

Good news -- the Be the One ALA Academy Live recording is now available in the ALA Academy.

Follow the instructions below to access the course:

1. Go to <https://member.legion-aux.org/member/online-training> (You will need to log in with your User Name and Password)
 2. Click the Launch Academy button (near the top of the screen). NOTE: The ALA Academy will open in a separate window.
 3. Click the Go to your Learning Center button (Blueish-Purple Button). The course will be listed in the "Learning Center" under the "Current" column.
- Please contact ALAAcademy@legion-aux.org if you have any questions or difficulties accessing the course.

As a reminder, here are the details on the webinar - "Be the One: How Auxiliary members can help"

During this 60-minute course, you will hear from Lisa Williamson, ALA National President, Chanin Nuntavong, The American Legion Executive Director of Government Affairs, Dean Kessel, The American Legion Executive Director Marketing and Communications, and Tiffany Ellet, The American Legion Director of Veteran Affairs and Rehabilitation on the importance of destigmatizing asking for help and to encourage The American Legion Family to take action when they believe a veteran or service member is at risk of suicide.

During this engaging conversation, they dive into the crucial topics of today's veterans, their mental health, the suicide epidemic, and how The American Legion Family is incorporating this into their collective missions. You will gain insights into the challenges faced by veterans and the initiatives being undertaken to address their mental wellbeing. This webinar aims to shed light on the critical issue of veterans' mental health and showcase the valuable work being done by The American Legion and its partners.