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HOURS
Monday - 8 AM - 3 PM
Tuesday - 8 AM - 3 PM
Wednesday - 8 AM - 3 PM
Thursday - 8 AM - 3 PM
Friday - 8 AM - 3 PM
Closed Saturday & Sunday

Memorial Day Service
Friday, May 24, 2019
11 A.M.
Harvest Years Senior Center
30 South Street
Camden, DE 19934

Former President George W. Bush reminded citizens why it's important to remember our military families in prayer on Memorial Day:

"They defended our nation, they liberated the oppressed, they served the cause of peace. And all Americans who have known the loss and sadness of war, whether recently or long ago, can know this: The person they love and miss is honored and remembered by the United States of America."

--George W. Bush, Memorial Day Address, 2004
Happy “May Birthdays”

1 Mildred Dennis
1 Donna Ebell
3 Rosalie Boryszewski
4 Gloria Sanders
9 Alice Coventry
9 Greta Fountain
10 Patricia Eccles
10 Rose Ann Martorano
11 Mary Cahill
11 Julia Cheng
12 Timothy Murray
12 Catherine Register
12 Lee Severson
14 Carol DeGraves
15 Bruce MacGloan
15 Maureen Reb
16 Avis Trippett
17 William Green
17 Rica Irvin
18 Frances Harvey
18 Gretta Strider
19 Lucille Harvey
20 David Baird
20 Betty Haley
22 Deborah Koenig
22 John Miller
23 Janice Chilcote
23 Bill Hufnal
23 Helen Radtka
24 Michele Dohner
26 Ann Cahill
26 Gloria Carey
26 Betty Ray
29 Lee Kingery
30 Barbara Pavelka
30 Bonnie Procopio

Laughter Is The Best Medicine

I have reached the age where my “train of thought” often leaves the station without me.

CHILDHOOD INJURIES: Fell off my bike, Fell out of a tree, Twisted my ankle……..ADULT INJURIES: Slept wrong, Sat down too long, Sneeze too hard!!

***PLEASE BE SURE TO CALL** (302) 698-4285***

***PLEASE MAKE YOUR (RESERVATION) FOR A FREE BIRTHDAY LUNCH***

We invite you to a BIRTHDAY LUNCH here at Harvest Years as part of your membership. HOWEVER, you must attend the BIRTHDAY CELEBRATION on our “BIRTHDAY DAY” which is always the third Thursday of each month. You must “eat-in”. You may not “take-out” the free meal. If you do not see your name on the list of names for MAY 16 it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to see Tom or Diane….. HAPPY BIRTHDAY and Thank You...

LUNCH IS SERVED DAILY MONDAY THRU FRIDAY 11:30 AM - 12:30 PM
YOU MUST CALL HARVEST YEARS SENIOR CENTER TO MAKE YOUR LUNCH RESERVATION by 10 AM. LET US KNOW IF YOU WILL BE CELEBRATING YOUR BIRTHDAY WITH US PRIOR TO MAY 16, 2019.
PLEASE CALL (302) 698-4285.

Welcome Eric Williams
Community Relations Officer  -  Dover Federal Credit Union
Eric will be discussing Identity Theft, how to protect yourself against the Most Common Types of Fraud.
We have shivered and splashed our way through the April showers, and now it is finally time for some May Flowers. We have plenty of Spring activities planned here at the Harvest Years to keep us busy. All are guaranteed to put a ‘Spring’ in your step.

We will celebrate and remember all of our mothers and grandmothers with a special “Mother’s Day Luncheon” on Wednesday, May 8th. A delicious menu and special gifts for our mothers are planned. Gentlemen, please come help us celebrate these great ladies that are in our lives.

May, 2019 is also when we celebrate National Older Americans Month. This year’s campaign theme is Connect, Create, Contribute, encouraging older adults and their communities to connect with friends, family and services that support participation.

The month of May also brings us some much needed fundraisers. On May 10th we will host a Spaghetti Dinner from 4 PM - 7 PM. On May 17th our Sub Sale is scheduled. Please call ahead to place your orders. On the following day, May 18th we will again have a Yard Sale. It will be indoors so we can have it rain or shine. If you are able to volunteer for any of these events, please see the front desk receptionist as soon as possible.

Lastly, please join us for our Memorial Day Tribute on Friday, May 24th. We will honor the United States Military and all who gave their lives for our country. Please mark your calendars for this special event.

Here’s to enjoying some beautiful Spring Days!
Harvest Years
Senior Center’s

SUB SALE
FRIDAY, MAY 17, 2019

Choice of:
Turkey, Italian, Vegetarian

6” - $6.50
12” - $7.50

SUBS MUST BE PRE-PAID AND ORDERED NO LATER THAN MAY 13th.

Mother’s Day Luncheon And Bake Sale

Let’s celebrate all our Moms and Grandmas with a fabulous Mother’s Day Luncheon.

Wednesday, May 8th at 10:30 A.M.

While here at the Center you may want to purchase freshly homemade cakes, pies, cookies, breads or rolls for your dinner on Mother’s Day, Sunday, May 12th.

If you would like to donate a baked item to the sale please call and let us know. We appreciate whatever you can provide.

WE’RE HIRING
AD SALES EXECUTIVES

- Full Time Position with Benefits
- Sales Experience Preferred
- Paid Training
- Overnight Travel Required
- Expense Reimbursement

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careers@4LPi.com • www.4LPi.com/careers

Reach the Senior Market
ADVERTISE HERE

Anita Aguilar to place an ad today!
aaguilar@lpiseniors.com
or (800) 477-4574 x2677
2019 TRIPS

MAY: Friday, May 3rd - Let’s visit the United States Marine Corps Museum, Quantico, VA. All Inclusive: Tour Bus, Driver Gratuity and a Private Tour of the Museum. $50.00 Per Person Lunch on your own in one of the two restaurants in the Museum.

JUNE: Monday, June 17 - Saturday, June 22nd - Springtime in Connecticut and The Newport Rhode Island Flower Show - Call for Itinerary - All Inclusive: $779.00 PP Dbl. Occupancy - Singles add $250.00 additional. RATED: ( MD )

JULY: Tuesday, July 16th - American Music Theatre Presents “Ovation” - A must see Musical Theatre Show!! All Inclusive: $90.00 Per Person. Tour Bus, Driver Gratuity, Show Tickets and Lunch at Huckleberry’s Restaurant RATED: ( E )

AUGUST: Wednesday, August 7th - Rainbow’s Comedy Playhouse - “DIVORCE SOUTHERN STYLE” - All Inclusive: $89.00 Per Person - RATED: ( E )

AUGUST: Tuesday, August 27th - Riverboat Queen Paddleboat Excursion along the Delaware River. Dine aboard and enjoy the beautiful ride and watch the sun set on the way back to dock. All Inclusive: $110.00 Per Person - Tour Bus, Driver Gratuity, Dinner and our own Private Charter. SOLD OUT!!

SEPTEMBER: Tuesday, September 17th - Visit the U.S. Holocaust Memorial Museum, Washington, DC - $55.00 Per Person - Lunch off the Menu & on your own at the Fisherman’s Inn on the way home.

SEPTEMBER: Monday, September 30th - Friday, October 4th - Let’s visit the White Mountains of New Hampshire - TRAINS ACROSS AMERICA will be a filled with exquisite beauty, train rides, delicious food, sight-seeing and more. $735.00 PP Dbl. Occupancy. ( $200.00 Add’l for Single). Trip Insurance Recommended.

OCTOBER: Thursday, October 10th - Dutch Apple Theatre - “Will Rogers Follies” - ALL INCLUSIVE - $90.00 Tour Bus Transportation, Driver Gratuity, Buffet Lunch, Show Tickets

OCTOBER: Saturday, October 26th - Hudson River Cruise to Cold Spring, New York - Fabulous day trip as we Cruise up the Hudson River passing West Point - Fall Foliage galore at this time of the year. All Inclusive: Tour Bus, Driver Gratuity, Seastreak Ship, Lunch at the famous Hudson House River Inn - $170.00 Per Person

NEWS FLASH: JUNE 26TH FULTON THEATRE presents: “MAMA MIA” - TICKETS ARE AVAILABLE—$90.00 PP

I HAVE SEVERAL MORE TRIPS IN THE PROCESS OF BEING PLANNED. MORE ON THESE TRIPS IN THE UPCOMING NEWSLETTERS.

2020 TRIPS

AUGUST: Wednesday, August 12, 2020 - QUEEN ESTHER at the SIGHT & SOUND THEATRE - ONLY 12 MORE SEATS AVAILABLE FOR THIS SHOW. CALL FOR DETAILS ASAP.

TRIP TO IRELAND: SEPTEMBER 2020 - DETAILS TBA SOON.

TRIP TO SOUTH DAKOTA: JUNE 2020 - Deadwood, Mt. Rushmore, Custer State Park, Crazy Horse Memorial, Badlands National Park, and much more! DETAILS TBA SOON.
### MAY 2019 MENU

<table>
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| **SHOW YOUR SUPPORT**  
**MAY 18, 2019**  
**ARMED FORCES DAY** | **MAY 12, 2019**  
**HAPPY Mother's DAY** | 1. Baked Pork Chops  
Roasted Potatoes  
Succotash  
Bread or Rolls  
Jell-O/Whipped Cream | 2. Beef Stew  
Biscuit  
Applesauce  
Fruit | 3. **CINCO de MAYO**  
Taco’s  
Hard or Soft  
Fix’ins Bar  
Chips/Salsa  
Assorted Desserts |
| 6. Navy Bean Soup  
Turkey & Cheese  
Sandwich  
Lettuce/Tomato  
Brownie | 7. Rotisserie Chicken  
Potatoes Au Gratin  
Vegetable Blend  
Bread or Rolls  
Fruit Cocktail | 8. **Mother’s Day Lunch**  
Roasted Pork Loin  
Mashed Potatoes  
Gravy/Green Beans  
Rolls  
Cakes or Rolls | 9. Baked Lasagna  
House Salad  
Italian Bread  
Sherbet | 10. Tomato Soup  
Grilled Ham & Cheese  
Pickle/Chips  
Assorted Desserts |
| 13. Chef’s Salad  
Ham, Turkey, Cheese,  
Tomato, Egg,  
Sweet Roll  
Fruit | 14. Roast Beef w/Gravy  
Mashed Potatoes  
Peas & Carrots  
Bread or Rolls  
Chocolate Pudding | 15. Spaghetti w/Meatsauce  
Tossed Salad  
Italian Bread  
Tropical Fruit | 16. **Happy Birthday Lunch**  
Oven Fried Chicken  
Scalloped Potatoes  
Mix Vegetables  
Bread or Rolls  
Ice Cream & Cake | 17. Tuna Salad Sub  
Lettuce/Tomato  
Pickle/Chips  
Assorted Desserts |
| 20. Cheeseburger on a Bun  
Lettuce/Tomato  
Chips  
Fruit | 21. Liver & Onions  
Mashed Potatoes  
Buttered Beets  
Bread or Rolls  
Fruit Cocktail | 22. Baked Meatloaf  
Mashed Potatoes/Gravy  
Peas  
Bread or Rolls  
Peaches | 23. Baked Flounder  
Macaroni & Cheese  
Stewed Tomatoes  
Bread or Rolls  
Jell-O/Whipped Cream | 24. **Memorial Day Service**  
BBQ Chicken  
Baked Beans  
Pasta Salad  
Bread or Rolls  
Assorted Desserts |
| 27. **CLOSED** | 28. Cobb Salad  
Turkey, Bacon, Egg,  
Lettuce, Tomato, Blue  
Cheese  
Cookie | 29. Baked Salmon  
Roasted Potatoes  
Broccoli  
Bread or Rolls  
Brownie | 30. Sweet & Sour Chicken  
Rice  
Broccoli  
Bread or Rolls  
Pineapple | 31. Tom’s 3 Bean Chili  
Rice  
Tossed Salad  
Cornbread  
Assorted Desserts |

**IMPORTANT INFORMATION FOR YOU**

Anyone taking a trip with Harvest Years Senior Center must carry a photo **ID**. Many of our trips will require security screenings. If you do **not** bring your **ID** you will not be permitted on the trip.

**THANK YOU**
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| **MAY 18, 2019** | **MAY 12, 2019** | 1. *9:30 AM - 10:30 AM*  
*Land Aerobics*  
9 AM - 11:30 AM *Ceramics*  
12:30 - *Hand & Foot*  
*$5 - 5:45 PM FEARLESS YOGA$*  
2. *$8:30 AM - Yoga$*  
9:45 AM - *L.I.F.E. Aerobics Class*  
3.  
12 NOON - *Mah Jong*  
12:30 - *Spades*  
6.  
9:45 AM - *L.I.F.E. Aerobics Class*  
9:30 AM - 500 *Rummy*  
*$5 - 5:45 PM FEARLESS YOGA$*  
7.  
*$8:30 AM - Yoga$*  
9:30 AM - *Crafts*  
12 NOON - *Domino’s*  
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**Support the advertisers that support our community.**
Don’t know what to do now that you’ve turned on your computer or smart phone?

Let Terry help you! Terry Anderson, a retired Air Force Pilot and retired from the Department of Education, has volunteered his time and expertise to teach a one on one computer class.

Terry has now offered to teach a one on one class on how to use your Smart Phone. If you know the basics but would like to know more, please give your name and telephone number to Diane and she will set up an appointment with the “Computer Guy”!

Call Diane: 302 698-4285

Art Classes
Harvest Years Senior Center
If you are interested in learning how to put your ‘hidden artistic talents’ onto canvas, you are welcome to join our art classes twice a month.

The cost for four classes is $30.00.
Classes: Wednesdays - 1 PM - 3 PM
Call DIANE for more Information: 698-4285
Come In and Join Us For This Fun, Exciting and Educational Class!!
Bonus! Meet New Friends

Golden Dinner Club
Betsy Ross Pizza
Route 8, Dover, De
Monday, May 20, 2019 - 4:30 PM

Everyone is welcome to join us for our monthly fundraiser. Bring all your family & friends for a fun night out!!
Let me know if you are coming. Diane
Supplemental Nutrition Assistance Program

Putting Healthy Food Within Reach
assist.dhss.delaware.gov

Meet Oscar Sebastian at 11 AM on the second Tuesday of each month during 2019. If you are 50 years old or older, Oscar can answer any questions you may have about the SNAP program or he can assist you in filling out the required application.

If you are unable to stop in to see Oscar please feel free to call him at 302 734-1200 Extension 174.

Harvest Years Senior Center, Inc.

MEDICAL APPOINTMENTS SERVICE

If you are in need of our "Medical Appointment Service", please call our front desk at 698-4285 to schedule your ‘Pick-Up Time’. Pick-Up times should be made 2 - 3 weeks in advance, no later than 48 hours in advance. We will provide this service between the hours of 8 AM - 2 PM, Monday thru Friday. We will pick you up 1/2 hour prior to your scheduled appointment. There will be a $3.00 Trip Charge payable by cash, check, or money order. We will not go into Sussex County or New Castle County due to cost. Call Harvest Years Senior Center for more information and scheduling.

HARVEST YEARS' CLOTHING DOLLAR STORE FEATURES

GENTLY USED WOMEN’S & MEN’S
- CLOTHING - SHOES - HATS -
ALL PRICED AT $1.00 EACH

STORE IS OPEN MONDAY - FRIDAY
8:30 AM - 3 PM
New Items Added Daily
You Are All Invited To Join Us
For Lunch At
Harvest Years Senior Center
Monday thru Friday - 11:30 AM - 12:30 PM

**COST:**
Member - $4.50 - Non-Member - $7.00

Delicious Food, Nice People & Good Times.
Bring A Friend Too!!

As a courtesy to our Kitchen Staff, please call by 10 AM if you are planning to join us for lunch or to order a take-out meal. Our lunch is cooked fresh daily in our kitchen and we want to be sure we can serve everyone.

**698-4285**

JOIN HARVEST YEARS AND RECEIVE A $1.00 OFF COUPON TOWARDS YOUR 1st LUNCH WITH US!!
FOR NEW MEMBERS ONLY - 2019

It’s Spring and *Our Soup To Go* will continue until the end of MAY. Call Daily for Soup Specials.

**EXTRA IN-HOUSE ITEMS**
- Desserts $2.00 each
- Just Entrees $3.00 each
- Starch/Vegetable $2.00 each
- Homemade Soups $3.00 Cup / $4.00 Pint / $5.00 Quart

Sandwich entree price to be determined that day.
Any Other Items - See Tom or Marguerite

*As of October 1, 2016 we added an additional charge of $1.00 for TO-GO MEALS.
Bon Appetite!!

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SEARCH SUPPORTERS OF OUR CENTER to find trusted services in our area!

Sign up to have our newsletter emailed to you! ourseniorcenter.com
God Bless Our Troops
Always remember to keep them all in Our Daily Thoughts and Prayers…..

MAY 2019
Please Donate to The USO