



**PARISH OF OUR MOTHER OF PERPETUAL HELP**  
**Redemptorist Community**  
*Rev Fr Patrick Massang, C.Ss.R.* (Parish Priest)  
*Rev Fr Philip Lai, C.Ss.R.* (Assistant Parish Priest)

Address: 19-21, Jalan La Salle, Ipoh Garden, Ipoh Garden.  
 Telephone Nos.: (Office - 05- 5458 220) (Fax:05- 5468 495) website: [www.omphip.org](http://www.omphip.org)



(food for thought) (Bulletin 11 September, 2022)  
 Gospel: Luke 23:35-43. *"The Shepherd King"*

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(6/11/2022)

**TRANSITION TO ENDEMIC STAGE**

*(From Your Parish Priest...)*

**ATTENDING MASSES IN O.M.P.H. IPOH**

- \* Wearing of face Mask is mandatory inside the church premises (Adults & children) \*Sanitize your hands
- \*Please co-operate and follow instructions from the hospitality ministers.

**Stay safe Stay healthy**

**SACRAMENT OF FIRST**

**HOLY COMMUNION** on Sunday, 20 Nov.,2022 during the 8a.m Mass.

**OMPH PARISH ADVENT-**

**CHRISTMAS RETREAT (E) 2022**

**reflecting on**

**ANNUNCIATION, INCARNATION, VISITATION & NATIVITY**

by Rev Fr Joseph Stephen, CSsR

(date) **28<sup>th</sup> (Mon.) &**

**29<sup>th</sup> (Tues) of Nov.,2022**

(time) **7.30pm**

(venue) **O.M.P.H. church**

*(Please bring **along your Bible**)*

# A love offering will be taken up.

**Registration:** Please fill in the form provided and submit at the parish office latest 22 Nov.,2022.

**A NIGHT OF CHRISTMAS**

**MUSIC & SONGS**

organized by the Tamil Choir on

(date) **Sunday, 11 Dec., 2022**

(time) 7.00 p.m

(venue) parish hall.

Lucky draw tickets (RM5/-)

available in the parish office.

**RITE OF ACCEPTANCE into the order of CATECHUMENS**

The R.C.I.A. Enquirers will be celebrating the "Rite of Acceptance into the order of Catechumens" on **Sat.26 November, 2022** during the 6.45p.m Mass.

Let us welcome them into our Catholic community by joining them in prayer and fellowship.

**PENANG DIOCESAN PRISON MINISTRY**

Theme: "Re-Entering Ministry, this Advent" (date) **Sat. 26 Nov.,2022**

(time) 8.30 a.m. – 5.00 p.m.

(venue) Minor Basilica of St.Anne, B.Mertajam

If you are interested, please contact (Anthony Andrews, Ministry head, h/p 019 5781 541)

**SOLEMN DECLARATION OF THE MINOR BASILICA OF ST. ANNE, BUKIT MERTAJAM, PENANG.**

Invitation to this significant celebration -

(date) **Mon. 9 January, 2023**

(time) 6.00 p.m.

(venue) Minor Basilica of St.Anne, Bukit Mertajam, Penang.

**INFANT BAPTISM:** Please contact the Parish Priest at least **ONE MONTH** in advance.

**MARRIAGE:** Please contact the Parish Priest at least **SIX MONTHS** in advance.

**ETERNAL HAPPINESS TO:-**

+Magdeline Anne Leong Yeow Yit departed on 15 Nov.,2022.

**MEETINGS/ACTIVITIES:-**

- \* 20/11/22 @ 11.30 a.m Faith Educators (F.Xavier Rm) @ 1 p.m – Caritas OMPH tuition (3<sup>rd</sup> fl) @ 2 p.m - RCIA (BM) (St.Mk.Rm.)
- \* 22/11/22 @ 8 p.m. – Legion of Mary (C)(Hall) @ 8 p.m – CCR (T) (church)
- \* 24/11/22 @ 8 p.m – RCIA (E) (St.Mk. Rm.) @ 8 p.m – RCIA (T) (St.Paul Rm.)
- \* 25/11/22 @ 8 p.m – RCIA (C)(Francis X.Rm.)
- \* 27/11/22 @ 1 p.m – Caritas OMPH tuition (3<sup>rd</sup> fl) @ 2 p.m - RCIA (BM) (St.Mk.Rm.)
- \* 28/11/22 @ 7.30p.m – Advent-Christmas Retreat
- \* 29/11/22 @ 6 p.m – CGS (Atrium Wisma Liguori) @ 8 p.m. – Legion of Mary (C)(Hall) @ 7.30p.m – Advent-Christmas Retreat
- \* 1/12/22 @ 8 p.m – RCIA (E) (St.Mk. Rm.) @ 8 p.m – RCIA (T) (St.Paul Rm.)
- \* 2/12/22 @ 8 p.m – RCIA (C)(Francis X.Rm.)
- \* 4/12/22 @ 2 p.m - RCIA (BM) (St.Mk.Rm.)

**BIBLE REFLECTION & HOME-GATHERINGS:**

- ~ BEC St.Peter (C)- 23/11/22 @ 8pm (Café lounge)
- ~ BEC St.Francis De Sales – 25/11/22 @ 8 p.m in (Tony Xavier & Mary Jacob)

**COFFEE MORNINGS 2022**

- \* 20/11 - Hospitality Ministers(T)
- \* 27/11 – BEC St.Philip (T)
- \* 4/12 - BEC St.Alphonsa (T)
- \* 11/12 – Faith Educators.
- \* 18/12 – CCR (E)

**GOOD SHEPHERD CHRISTMAS CAKES & COOKIES**

- \* Apricot Walnut Cake Rm 28
- \* Florentine Crunchies Rm 26
- \* Almond Delights Rm 26
- \* Pineapple Tarts Rm 30

Please place your orders by

5 December, 2022.

(Whatsapp: 010 2107926)

Jesus is a king like no other. His rule is not the power of force but the force of Love. And it is important for us to remember that the cross does not belong to Him alone. It is the legacy and the inheritance that He has promised to all those who follow Him. He has come not to put an end to human suffering, but to show mankind how to suffer and to understand why we suffer.

Maybe that's why we end our church year with this feast. The feast of Christ the King precedes the Season of Advent and affirms what Advent is all about. Christ has come and is present in our world - the Word made Flesh, the Bread of Life. We prepare for the Season of Advent by remembering that our God chose to become a human being just like us. He is God-With-Us, Emmanuel. He takes on our pain, our sufferings, and our death. And because of this we are healed. We have life and have it to the full.

Today can be a feast of renewal for us. We acknowledge that in the realm of faith our vision is focused, now and always, on Jesus Christ, the shepherd-king, who remains always the perfect example of how power is really meant to be used.