

**College Community Services  
Wellness Center Central Advisory Board  
MEETING MINUTES**

**Friday, June, 21, 2019 – 11:00am to 12:30pm**

**Wellness Center Central of Orange County – 401 S. Tustin St. #C, Orange, CA 92866**

Attendees: Johnny Case, Kim Johnson, Penny Mack, Deloise Moore, Debbie Acosta, Deanna Lundberg, and Anthony Questel.

Guest: Cynthia Gouker, Sohail Eftekhazadeh, Danisha Soto and Olivia Ramirez.

**I. Call to Order – 11:02 am**

- a) Welcome – Johnny welcomed the attendees. He asked everyone to think about how the Wellness Center Central (WCC) could be improved.
- b) Approval of Agenda – The agenda was approved by Kim Johnson, seconded by Penny Mack.
- c) Approval of Minutes – The minutes were approved by Kim Johnson, seconded by Deanna Lundberg.

**II. Reports**

- a) Program Director Report- Sohail Eftekhazadeh.
  - Sohail read and explained the Program Director's Report as.
  - Sohail announced that Valerie Armstrong is the new Regional Director for the WCC.
- b) President's Report- Johnny Case
  - Johnny read a quote from Dr. Martin Luther King Jr.
  - Johnny mentioned how grateful he was to have support from Sohail for the volunteer work he does at Children's Hospital of Orange County.
  - Johnny suggested that MAB members communicate when they are not available for Chat with MAB so that they can cover one another when needed.
  - Johnny thought the Education Fair went great and that it was well attended.

**III. Unfinished Business**

- a) Reading a portion of the by-laws.
  - Kim Johnson read Article II: Membership, Section I: Non-Discrimination Policy on page 4.
  - Sohail explained everyone is welcome to be a MAB member regardless of race, religion, etc.
  - Debbie Acosta read Article II: Membership, Section II: Membership and Voting Guidelines on page 4.
- b) Calendar of Assignments: Chat With MAB (July 2019)
  - Wednesday, July 3<sup>rd</sup>, 2019 – Johnny Case
  - Wednesday, July 10<sup>th</sup>, 2019 – Deanna Lundberg.
  - Wednesday, July 17<sup>th</sup>, 2019 – Anthony Questel
  - Wednesday, July 24<sup>th</sup>, 2019 – Kim Johnson.
  - Wednesday, July 31<sup>st</sup>, 2019 – Anthony Questel, Deanna Lundberg, Kim Johnson
- c) Talent Show
  - Discussed Talent Show agenda and participation.
- d) WCC MAB Sub-Committee
  - Delores announced there will be meeting on Saturday at 2pm to define sub-committees and bring up any comments and concerns.
  - Sub-committee will be added to calendar once decision is made on date.
- e) Time Keeper
  - Deloise Moore was voted unanimously as Time Keeper and Deanna will fill in when needed.
  - Time Keeper position will be added to the MAB by-laws.

- f) Review monthly contract goals
  - Sohail went over contract goals. He announced that the WCC met all contract goals for the current fiscal year as of May 2019.
  - Sohail stated he is working on a formal training for the Peer Partner Support Program. Sohail will review the training with MAB when he has the curriculum approved.
  - Johnny mentioned that MAB board members should be familiar with the groups at WCC.

#### **IV. New Business**

##### **a) WCC Social Agreements**

- Sohail suggested Social Agreements be read during Morning Ice Breaker.
- Sohail added that any members who break WCC Social Agreements will be handled appropriately according to each situation.

##### **b) Members' Comments and Suggestions**

- Sohail mentioned the county suggested addressing the comments and suggestions on a daily basis which would not be feasible at this time. Comments and suggestion will continue to be posted monthly. However, each comment or suggestion will be discussed with the individual who wrote it on a weekly basis.
- Sohail suggested the comments and suggestions box be moved to the living room to allow members more accessibility.

##### **c) WCC Art Fair Calendar**

- Danisha mentioned the forms are done and ready to distribute. She urged the MAB Board to spread the word and encourage members to get their artwork and poetry ready for submission.

##### **d) WCC 10-year Anniversary**

- Sohail announced that he and Danisha will be meeting with the county monitors to discuss planning for the 10-year Anniversary.
- Sohail stated the anniversary celebration will most likely be held in January or February of 2020.
- Sohail added that dignitaries will be invited to attend our event.

##### **e) Review Chat with MAB results and member feedback**

- No member feedback during the month.

#### **V. Announcements**

- a) Sohail invited MAB and members to attend the upcoming Steering Committee meeting.
- b) Sohail invited MAB to attend the planning meeting for the Annual Celebration Recovery Picnic at Hart Park.
- c) Johnny thanked Debbie for doing a great job with the Ridiculous Goodness Event.
- d) Kim, Penny and Johnny thanked Sohail for inviting them to attend the morning meeting with the County.
- e) Penny mentioned that the County stated that WCC MAB was the best they had seen in a long time.
- f) Penny encouraged everyone to attend the MAB meetings on Saturdays so that they can discuss any WCC event suggestions and any other ideas.

#### **VI. Open Forum (Visitors)**

- a) The visitors did not have comments.

#### **VII. Upcoming Calendar**

- a) WCC Talent Show, Wednesday, June 26, 2019, 1:00pm-3:00pm.
- b) WCC Art Calendar Fair, Wednesday, July 24, 2019, 1:00pm-3:00pm
- c) Next meeting, Friday, July 19, 2019, 11:00am – 12:30pm

#### **VIII. Adjournment**

- a) Johnny adjourned the meeting at 12:39pm.