

September is

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NATIONAL PREPAREDNESS MONTH 2018




# Disasters Happen

**PREPARE NOW**

**LEARN HOW**



FEMA

Ready. 

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Lonoke County Office of Emergency Management educates and empowers County residents to take some simple steps to prepare for and respond to potential emergencies. I ask individuals to do three key things; get an emergency supply kit, make a family emergency plan, and be informed about the different types of emergencies that could occur and their appropriate responses. Everyone should have some basic supplies on hand in order to survive for at least three days if an emergency occurs.

Contact your local OEM office for more information: 501-912-2876

*Thx  
Rita*

*Please Post.  
Ward*

## Recommended Items to Include in a Basic Emergency Supply Kit:

Water, one gallon of water per person per day for at least three days for drinking and sanitation.

Food – at least a three day supply of non-perishable food.

Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both.

Flashlight and extra batteries.

First Aid Kit

Whistle to signal for help

Dust mask, to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place.

Moist towels, garbage bags and plastic ties for personal sanitation.

Wrench or pliers to turn off utilities.

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Can opener for food (if kit contains canned food).

Local Maps

Prescription medications and glasses

Infant formula and diapers

Pet food and extra water for your pet

Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container.

Cash or traveler's checks and change

Emergency reference material such as a first aid book or information from [www.ready.gov](http://www.ready.gov)

Sleeping bag or warm blanket for each person. Consider additional bedding if you live in a cold-weather climate.

Complete change of clothing including a long sleeved shirt, long pants and sturdy shoes. Consider additional clothing if you live in a cold-weather climate.

Fire Extinguisher

Matches in a waterproof container

Personal hygiene items

Mess kits, paper cups, plates and plastic utensils, paper towels

Paper and pencil