

Spectrum's MANIA CAMPS 2019

138 W. Carmel Dr. Carmel 46032

sherry@spectrumgym.com

587-1503

5 Day - VARIETY Camp (Boys & Girls 4-11yrs) **\$140**

An active camp that offers Gymnastics, games, trampoline, cargo net, rings, trapeze, ropes, bars, beam and challenges. Special activities include Water Day, Flash Light Tag, Scavenger Hunt, Craft, Charades and a few surprises.

WEAR Shorts, sweats, tank, t-shirt or leotard...no shoes or socks

June 3-7 June 17-21 July 15-19 July 29-August 2

12:30-4:00

Bring small lunch & drink

3 Day - GYMNASTIC Circuit (7yrs & up...Required a Good Cartwheel-Handstand- Bridge-Hangs on Bars) **\$75**

The Circuit provides concentrated time to become fluid in current skills and advance skill level. A great conditioning segment for endurance, agility and strength. Technique based progression for advancing skills

Leotard required for participation

June 12-14 July 10-12 July 22-24
12:30 - 3:00 2:00 - 4:30 12:30 - 3:00

3 Day - TUMBLE Time (8yrs & Up ...Required to have Good Cartwheel - Handstand - Bridge -Back Roll) **\$60**

Skill based camp to increase your current skill level of tumbling. Strength and Stretch segment will prepare you for increased skill level. Our progressions will safely and confidently advance you towards continued achievement.

WEAR tank/shorts or leotard/shorts

June 10-12 June 24-26 July 24-26
2:00 - 4:00 12:30 - 2:30 3:00-5:00

3 Day - CHEER Zone (6-12yrs) **\$75**

Camp explores all avenues to be a cheerleader. Learn 8 counts for dance in a choreographed routine that will feature Jumps and Tumbling. Be instructed in technique for arm motions, jumps and stunting.

WEAR black shorts, white tank & athletic shoe

June 26-28 August 5-7
12:30 - 3:00 12:30 - 3:00

Same Child \$5 off multiple camps

Sibling Discounts...\$5 off

Cancellation Fee 25%

-----**Detach and Mail In With Check When Registering**-----

Print 1st Participants Name Birthday Print 2nd Participants Name Birthday

Address Zip Contact Number

Print 1st or 2nd referring to who will participate, next to activity

<u>5 Day Variety (\$140)</u>	<u>3 Day Gym Circuit (\$75)</u>	<u>3 Day Tumble Time (\$60)</u>	<u>3 Day Cheer Zone (\$75)</u>
_____ June 3-7	_____ June 12-14	_____ June 10-12	_____ June 26-28
_____ June 17-21	_____ July 10-12	_____ June 24-26	_____ August 5-7
_____ July 15-19	_____ July 22-24	_____ July 24-26	
_____ July 29-Aug 2			

I understand and assume all risks that participating in any movement activity involves risks. I hereby release, acquit and discharge Spectrum Sports Inc. employees, instructors, owner and principals from any action resulting in injury of all kinds due to participation at Spectrum Sports Inc.

Parent Signature _____ Print Name _____ Date _____

Any medical condition we should know of: _____