



# CAREGIVER SUPPORT GROUPS

*Dates, times and locations are subject to change. Please call before attending, if this is the first time going or haven't been in a while.*

## **Butte County (530.898.5925)**

### **Chico**

2<sup>nd</sup> Thursday of Month  
1 – 3pm  
CARD Community Center  
545 Vallombrosa Ave.

### **Oroville**

4<sup>th</sup> Tuesday of Month  
1:30 – 3pm  
400 Executive Parkway (Prestige)

## **Modoc County (Analuisa: 530.299.3518)**

### **Alturas**

Last Wednesday of Month  
3 – 5pm  
Modoc Medical Building  
228 W McDowell Ave

## **Plumas County (Sharon: 530.616.8570)**

### **Quincy**

4<sup>th</sup> Tuesday of each month  
1 – 3pm  
Feather Publishing Co Conference Room  
287 Lawrence St.

### **Greenville**

4<sup>th</sup> Wednesday of each month  
1 – 3pm  
Greenville Wellness Center  
414 Main St.

### **Blairsden/Graegle**

1<sup>st</sup> Wednesday of each month  
2 – 3:30pm  
Mohawk Community Resource Center  
8989 Highway 89, Blairsden

## **Shasta County (Maggie: 530.221.1900)**

### **Redding**

2<sup>nd</sup> Thursday of Month  
2 – 4pm  
Arcadia HomeCare  
1090 E. Cypress Ave. Ste. B

### **Redding – Caring for a Spouse**

1<sup>st</sup> and 3<sup>rd</sup> Thursday of Month  
2 – 4pm  
Oakmont of Redding  
2150 Bechelli Lane

## **Siskiyou County (Analuisa: 530.299.3518)**

### **Mt. Shasta**

3<sup>rd</sup> Wednesday of Month  
1:30 – 3:30pm  
Mt. Shasta Baptist Church  
812 Lassen Lane

## **Trinity County (Maggie: 530.221.1900)**

### **Weaverville**

2<sup>nd</sup> Friday of each month  
3 – 5pm  
Trinity County Office of Education (Granite RM)