

Living the Dolphin Way Retreat Itinerary

May 5-11, 2019

Bimini, Bahamas



Sunday, May 5 Arrive at Bahia Mar Hotel, Ft. Lauderdale, Florida

- 4:00 pm— Check in to Bahia Mar Hotel
- 5:30 pm— Meet your leader and group
- 6:30 pm— Dinner together as group (dinner not included)

Monday, May 6 Travel to Bimini and Meet the Dolphins

- Breakfast at the hotel.
- 6:45 am— Meet in hotel lobby and drive to airport
- 8:30 am— Flight to Bimini
- 9:00 am— Arrive in Bimini, pass immigration and customs
- 9:30 am— Water taxi to WildQuest
- 10:00 am— Room assignment and orientation
- 11:00 am pack lunch and snorkel check
- 12:00 pm— Depart on catamaran to meet the dolphins
- 5:00 pm— arrive back at WildQuest
- 6:00 pm Dinner at WildQuest
- 7:30 pm Dolphin Wisdom teaching and Meditation

Tuesday & Wednesday, May 7 & 8 Swim with the Dolphins

- Morning yoga (optional)
- Breakfast at the hotel.
- 9:00 am— Free time and pack lunch for the day
- 11:00 am— Depart on catamaran to find the dolphins
- 5:00 pm— Arrive back at WildQuest
- 6:00 pm Dinner at WildQuest
- 7:30 pm Dolphin Wisdom teaching and Meditation

Thursday, May 9 Celebrate with the Dolphins

- Morning yoga (optional)
- Breakfast at the hotel.
- 9:00 am— Free time and pack lunch for the day
- 11:00 am— Depart on catamaran to find the dolphins
- 5:00 pm— Arrive back at WildQuest
- 6:00 pm Dinner and Dancing out at local restaurant (dinner not included)

Friday, May 10 Farewell and Gratitude to the Dolphins

- Morning yoga (optional)
- Breakfast at the hotel.
- 9:00 am— Free time and pack lunch for the day
- 11:00 am— Depart on catamaran to find the dolphins
- 5:00 pm— Arrive back at WildQuest
- 6:00 pm Dinner at WildQuest
- 7:30 pm Dolphin Wisdom teaching and Meditation

Saturday, May 11 Goodbye to Bimini

- Morning yoga (optional)
- Breakfast at the hotel.
- 9:00 am— Water taxi to airport
- 10:00 am— Flight to Ft. Lauderdale
- 11:00 am— Clear Customs and say goodbye to all of your new friends.

