

What's Cooking in the Kitchen: For the Week of: Sept. 29 - Oct 3, 2025

MONDAY

BREAKFAST: Oatmeal, Mixed Berries (from Frozen), Milk

LUNCH: Italian Wedding Soup, Low Sodium Saltines, Cantaloupe, Milk

PM SNACK: Cinnamon Belvita Breakfast Biscuits, Applesauce, Water

TUESDAY

BREAKFAST: Special K w/ **RED** Berries, Bananas, Milk

LUNCH: Vegetable Lasagna **ORGANIC** Broccoli, Apple Pear Slices, Milk

PM SNACK: Milton's Sea Salt Crackers, Dried Mangos, Water

WEDNESDAY

BREAKFAST: Sun Butter & Jelly Tortilla Wraps, **RED** Apple Slices, Milk

LUNCH: Beef Tacos w/Shredded Lettuce, Shredded Cheese, Mild Salsa on the Side, **SOFT Tortillas for Infants & YT**, Corn (from Canned), Orange Wedges, Milk

PM SNACK: Cheddar Cheese Sticks, Black Olive Halves, Ritz Crackers, Water

THURSDAY

BREAKFAST: WARM Bagel Quarters, Whipped Cream Cheese, Chicken Sausage, Strawberries, Milk

LUNCH: Meatloaf made w/ Onion Soup, Mashed Potatoes w/ Brown Gravy, Honeydew Melon, Milk

PM SNACK: Veggie Straws, **ORGANIC** Fruit & Veggie Pouches, Water

FRIDAY

BREAKFAST: Yogurt (Half Greek, Half Vanilla, Nut Free Granola, Blueberries (from Frozen), Milk

LUNCH: Hot Dogs (split Lengthwise), French Fries, **ORGANIC** Ketchup & Mustard on the Side, Fruit Salad, Milk

PM SNACK: Snack Mix: Pretzel Sticks, Goldfish, Rice Chex, (INFANTS: Goldfish), Water