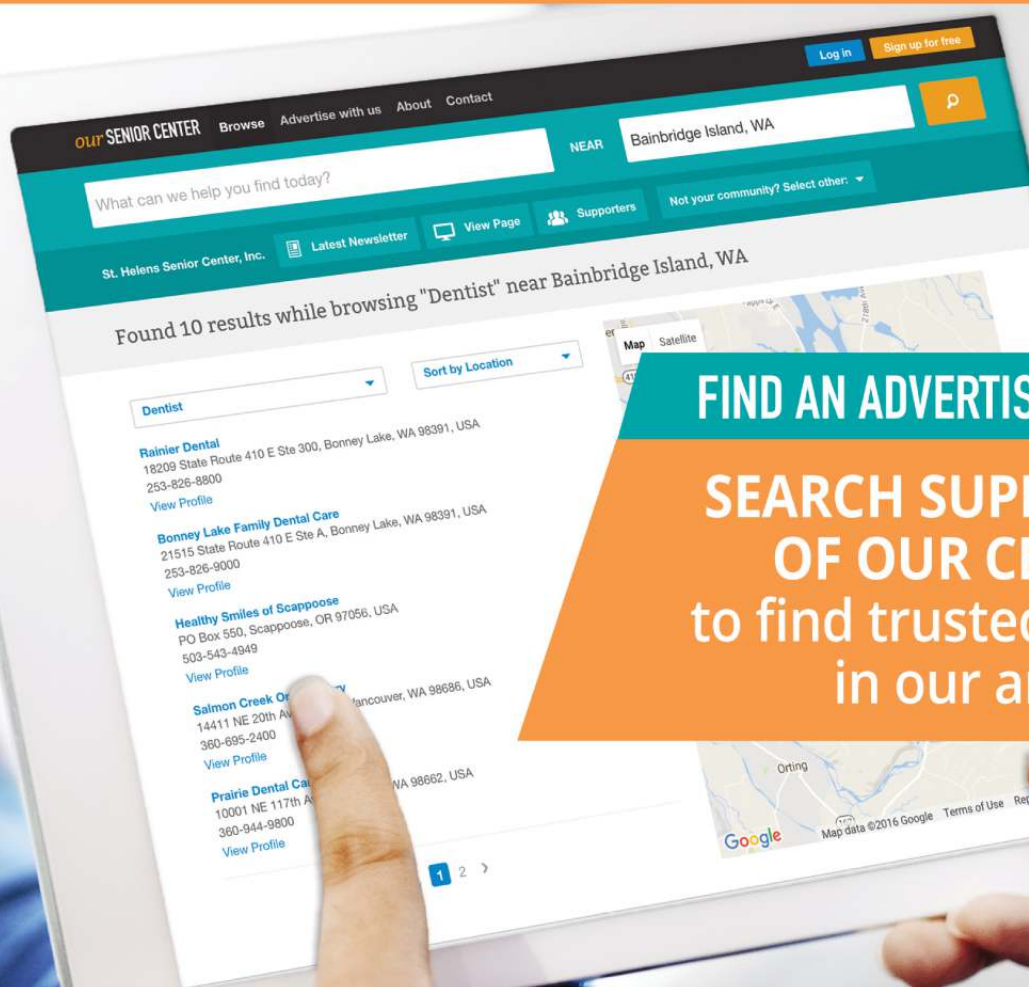
If you are interested in learning how to put your 'hidden artistic talents' onto canvas, you are welcome to join our art classes twice a month.

The cost for four classes is \$30.00.

**Classes: Wednesdays - 1 PM - 3 PM
Call DIANE for more Information: 698-4285**

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Harvest Years Senior Center, Camden, DE

06-5270



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