

# Sunrunners 10K 2019

## Age Group Results

### 10K Run

Race Date  
February 24, 2019

#### Male Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jaymes Cole	Altamonte Springs FL	22	9517	1	38:23.51	6:11/M

#### Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mark Swart	Jensen Beach FL	51	9571	2	40:43.57	6:34/M

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### 10K Run

#### Male 16 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jacob Niederman	Wyckoff NJ	18	9413	114	1:13:52.91	11:55/M

#### Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jordan Lulich	Sebastian FL	24	9568	22	51:09.90	8:15/M

#### Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Patrick Sullivan	Vero Beach FL	34	9572	11	46:47.25	7:33/M
2 *	Chris Rodilosso	Vero Beach FL	30	9421	66	1:01:13.19	9:52/M
3 *	Chris Chammoun	Tifton GA	33	9471	100	1:09:24.18	11:12/M
4	Joshua Moreno	Fort Pierce FL	30	9437	109	1:12:42.87	11:44/M

#### Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Sean Mickley	Vero Beach FL	36	9408	76	1:03:20.53	10:13/M
2 *	Richard Boga	Vero Beach FL	35	9533	146	1:29:52.38	14:30/M

#### Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Andre Rezende	Miami FL	44	9455	4	41:17.22	6:40/M
2 *	Jake Malarney	Sebastian FL	43	9565	10	46:30.28	7:30/M
3 *	Tristram Colket	Vero Beach FL	41	9443	61	1:00:34.38	9:46/M

#### Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Michael Simms	Indialantic FL	45	9431	3	40:52.84	6:35/M
2 *	Barry Segal	Vero Beach FL	49	9559	9	46:06.48	7:26/M
3 *	Dylan Reingold	Vero Beach FL	45	9429	12	46:52.66	7:34/M
4	Shawn Morin	Vero Beach FL	48	9416	18	49:42.48	8:01/M
5	Alejandro Remy	Vero Beach FL	46	9488	24	51:54.68	8:22/M
6	James Jensen	Vero Beach FL	47	9561	35	55:00.33	8:52/M
7	Glenn Rustay	Vero Beach FL	48	9502	48	57:26.79	9:16/M

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#### Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
8	Tom Stull	Vero Beach FL	48	9523	77	1:03:21.73	10:13/M

#### Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Mike Early	Williston VT	54	9451	5	41:27.94	6:41/M
2 *	Brian Masters	Vero Beach FL	54	9477	6	44:50.75	7:14/M
3 *	Guy Scott		53	9567	7	45:34.23	7:21/M
4	Bruce McMan	Sebastian FL	50	9410	17	49:08.86	7:55/M
5	Mike Smith	Vero Beach FL	53	9482	25	51:58.26	8:23/M
6	Rico Dottin	Fort Pierce FL	54	9448	42	56:15.41	9:04/M
7	Lance Glaab	Vero Beach FL	53	9475	45	57:16.96	9:14/M
8	Charles Jennings	Vero Beach FL	50	9509	51	58:30.55	9:26/M
9	Shawn Hoyt	Vero Beach FL	50	9563	72	1:02:26.98	10:04/M
10	Lance Kimball	Vero Beach FL	53	9480	88	1:05:48.59	10:37/M

#### Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jonny Simpkins		56	9564	15	48:48.48	7:52/M
2 *	David Thornberry	Palm Bay FL	58	9419	19	49:49.98	8:02/M
3 *	Mark Wheeler	Vero Beach FL	56	9445	23	51:14.00	8:16/M
4	Loyde Carpenter Jr	Palm Bay FL	59	9417	32	53:56.90	8:42/M
5	Steve Wilson	Malabar FL	58	9418	58	59:22.18	9:35/M
6	Joseph Torres	Orlando FL	57	9450	120	1:16:07.15	12:17/M
7	Kevin Hrim	Hobe Sound FL	56	9507	141	1:25:53.90	13:51/M

#### Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Charles Sullivan	Vero Beach FL	64	9574	14	47:54.07	7:44/M
2 *	Butch Coffey	Vero Beach FL	63	9485	43	56:53.13	9:10/M
3 *	Don Dysert	Cocoa Beach FL	60	9504	55	59:04.17	9:32/M
4	John Binkley	Vero Beach FL	62	9560	74	1:03:16.63	10:12/M
5	James Murphy	Port St Lucie FL	61	9495	96	1:08:15.82	11:00/M
6	Scot Glasco	Vero Beach FL	60	9511	108	1:11:50.99	11:35/M
7	Mark Niederman	Wyckoff NJ	60	9411	113	1:13:51.98	11:55/M
8	Stan Edge	Jupiter FL	63	9518	149	1:36:27.99	15:33/M

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**10K Run**

**Male 65 to 69**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Steven Norbeck	Vero Beach FL	68	9489	40	56:04.90	9:03/M
2 *	Mike Hanner	Vero Beach FL	66	9430	47	57:24.69	9:15/M
3 *	Eugene O'Neill	Vero Beach FL	68	9537	127	1:19:16.15	12:47/M
4	Bill Minard	Vero Beach FL	67	9438	131	1:23:06.29	13:24/M

**Male 70 to 74**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Robert Dowd	Vero Beach FL	73	9515	52	58:47.02	9:29/M
2 *	Alan Madison	Vero Beach FL	70	9479	97	1:08:54.01	11:07/M
3 *	Robert Conaty	Vero Beach FL	74	9492	104	1:10:33.67	11:23/M
4	Jim Palinkas	Bel Air MD	73	9440	145	1:27:34.02	14:07/M

**Male 75 to 79**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Roy Proudman	Vero Beach FL	78	9436	41	56:13.54	9:04/M
2 *	Jim Moore	Vero Beach FL	79	9556	93	1:07:17.64	10:51/M
3 *	Ed Ruby	Fort Pierce FL	75	9458	138	1:25:20.40	13:46/M

**Male 80 and Over**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Everett Schleter		82	9549	128	1:19:16.45	12:47/M
2 *	Rudi Einhorn	Bethel CT	82	9525	147	1:32:33.06	14:56/M
3 *	Don Palinkas	Vero Beach FL	84	9519	148	1:36:12.35	15:31/M
4	Harold Miller	Jupiter FL	80	9500	150	1:36:28.64	15:34/M
5	Mike Fremont	Cincinnati OH	97	9554	152	1:58:09.65	19:03/M

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### 10K Run

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#### Female Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mary Lunn	Vero Beach FL	55	9526	8	45:39.73	7:22/M

#### Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jennifer Goodall	Sebastian FL	44	9467	13	47:01.19	7:35/M

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## 10K Run

## Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jacqueline Norkus	Lake Forest IL	20	9463	20	49:56.06	8:03/M
2 *	Haizea Lee Gonzalez		23	9569	59	1:00:00.42	9:41/M
3 *	Haley Glaab	Tifton GA	23	9470	103	1:09:54.13	11:16/M
4	Lisa Niederman	Wyckoff NJ	22	9414	105	1:10:40.01	11:24/M
5	Selena Alvarado	Vero Beach FL	23	9415	133	1:23:39.58	13:30/M

## Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Marissa Zimmet	Charlotte NC	25	9538	26	52:10.42	8:25/M
2 *	Dalgis Dunker	West Palm Beach FL	27	9433	46	57:20.31	9:15/M
3 *	Chelsea Hannon		29	9578	89	1:06:02.35	10:39/M
4	Megan Ryan	Fort Pierce FL	25	9456	99	1:09:12.77	11:10/M
5	Lindi Parrish	Vero Beach FL	26	9404	116	1:14:39.90	12:02/M
6	Gina Scharr	Vero Beach FL	28	9531	117	1:15:28.35	12:10/M
7	Alexis Niederman	Wyckoff NJ	26	9412	121	1:16:30.15	12:20/M
8	Tanilya Martin	Vero Beach FL	29	9490	122	1:17:07.86	12:26/M

## Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Adel Rubio	Vero Beach FL	33	9498	21	50:01.48	8:04/M
2 *	Adilene Magana	Vero Beach FL	31	9441	28	52:16.87	8:26/M
3 *	Alexandra Penry	Arlington MA	34	9446	53	58:50.73	9:29/M
4	Courtney Rodilosso	Vero Beach FL	30	9420	65	1:01:13.14	9:52/M
5	Lyndesy Matheny	Vero Beach FL	33	9521	78	1:03:51.28	10:18/M
6	Darcy Fritz	Orlando FL	34	9462	80	1:04:01.42	10:20/M

## Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Monica Holbrook	Vero Beach FL	35	9573	31	52:50.51	8:31/M
2 *	Shivani Singh	Jersey City NJ	36	9402	57	59:12.10	9:33/M
3 *	Colleen Higgins	Sebastian FL	36	9409	62	1:00:40.64	9:47/M
4	Amy Bickar	Carnegie PA	36	9457	67	1:01:18.01	9:53/M
5	Erin Rains	Vero Beach FL	37	9510	73	1:02:40.40	10:06/M
6	Kristin Mickley	Vero Beach FL	36	9407	75	1:03:18.86	10:13/M
7	Allison Mann	Sebastian FL	35	9452	79	1:03:55.39	10:19/M
8	Whitney Johnson	Vero Beach FL	39	9459	82	1:04:22.26	10:23/M

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#### Female 35 to 39

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9	Jessica Upchurch	Vero Beach FL	37	9444	94	1:07:26.51	10:53/M
10	Candice Young	Vero Beach FL	35	9508	130	1:20:58.40	13:04/M
11	Stephanie Tate	Vero Beach FL	38	9501	132	1:23:37.71	13:29/M

#### Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Erin Schuck	Indian Harbour Beach	44	9516	34	54:56.78	8:52/M
2 *	Kim Henry	Port Saint Lucie FL	41	9540	36	55:34.81	8:58/M
3 *	Melanie Lockhart	Vero Beach FL	44	9461	39	55:50.91	9:00/M
4	Nancy Baker	Vero Beach FL	44	9428	64	1:00:48.66	9:48/M
5	Casandra Flores	Vero Beach FL	40	9460	124	1:18:09.78	12:36/M
6	Amy Taylor	Port Saint Lucie FL	44	9442	134	1:23:41.10	13:30/M
7	Lindsey Curran	Vero Beach FL	44	9435	144	1:27:10.87	14:04/M

#### Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Ruth Reed	Vero Beach FL	49	9406	38	55:46.44	9:00/M
2 *	Tammy Davis	Vero Beach FL	49	9483	44	57:11.59	9:13/M
3 *	Jacque Miller		49	9484	60	1:00:20.19	9:44/M
4	Nadine Armstrong	Sebastian FL	48	9499	63	1:00:43.43	9:48/M
5	Lenora Ritchie	Vero Beach FL	49	9547	68	1:01:27.18	9:55/M
6	Susy Meade	Vero Beach FL	48	9472	81	1:04:16.20	10:22/M
7	Michelle Torres	Orlando FL	48	9449	84	1:04:42.07	10:26/M
8	Terri Dottin	Fort Pierce FL	46	9447	90	1:06:08.64	10:40/M
9	Suzanne Curry	Vero Beach FL	46	9577	91	1:06:34.66	10:44/M
10	Rhonda Smith	Vero Beach FL	48	9469	101	1:09:38.58	11:14/M
11	Kelly Anderson	Port St Lucie FL	49	9541	115	1:14:05.20	11:57/M
12	Beth Bromer	Vero Beach FL	46	9464	123	1:17:54.39	12:34/M
13	Maria Berman	Port Saint Lucie FL	47	9530	125	1:18:29.27	12:40/M
14	Theresa Wood	Sebastian FL	45	9575	137	1:24:15.25	13:35/M

#### Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Debra Daley	Jensen Beach FL	51	9529	16	48:53.83	7:53/M
2 *	Kelly Machado	Fort Pierce FL	50	9494	85	1:04:46.37	10:27/M
3 *	Priyanka Singh	Vero Beach FL	50	9432	87	1:05:41.84	10:36/M

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Age Group Results

## 10K Run

## Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
4	Sandy Scott		53	9566	110	1:12:50.07	11:45/M
5	Lynda Gray	Vero Beach FL	54	9520	119	1:16:07.11	12:17/M
6	Robin Sullivan	Vero Beach FL	50	9562	135	1:23:47.55	13:31/M

## Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Roxanne Bachman	Fort Pierce FL	55	9434	27	52:11.20	8:25/M
2 *	Jocelyn Zimmet	Tampa FL	57	9539	29	52:34.54	8:29/M
3 *	Marianne Day	Vero Beach FL	58	9503	30	52:41.61	8:30/M
4	Cynthia Broom		56	9570	33	54:01.89	8:43/M
5	Lori Lazorik	Fort Pierce FL	56	9557	37	55:42.54	8:59/M
6	Randi Garvey	North Palm Beach FL	59	9532	50	57:59.72	9:21/M
7	Maria Lawson	Vero Beach FL	55	9548	69	1:01:27.49	9:55/M
8	Leslie Howard	Vero Beach FL	56	9522	71	1:02:14.06	10:02/M
9	Connie Pitcher	Sebastian FL	56	9491	98	1:09:03.69	11:08/M
10	Sandra Etlinger	Port St Lucie FL	58	9496	106	1:10:55.25	11:26/M
11	Barbara Scheurer	Saratoga Springs NY	58	9465	112	1:13:21.67	11:50/M
12	Anne Spector	Palm City FL	57	9513	126	1:18:53.52	12:43/M
13	Beverly Glenn	Cocoa FL	57	9401	129	1:20:19.81	12:57/M
14	Candace Carter	Vero Beach FL	59	9576	136	1:24:14.66	13:35/M
15	Marybeth Hrim	Hobe Sound FL	57	9506	142	1:25:53.98	13:51/M
16	Donna McGrath		57	9527	151	1:40:52.23	16:16/M

## Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Sabrina Maxwell	Sebastian FL	60	9493	54	58:52.24	9:30/M
2 *	Iris Madison	Vero Beach FL	62	9478	83	1:04:41.70	10:26/M
3 *	Heidi Fritz	Vero Beach FL	64	9524	92	1:06:44.49	10:46/M
4	Linda Soresi	Vero Beach FL	64	9476	95	1:08:01.52	10:58/M
5	Susan Hanner	Vero Beach FL	64	9487	107	1:11:42.05	11:34/M

## Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Mindy Struwas	Vero Beach FL	66	9505	49	57:46.40	9:19/M
2 *	Margot Ingrassia		68	9545	70	1:01:46.18	9:58/M
3 *	Sara Jenkins	Vero Beach FL	67	9426	86	1:05:40.87	10:35/M



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#### Female 65 to 69

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4	Eileen Youngblood	Vero Beach FL	66	9486	102	1:09:40.01	11:14/M
5	Pat Palinkas	Bel Air MD	69	9439	111	1:13:18.87	11:49/M
6	Anne Cahill	Vero Beach FL	65	9403	139	1:25:22.54	13:46/M
7	Debra Kappel	Vero Beach FL	67	9468	140	1:25:31.01	13:48/M

#### Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Diane Stoneking	Minneapolis MN	71	9544	56	59:11.97	9:33/M
2 *	Ana Bernal	Vero Beach FL	71	9474	118	1:15:38.59	12:12/M
3 *	Barbara Jahn	Vincent OH	70	9481	143	1:26:54.03	14:01/M