

Harvest Years

1977



2019

Senior Center

30 SOUTH STREET, CAMDEN, DE 19934

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HOURS

Monday - 8 AM - 3 PM
 Tuesday - 8 AM - 3 PM
 Wednesday - 8 AM - 3 PM
 Thursday - 8 AM - 3 PM
 Friday - 8 AM - 3 PM
 Closed Saturday & Sunday

Harvest Years Senior Center, Inc. Board of Directors 2019

Richard Reynolds.....President
 Don Blakey.....Vice President
 Linda McDonald.....Treasurer
 Judy Lomax.....Secretary
 Tom Bones.....Executive Director
 Board Members: Vivian McDonald,
 Dick Bewick, Barbara Morton, Joan Schwartz,
 Judie Burke

Next Meeting: MAY 23, 2019
 12:30 PM

Harvest Years Monthly

MAY 2019
VOLUME 17 - ISSUE 5

302 698-4285 - Website: <http://harvestyears.org>

1977 - Celebrating 42 Years - 2019



Memorial Day Service

Friday, May 24, 2019

11 A.M.

Harvest Years Senior Center

30 South Street

Camden, DE 19934

Former [President George W. Bush](#) reminded citizens why it's important to remember our military families in prayer on

Memorial Day:

"They defended our nation, they liberated the oppressed, they served the cause of peace. And all Americans who have known the loss and sadness of war, whether recently or long ago, can know this: The person they love and miss is honored and remembered by the United States of America."

--George W. Bush, Memorial Day Address, 2004



Happy "May Birthdays"



- | | | |
|-----------------------|-------------------|--------------------|
| 1 Mildred Dennis | 12 Lee Severson | 22 Deborah Koenig |
| 1 Donna Ebell | 14 Carol DeGraves | 22 John Miller |
| 3 Rosalie Boryszewski | 15 Bruce MacGloan | 23 Janice Chilcote |
| 4 Gloria Sanders | 15 Maureen Reb | 23 Bill Hufnal |
| 9 Alice Coventry | 16 Avis Triplett | 23 Helen Radtka |
| 9 Greta Fountain | 17 William Green | 24 Michele Dohner |
| 10 Patricia Eccles | 17 Rica Irvin | 26 Ann Cahill |
| 10 Rose Ann Martorano | 18 Frances Harvey | 26 Gloria Carey |
| 11 Mary Cahill | 18 Gretta Strider | 26 Betty Ray |
| 11 Julia Cheng | 19 Lucille Harvey | 29 Lee Kingery |
| 12 Timothy Murray | 20 David Baird | 30 Barbara Pavelka |
| 12 Catherine Register | 20 Betty Haley | 30 Bonnie Procopio |

Laughter Is The Best Medicine

I have reached the age where my "train of thought" often leaves the station without me.

CHILDHOOD INJURIES: Fell off my bike, Fell out of a tree, Twisted my ankle.....**ADULT INJURIES:** Slept wrong, Sat down too long, Sneezed too hard!!

*****PLEASE BE SURE TO CALL** (302) 698-4285*****

*****PLEASE MAKE YOUR (RESERVATION) FOR A FREE BIRTHDAY LUNCH*****

We invite you to a **BIRTHDAY LUNCH** here at Harvest Years as part of your membership. HOWEVER, you must attend the **BIRTHDAY CELEBRATION** on our "BIRTHDAY DAY" which is always the **third** Thursday of each month. You must "eat-in".

You may not "take-out" the free meal. If you do not see your name on the list of names for **MAY 16** it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to see Tom or Diane..... **HAPPY BIRTHDAY and Thank You...**

LUNCH IS SERVED DAILY MONDAY THRU FRIDAY 11:30 AM - 12:30 PM

YOU MUST CALL HARVEST YEARS SENIOR CENTER TO MAKE YOUR LUNCH RESERVATION by 10 AM. LET US KNOW IF YOU WILL BE CELEBRATING YOUR BIRTHDAY WITH US PRIOR TO MAY 16, 2019.

PLEASE CALL (302) 698-4285.



Welcome Eric Williams

Community Relations Officer - Dover Federal Credit Union

Eric will be discussing Identity Theft, how to protect yourself against the Most Common Types of Fraud.

*From Your Executive Director
Tom Bones*

We have shivered and splashed our way through the April showers, and now it is finally time for some May Flowers. We have plenty of Spring activities planned here at the Harvest Years to keep us busy. All are guaranteed to put a **'Spring'** in your step



We will celebrate and remember all of our mothers and grandmothers with a special **"Mother's Day Luncheon"** on **Wednesday, May 8th**. A delicious menu and special gifts for our mothers are planned. Gentlemen, please come help us celebrate these great ladies that are in our lives.

May, 2019 is also when we celebrate **National Older Americans Month**. This year's campaign theme is Connect, Create, Contribute, encouraging older adults and their communities to connect with friends, family and services that support participation.

The month of May also brings us some much needed fundraisers. On May 10th we will host a **Spaghetti Dinner** from 4 PM - 7 PM. On May 17th our **Sub Sale** is scheduled. Please call ahead to place your orders. On the following day, May 18th we will again have a **Yard Sale**. It will be indoors so we can have it rain or shine. If you are able to volunteer for any of these events, please see the front desk receptionist as soon as possible.



Lastly, please join us for our **Memorial Day Tribute** on **Friday, May 24th**. We will honor the United States Military and all who gave their lives for our country. Please mark your calendars for this special event.

Here's to enjoying some beautiful Spring Days!

*Notes From Your Activities Director
Diane Amoroso*



Wonderful Mother

God made a wonderful mother,
A mother who never grows old;
He made her smile of the sunshine,
And He molded her heart of pure gold;
In her eyes He placed bright shining stars,
In her cheeks fair roses you see;
God made a wonderful mother,
And He gave that dear mother to me.

(Pat O'Reilly)

And Grandma's too...

While we honor all our mothers
with words of love and praise.
While we tell about their goodness
and their kind and loving ways.
We should also think of Grandma,
she's a mother too, you see....
For she mothered my dear mother
as my mother mothers me.

Author Unknown

Always Keep in our Daily Thoughts and
Prayers.....
the **Gold Star Mothers**
who have lost a child in the tragic
battles of War.

Harvest Years Senior Center's



SUB SALE
FRIDAY, MAY 17, 2019

Choice of:

Turkey, **Italian**, **Vegetarian**

6" - \$6.50
12" - \$7.50

SUBS MUST BE PRE-PAID AND ORDERED NO LATER THAN MAY 13th.



Mother's Day Luncheon And Bake Sale

Let's celebrate all our Moms and Grandmas with a fabulous Mother's Day Luncheon.

Wednesday, May 8th at 10:30 A.M.

While here at the Center you may want to purchase freshly homemade cakes, pies, cookies, breads or rolls for your dinner on Mother's Day, Sunday, May 12th.

If you would like to donate a baked item to the sale please call and let us know. We appreciate whatever you can provide.



302.242.5254

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2019 TRIPS

MAY: Friday, May 3rd, - Let's visit the United States Marine Corps Museum, Quantico, VA.

All Inclusive: Tour Bus, Driver Gratuity and a Private Tour of the Museum. \$50.00 Per Person Lunch on your own in one of the two restaurants in the Museum.

JUNE: Monday, June 17 - Saturday, June 22nd - Springtime in Connecticut and The Newport Rhode Island Flower Show - Call for Itinerary - All Inclusive: \$779.00 PP Dbl. Occupancy - Singles add \$250.00 additional. RATED: (MD)

JULY: Tuesday, July 16th - American Music Theatre Presents "Ovation" - A must see Musical Theatre Show!! All Inclusive: \$90.00 Per Person. Tour Bus, Driver Gratuity, Show Tickets and Lunch at Huckleberry's Restaurant RATED: (E)

AUGUST: Wednesday, August 7th - Rainbow's Comedy Playhouse - "DIVORCE SOUTHERN STYLE" - All Inclusive: \$89.00 Per Person - RATED: (E)

AUGUST: Tuesday, August 27th - Riverboat Queen Paddleboat Excursion along the Delaware River. Dine aboard and enjoy the beautiful ride and watch the sun set on the way back to dock. All Inclusive: \$110.00 Per Person - Tour Bus, Driver Gratuity, Dinner and our own Private Charter. **SOLD OUT!!**

SEPTEMBER: Tuesday, September 17th - Visit the U.S. Holocaust Memorial Museum, Washington, DC - \$55.00 Per Person - Lunch off the Menu & on your own at the Fisherman's Inn on the way home.

SEPTEMBER: Monday, September 30th - Friday, October 4th - Let's visit the White Mountains of New Hampshire - TRAINS ACROSS AMERICA will be a filled with exquisite beauty, train rides, delicious food, sight-seeing and more. \$735.00 PP Dbl. Occupancy. (\$200.00 Add'l for Single). Trip Insurance Recommended.

OCTOBER: Thursday, October 10th - Dutch Apple Theatre - "Will Rogers Follies" - ALL INCLUSIVE - \$90.00 Tour Bus Transportation, Driver Gratuity, Buffet Lunch, Show Tickets

OCTOBER: Saturday, October 26th - Hudson River Cruise to Cold Spring, New York - Fabulous day trip as we Cruise up the Hudson River passing West Point - Fall Foliage galore at this time of the year. All Inclusive: Tour Bus, Driver Gratuity, Seastreak Ship, Lunch at the famous *Hudson House River Inn* - \$170.00 Per Person

NEWS FLASH: JUNE 26TH FULTON THEATRE presents: "MAMA MIA" - TICKETS ARE AVAILABLE—\$90.00 PP

I HAVE SEVERAL MORE TRIPS IN THE PROCESS OF BEING PLANNED. MORE ON THESE TRIPS IN THE UPCOMING NEWSLETTERS.

2020 TRIPS

AUGUST: Wednesday, August 12, 2020 - QUEEN ESTHER at the SIGHT & SOUND THEATRE - ONLY 12 MORE SEATS AVAILABLE FOR THIS SHOW. CALL FOR DETAILS ASAP.

TRIP TO IRELAND: SEPTEMBER 2020 - DETAILS TBA SOON.

TRIP TO SOUTH DAKOTA: JUNE 2020 - Deadwood, Mt. Rushmore, Custer State Park, Crazy Horse Memorial, Badlands National Park, and much more! DETAILS TBA SOON.

- MAY 2019 MENU -

Monday	Tuesday	Wednesday	Thursday	Friday
<p>SHOW YOUR SUPPORT MAY 18, 2019</p> 	<p>MAY 12, 2019</p> <p>HAPPY Mother's DAY</p> 	<p>1. Baked Pork Chops Roasted Potatoes Succotash Bread or Rolls Jell-O/Whipped Cream</p>	<p>2. Beef Stew Biscuit Applesauce Fruit</p>	<p>3. <u>CINCO de MAYO</u></p> <p>Taco's Hard or Soft Fix'ins Bar Chips/Salsa Assorted Desserts</p>
<p>6. Navy Bean Soup Turkey & Cheese Sandwich Lettuce/Tomato Brownie</p>	<p>7. Rotisserie Chicken Potatoes Au Gratin Vegetable Blend Bread or Rolls Fruit Cocktail</p>	<p>8. <u>Mother's Day Lunch</u></p> <p>Roasted Pork Loin Mashed Potatoes Gravy/Green Beans Rolls Cakes or Pies</p>	<p>9. Baked Lasagna House Salad Italian Bread Sherbet</p>	<p>10. Tomato Soup Grilled Ham & Cheese Pickles/Chips Assorted Desserts</p>
<p>13. Chef's Salad Ham, Turkey, Cheese, Tomato, Egg, Sweet Roll Fruit</p>	<p>14. Roast Beef w/Gravy Mashed Potatoes Peas & Carrots Bread or Rolls Chocolate Pudding</p>	<p>15. Spaghetti w/Meatsauce Tossed Salad Italian Bread Tropical Fruit</p>	<p>16. <u>Happy Birthday Lunch</u></p> <p>Oven Fried Chicken Scalloped Potatoes Mix Vegetables Bread or Rolls Ice Cream & Cake</p>	<p>17. Tuna Salad Sub Lettuce/Tomato Pickles/Chips Assorted Desserts</p>
<p>20. Cheeseburger on a Bun Lettuce/Tomato Chips Fruit</p>	<p>21. Liver & Onions Mashed Potatoes Buttered Beets Bread or Rolls Fruit Cocktail</p>	<p>22. Baked Meatloaf Mashed Potatoes/Gravy Peas Bread or Rolls Peaches</p>	<p>23. Baked Flounder Macaroni & Cheese Stewed Tomatoes Bread or Rolls Jell-O/Whipped Cream</p>	<p>24. <u>Memorial Day Service</u></p> <p>BBQ Chicken Baked Beans Pasta Salad Bread or Rolls Assorted Desserts</p>
<p>27. <u>CLOSED</u></p> 	<p>28. Cobb Salad Turkey, Bacon, Egg, Lettuce, Tomato, Blue Cheese Cookie</p>	<p>29. Baked Salmon Roasted Potatoes Broccoli Bread or Rolls Brownie</p>	<p>30. Sweet & Sour Chicken Rice Broccoli Bread or Rolls Pineapple</p>	<p>31. Tom's 3 Bean Chili Rice Tossed Salad Combread Assorted Desserts</p>

IMPORTANT INFORMATION FOR YOU!

Anyone taking a trip with Harvest Years Senior Center must carry a photo **ID**. Many of our trips will require security screenings. If you do not bring your **ID** you will not be permitted on the trip.


THANK YOU



- MAY 2019 ACTIVITIES -

Monday	Tuesday	Wednesday	Thursday	Friday
<p>MAY 18, 2019</p> 	<p>MAY 12, 2019</p> 	<p>1. 9:30 AM - 10:30 AM Land Aerobics</p> <p>9 AM - 11:30 AM Ceramics</p> <p>12:30 - Hand & Foot</p> <p>\$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM</p>	<p>2. \$\$ 8:30 AM - Yoga \$\$</p> <p>9:45 AM - L.I.F.E. Aerobics Class</p>	<p>3.</p> <p>12 NOON - Mah Jong</p> <p>12:30 - Spades</p>
<p>6. 9:45 AM - L.I.F.E. Aerobics Class</p> <p>9:30 AM - 500 Rummy</p> <p>\$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM</p>	<p>7. \$\$ 8:30 AM - Yoga \$\$</p> <p>9:30 AM - Crafts</p> <p>12 NOON - Domino's</p>	<p>8. 9:30 AM - 10:30 AM Land Aerobics</p> <p>9 AM - 11:30 AM Ceramics</p> <p>12:30 - Hand & Foot</p> <p>\$\$1 - 3 PM Art Class\$\$</p> <p>\$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM</p>	<p>9.</p> <p>\$\$ 8:30 AM - Yoga \$\$</p> <p>9:45 AM - L.I.F.E. Aerobics Class</p>	<p>10.</p> <p>12 NOON - Mah Jong</p> <p>12:30 - Spades</p>
<p>13. 9:45 AM - L.I.F.E. Aerobics Class</p> <p>9:30 AM - 500 Rummy</p> <p>\$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM</p>	<p>14. \$\$ 8:30 AM - Yoga \$\$</p> <p>9:30 AM - Crafts</p> <p>12 NOON - Domino's</p>	<p>15. 9:30 - 10:30 AM Land Aerobics</p> <p>9 AM - 11:30 AM Ceramics</p> <p>12:30 - Hand & Foot</p> <p>\$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM</p>	<p>16.</p> <p>\$\$ 8:30 AM - Yoga \$\$</p> <p>9:45 AM - L.I.F.E. Aerobics Class</p>	<p>17</p> <p>12 NOON - Mah Jong</p> <p>12:30 - Spades</p>
<p>20. 9:45 AM - L.I.F.E. Aerobics Class</p> <p>9:30 AM - 500 Rummy</p> <p>\$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM</p>	<p>21. \$\$ 8:30 AM - Yoga \$\$</p> <p>9:30 AM - Crafts</p> <p>12 NOON - Domino's</p>	<p>22. 9:30 AM - 10:30 AM Land Aerobics</p> <p>9 AM - 11:30 AM Ceramics</p> <p>12:30 - Hand & Foot</p> <p>\$\$ 1 - 3 PM ART CLASS \$\$</p> <p>\$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM</p>	<p>23.</p> <p>\$\$ 8:30 AM - Yoga \$\$</p> <p>9:45 AM - L.I.F.E. Aerobics Class</p>	<p>24.</p> <p>12 NOON - Mah Jong</p> <p>12:30 - Spades</p>
<p>27 CLOSED</p> 	<p>28. \$\$ 8:30 AM - Yoga \$\$</p> <p>9:30 AM - Crafts</p> <p>12 NOON - Domino's</p>	<p>29. 9:30 AM - 10:30 AM Land Aerobics</p> <p>9 AM - 11:30 AM Ceramics</p> <p>12:30 - Hand & Foot</p> <p>\$\$ 1 - 3 PM ART CLASS \$\$</p> <p>\$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM</p>	<p>30.</p> <p>\$\$ 8:30 AM - Yoga \$\$</p> <p>9:45 AM - L.I.F.E. Aerobics Class</p>	<p>31.</p> <p>12 NOON - Mah Jong</p> <p>12:30 - Spades</p>

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HARVEST YEARS SENIOR CENTER



"HAIRCUTS by PAT"

30 SOUTH STREET, CAMDEN, DE 19934

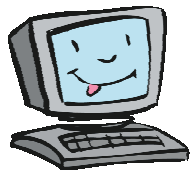
Pat Reynolds, R.C.

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Hours: Tuesday, Wednesday, & Thursday
9 A.M. TO 3 P.M.

PLEASE CALL FOR AN APPOINTMENT

(302) 698-4285



Don't know what to do now that you've turned on your computer or smart phone?

Let Terry help you! Terry Anderson, a retired Air Force Pilot and retired from the Department of Education, has volunteered his time and expertise to teach a one on one computer class.

Terry has now offered to teach a one on one class on how to use your **Smart Phone**. If you know the basics but would like to know more, please give your name and telephone number to Diane and she will set up an appointment with the

"Computer Guy"!

Call Diane: 302 698-4285

AARP DRIVER SAFETY COURSE



Harvest Years Senior Center
30 South Street, Camden, DE
302 698-4285

NEXT CLASS: Monday, MAY 20, 2019
9 AM - 1 PM

AARP Member: \$15.00
Non-Member: \$20.00

Welcome
Trinidad Navarro
Vice Chairman of the
Anti-Fraud Task Force

The Commissioner would like to share the services that the Department of Insurance offers and has available to your membership, such as Medicare Counseling. He is also the newly appointed Vice Chair of the Anti-Fraud Task Force with the National Association of Insurance Commissioners. He would like to share ways our members can protect themselves. And, of course he is happy to answer any questions you may have.

WEDNESDAY, MAY 22nd at 11 A.M.

Please join us for an interesting series of questions and answers pertaining to Insurance, Fraud and Medicare.



Art Classes Harvest Years Senior Center

If you are interested in learning how to put your 'hidden artistic talents' onto canvas, you are welcome to join our art classes twice a month.

The cost for four classes is \$30.00.

Classes: Wednesdays - 1 PM - 3 PM

Call DIANE for more Information: 698-4285

Come In and Join Us For This Fun, Exciting and Educational Class!!

Bonus! Meet New Friends



Golden Dinner Club

Betsy Ross Pizza

Route 8, Dover, De

Monday, May 20, 2019 - 4:30 PM

Everyone is welcome to join us for our monthly fundraiser. Bring all your family & friends for a fun night out!!

Let me know if you are coming. Diane




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 OF THIS SPACE.
 — 800-477-4574 —



Supplemental Nutrition Assistance Program
 Putting Healthy Food Within Reach
assist.dhss.delaware.gov

Meet Oscar Sebastian at 11 AM on the second Tuesday of each month during 2019. If you are 50 years old or older, Oscar can answer any questions you may have about the SNAP program or he can assist you in filling out the required application.



If you are unable to stop in to see Oscar please feel free to call him at 302 734-1200 Extension 174



MEDICAL APPOINTMENTS SERVICE

If you are in need of our “**Medical Appointment Service**”, please call our front desk at 698-4285 to schedule your ‘**Pick-Up Time**’. Pick-Up times should be made 2 - 3 weeks in advance, no later than 48 hours in advance. We will provide this service between the hours of 8 AM - 2 PM, Monday thru Friday. We will pick you up 1/2 hour prior to your scheduled appointment. There will be a \$3.00 Trip Charge payable by cash, check, or money order. We will not go into Sussex County or New Castle County due to cost. Call Harvest Years Senior Center for more information and scheduling.

HARVEST YEARS’ CLOTHING DOLLAR STORE FEATURES

GENTLY USED WOMEN’S & MEN’S - CLOTHING - SHOES - HATS -

ALL PRICED AT \$1.00 EACH

**STORE IS OPEN MONDAY - FRIDAY
 8:30 AM - 3 PM**

New Items Added Daily



**You Are All Invited To Join Us
For Lunch At
Harvest Years Senior Center**

Monday thru Friday - 11:30 AM - 12:30 PM

COST:

Member - \$4.50 - Non-Member - \$7.00

Delicious Food, Nice People & Good Times.
Bring A Friend Too!!

As a courtesy to our Kitchen Staff, please call by 10 AM if you are planning to join us for lunch or to order a take-out meal. Our lunch is cooked fresh daily in our kitchen and we want to be sure we can serve everyone.
698-4285

**JOIN HARVEST YEARS AND RECEIVE A \$1.00 OFF COUPON
TOWARDS YOUR 1st LUNCH WITH US!!
FOR NEW MEMBERS ONLY - 2019**



***It's Spring and *Our Soup To Go* will
continue until the end of MAY.
Call Daily for Soup Specials.***

EXTRA IN-HOUSE ITEMS

Desserts \$2.00 each
Just Entrees \$3.00 each
Starch/Vegetable \$2.00 each

**Homemade Soups
\$3.00 Cup / \$4.00 Pint / \$5.00 Quart**

Sandwich entree price to be determined that day.
Any Other Items - See Tom or Marguerite

*As of October 1, 2016 we added an additional charge of \$1.00 for TO-GO MEALS.

Bon Appetite!!



**Camden - Wyoming
Lions Club**

“Unselfish Service to the Community”

**The Camden - Wyoming Lions Club meets
monthly at Harvest Years Senior Center
30 South Street, Camden, DE.**

***NEXT MEETING:
MONDAY, MAY 13, 2019***

Dinner: 6:30 PM - Meeting Follows

***Lions Club
Ready to Help, Worldwide***

Whenever a Lions Club gets together problems get smaller, and communities get better. That's because we help where help is needed - in our own communities or around the world - with unmatched integrity and energy.

TRANSPORTATION SERVICES

The Harvest Years Senior Center offers transportation to and from the center. Our pick-up times are between 9 AM to 10 AM and the return time will start between 1 PM to 2 PM. Members can apply for transportation at our front desk. Bus plan tickets may be purchased at our front desk. You may purchase tickets ahead of time. **You must reserve your slot 24 to 48 hours ahead of time. Cost per trip is:**

**\$.50 per Trip
\$ 5.00 for 10 Trips
\$ 10.00 for 20 Trips
\$ 20.00 for 40 Trips**



Spring Tips for the Home

Clean Your Grocery Bags

A recent study found that 97% of people never clean their reusable grocery bags - and most are crawling with bacteria, such as **Escherichia coli**, causing gastrointestinal ailments. Bags may collect pathogens from a package of meat or raw produce, and then spread to other foods. **Self-defense:** Do not carry meat or produce in reusable bags. Keep separate from other foods. Wipe bags with bleach or machine wash after each use.

smile.amazon.com



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*When you shop at AmazonSmile, Amazon will
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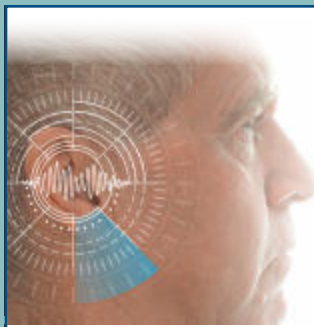
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HOME SECURITY TEAM

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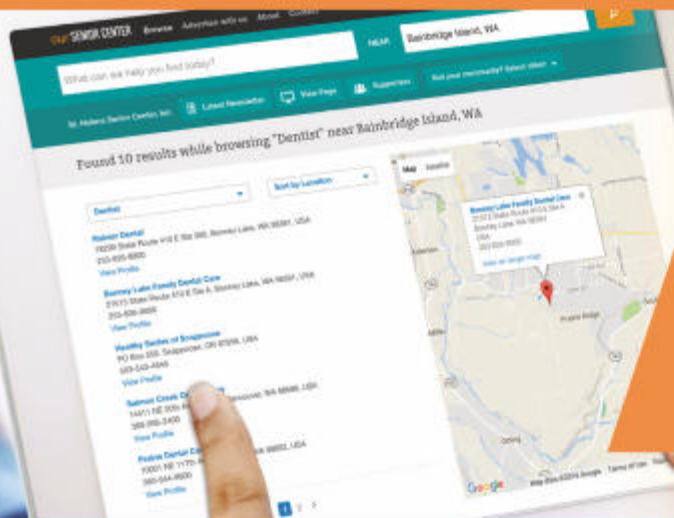
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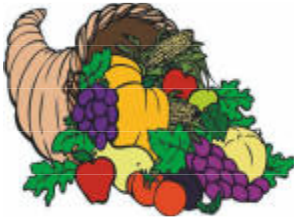


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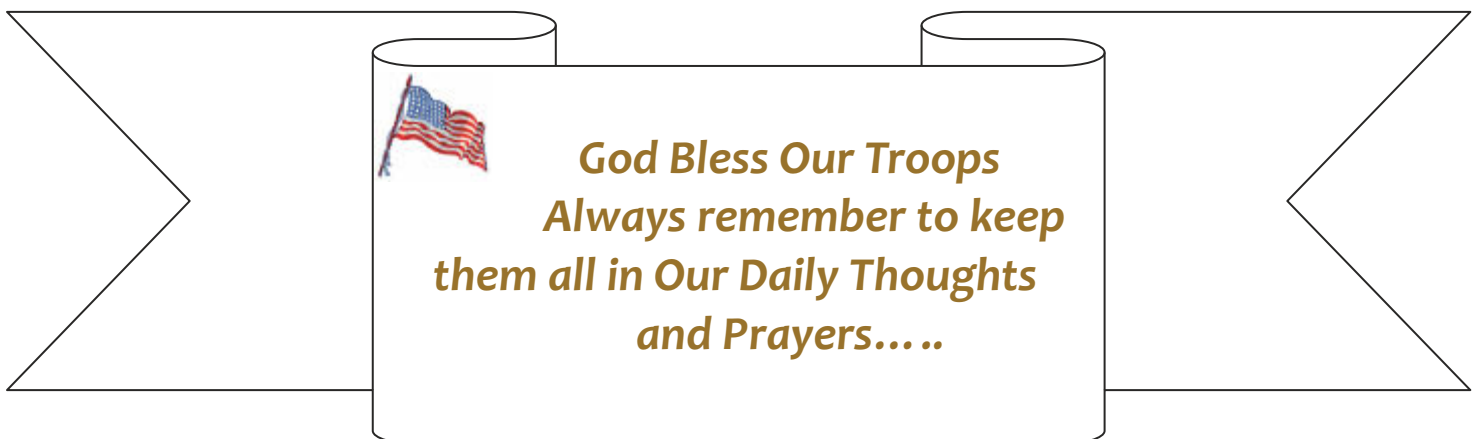




HARVEST YEARS SENIOR CENTER, INC.
30 SOUTH STREET, CAMDEN, DE 19934
PHONE: (302) 698-4285
FAX: (302) 698-4286
E-mail: hysc@comcast.net



HALL RENTALS AVAILABLE
HOURS OF OPERATION — CALL MONDAY - FRIDAY
8 A.M. - 3 P.M.



MAY 2019
Please Donate to The USO

