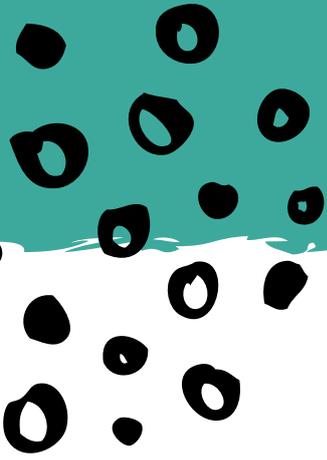
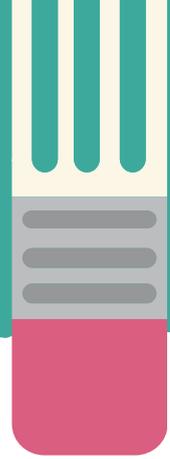


REGINA SEXUAL ASSAULT
CENTRE PRESENTS:



KIDS ON THE BLOCK

EST 2014



A PUPPET-BASED
EDUCATION PROGRAM FOR
CHILDREN AND YOUTH

WHAT IS KIDS ON THE BLOCK?

Kids on the Block is an international puppet-based education program that aligns with the elementary school level curriculum to assist in the learning of personal safety, bullying, and child sexual abuse while using age appropriate language.

Regina Sexual Assault Centre receives funding from the Ministry of Justice, City of Regina, and community Initiatives Fund to implement Kids on the Block (KOTB) Program within Regina.



Regina Sexual Assault Centre (RSAC) is a non-profit organization that connects its community with local resources to overcome sexual and intimate partner violence. Through the use of education, support, and advocacy, we aim to minimize the impact of sexual violence while reducing the prevalence and stigma associated with it.

**CONTACT
US**



**Call us:
306-522-2777**

**Fax us:
306-522-5070**

Email us: kotbregina@gmail.com

**Visit our Website for more information:
www.reginalsexualassaultcentre.ca/kids-on-the-block.html**

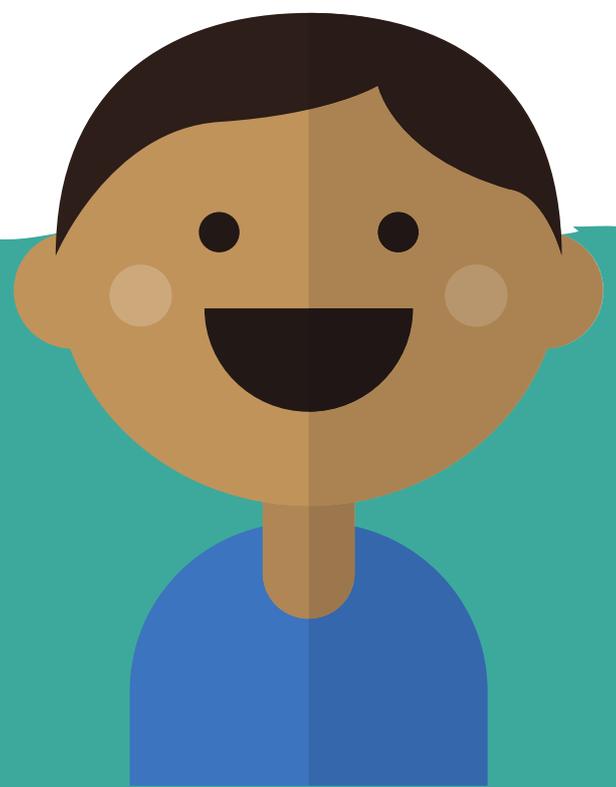
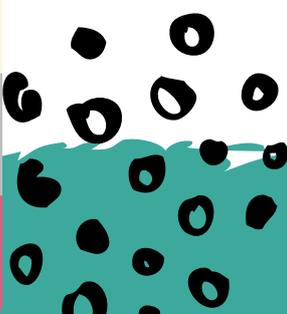




TABLE OF CONTENTS

1	What You Need to Know
2-3	Types of Presentations
4-6	Why Do We Need Personal Safety and Abuse Prevention in our Schools
7-9	Previous Year KOTB Stats
10	Child Sex Abuse: What is it?
11	Child Sex Abuse: Signs and Symptoms
12	Child Sex Abuse: Who Sexually Abuses Children?
13	Child Sex Abuse: How to Identify an Offender
14	Child Sex Abuse: Duty to Report
15	Thank you



WHAT YOU NEED TO KNOW



WHAT TYPES OF PRESENTATIONS DO YOU DO?

KOTB delivers three core presentations: Personal safety, bullying, and abuse prevention. In addition to children presentations, we also provide child sexual abuse workshops for adults.

WHO IS YOUR TARGET AUDIENCE?

Our presentations are appropriate for grades Kindergarten to grade six! The puppets are used more often in the younger age groups, but are sometimes helpful to talk about the harder more "awkward" stuff with older groups.

HOW LONG ARE THE PRESENTATIONS?

Each presentation is 30-60 minutes in length and includes two short puppet skits on the topic area, interactive question and answer periods with puppet characters, and facilitated learning activities!

HOW MUCH DOES KOTB COST?

Absolutely Nothing!



TYPES OF PRESENTATIONS

PERSONAL SAFETY

kindergarten – grade 3

Identifying safe/unsafe situations

Develop language about safety

Concept of "Say No and Go"

You are in charge of your body

Role play to encourage critical thinking and response to safety scenarios

Identifying Instincts and feelings

Identifying safe adults and strangers

BULLYING

Grade 3 – Grade 5/6

Impacts of bullying

What it means to be a good friend

Tattling versus reporting

Supporting the safety of others

Helpful/positive behaviour

Self-concept

Emotions

Healthy relationships

Individual differences/diversity

Cyberbullying

The impacts of social media



TYPES OF PRESENTATIONS

ABUSE PREVENTION

Grade 3 – Grade 6

What is child abuse

Different forms of abuse

Never their fault

Safe adults

Good secret versus bad secret

The importance of telling

Supporting the safety of others

Social systems and supports

ABUSE PREVENTION

Adults in Leader Positions

What is child abuse

Different forms of abuse

Never their fault

Safe adults

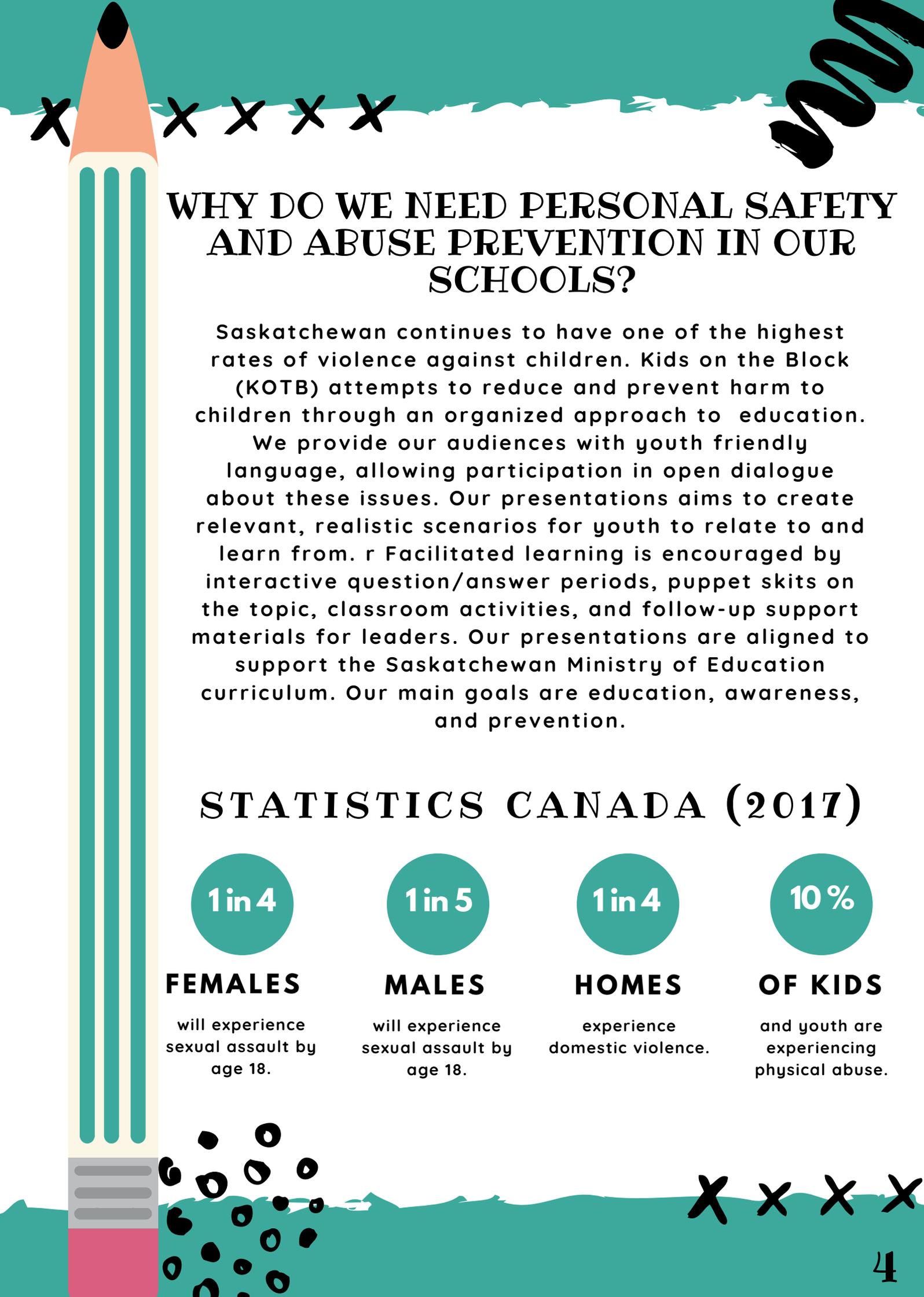
Good secret versus bad secret

The importance of telling

Supporting the safety of others

Social systems and supports





WHY DO WE NEED PERSONAL SAFETY AND ABUSE PREVENTION IN OUR SCHOOLS?

Saskatchewan continues to have one of the highest rates of violence against children. Kids on the Block (KOTB) attempts to reduce and prevent harm to children through an organized approach to education.

We provide our audiences with youth friendly language, allowing participation in open dialogue about these issues. Our presentations aims to create relevant, realistic scenarios for youth to relate to and learn from. r Facilitated learning is encouraged by interactive question/answer periods, puppet skits on the topic, classroom activities, and follow-up support materials for leaders. Our presentations are aligned to support the Saskatchewan Ministry of Education curriculum. Our main goals are education, awareness, and prevention.

STATISTICS CANADA (2017)

1 in 4

FEMALES

will experience sexual assault by age 18.

1 in 5

MALES

will experience sexual assault by age 18.

1 in 4

HOMES

experience domestic violence.

10%

OF KIDS

and youth are experiencing physical abuse.



WHY DO WE NEED PERSONAL SAFETY AND ABUSE PREVENTION IN OUR SCHOOLS?

No matter what school they teach at, educators will come into contact with students who are experiencing abuse, bullying or neglect.

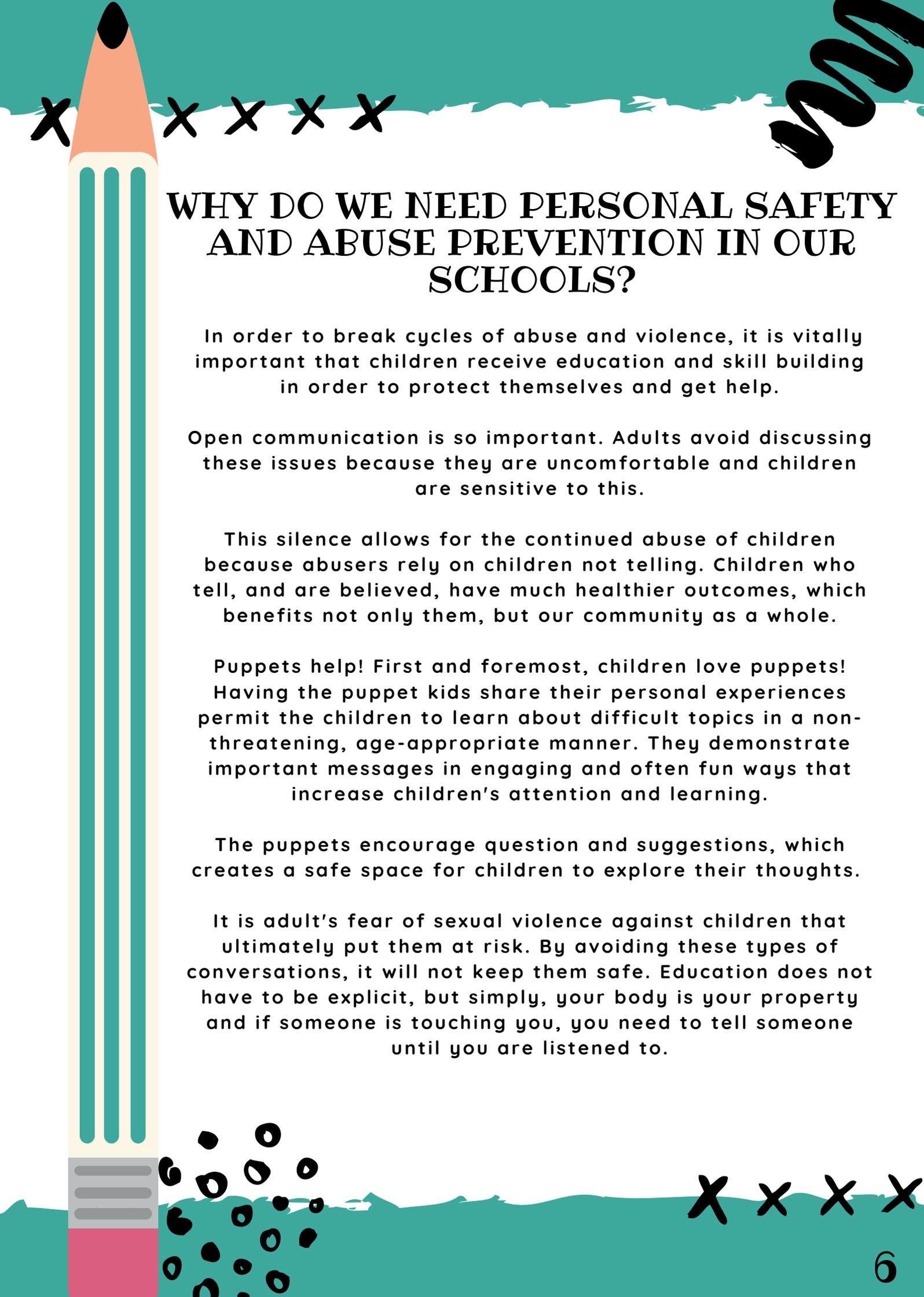
A teacher may be the only safe adult they come into regular contact with, hence the importance of implementing education for all individuals in the classroom setting.

"Just as we teach kids about fire safety, and school lockdowns, we need to educate children about personal safety to prepare them, not scare them. Statistically, a child is much more likely to experience some form of abuse than a school fire or lock down."

-Windsor KOTB

Saskatchewan currently has one of the highest child sexual abuse rates in Canada. These rates will not decrease without an appropriate, organized approach to education, particularly at the elementary level.

Research shows that early intervention can significantly improve the long-term outcomes for individuals who have experienced abuse.



WHY DO WE NEED PERSONAL SAFETY AND ABUSE PREVENTION IN OUR SCHOOLS?

In order to break cycles of abuse and violence, it is vitally important that children receive education and skill building in order to protect themselves and get help.

Open communication is so important. Adults avoid discussing these issues because they are uncomfortable and children are sensitive to this.

This silence allows for the continued abuse of children because abusers rely on children not telling. Children who tell, and are believed, have much healthier outcomes, which benefits not only them, but our community as a whole.

Puppets help! First and foremost, children love puppets! Having the puppet kids share their personal experiences permit the children to learn about difficult topics in a non-threatening, age-appropriate manner. They demonstrate important messages in engaging and often fun ways that increase children's attention and learning.

The puppets encourage question and suggestions, which creates a safe space for children to explore their thoughts.

It is adult's fear of sexual violence against children that ultimately put them at risk. By avoiding these types of conversations, it will not keep them safe. Education does not have to be explicit, but simply, your body is your property and if someone is touching you, you need to tell someone until you are listened to.

PREVIOUS YEAR KOTB STATS

2017/2018

participating schools/ community-based
organizations

George Ferguson

**Seven Stones
Community School**

Transition House

St. Michaels

Wilfred Hunt

W.F. Ready

Grant Road

**Regina Housing
Authority**

Ruth Pawson

Thompson School

George Lee

Davin

Deshaye

Marion McVeety

YWCA

St. Jerome

Early Learning Centre

St. Mary

McDermid

Arcola

Ethel Milliken

Albert School

St. Peter

**Regina Friendship
Centre**

**Four Directions
Health**

Kitchener School

St. Gregory

Walker Elementary

St. Joan of Arc

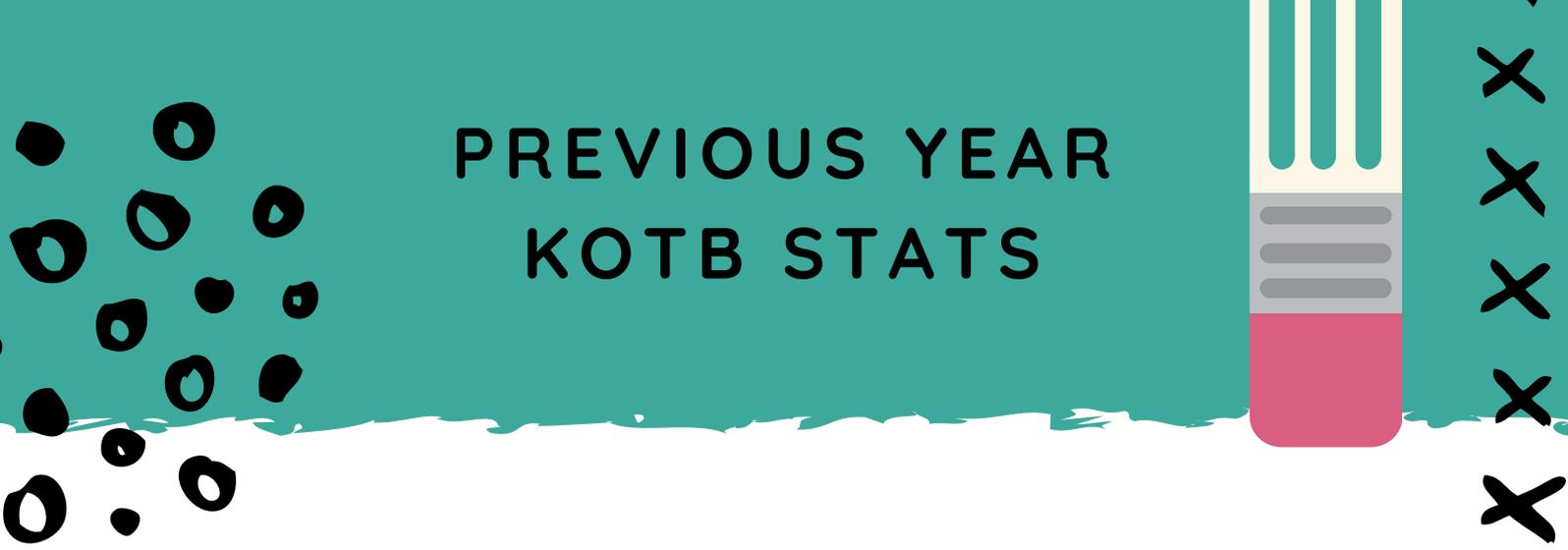
Gladys McDonald

MacNeill

Lakeview

**YWCA - Children
Exposed to Violence**





PREVIOUS YEAR KOTB STATS

2017/2018



Reflecting on the last year, KOTB Regina saw a steady growth. In total, we provided 67 bullying presentations, 69 safety presentations, and 25 abuse prevention presentations thus providing 4007 children and 383 adults with education.

Over the years, KOTB has experienced progressive growth.

Overwhelmingly, Teachers have reported back that KOTB was:

- appropriately geared to the children's level
 - enjoyable and interesting
- properly introduced and explained topics
 - able to meet learning outcomes
- increased awareness about safe behaviours, unsafe behaviours, unsafe situations, safe adults and safety strategies

PREVIOUS YEAR KOTB STATS

KIND WORDS FROM OUR AUDIENCES

"The students loved this presentation! They are engaged and the puppets are wonderful. The information is relevant and presented in a way that is interesting and holds the students' attention. It was also suitable for a multi-ability classroom and students with intensive needs and supports were also able to participate and learn."

"Thanks for presenting to my class last week. They were all so engaged. What a great support for my health curriculum! There was even a group of grade 2 students talking about it on the way to the bus. It was really cute, but also nice to see that the message was powerful enough to inspire conversation and thought."

"The kids really enjoyed the presentation and felt it was a great way to teach students about these issues. They enjoyed the seriousness mixed with the humour."

"It is a message that need repeating."

"Speakers engaged the kids. Let them know there are safe adults to take to, it's okay to tell, parents can get help and not go to jail."



CHILD SEXUAL ABUSE



WHAT YOU NEED TO KNOW TO PROTECT YOUR CHILDREN

What is Child Sexual Abuse?

Non-Contact Sexual Abuse

Exposing a child to sexually explicit material

Luring a child online for sexual purposes

Inviting a child to sexual touching online and/or offline

Voyeurism "Peeping Tom"

Child Pornography

Asking sexually intrusive questions or making sexually explicit comments

Encouraging or forcing a child to masturbate or watch others
masturbate

Exposing a child to sexually explicit acts

Flashing or exposing genitals to a child

Contact Sexual Abuse

Touching or fondling a child's genital area

Touching or fondling a child's breasts

Encouraging or forcing a child to touch another's genital area

Oral sex with a child

Vaginal or anal intercourse with a child

Vaginal or anal penetration of a child with object or finger

-Child Sexual Abuse: It Is Your Business [PDF]. (2014).

Child Sexual Abuse: It Is Your Business [PDF]. (2014). Winnipeg: Canadian Centre
for Child Protection Inc.



CHILD SEXUAL ABUSE



WHAT YOU NEED TO KNOW TO PROTECT YOUR CHILDREN

Signs and Symptoms in Children

Children may not have the language to be able to disclose to you their situation. Therefore, it is important to be able to understand and recognize the behavioural signs.

- | | |
|--|--|
| Advanced Sexual Knowledge | Excessively Seeks Time with a Particular Adult |
| Sexualized Behaviour | Aggressive |
| Withdrawn/Depressed | Self-Destructive |
| Decline in School Performance | Physical Symptoms |
| Lacks Physical Boundaries and is Inappropriately Clingy/Touchy with Adults | Disrupted Sleep Patterns |
| | Distressed Around a Particular Adult |

-Child Sexual Abuse: It Is Your Business [PDF]. (2014).

Child Sexual Abuse: It Is Your Business [PDF]. (2014). Winnipeg: Canadian Centre for Child Protection Inc.



CHILD SEXUAL ABUSE



WHAT YOU NEED TO KNOW TO PROTECT YOUR CHILDREN

Who Sexually Abuses Children?

Child Sex Offenders can be any:

Culture

Race

Religion

Sex

Social Position

"Offenders come from all Walks of life and cannot be picked out or identified by appearance." Thus, it is important to be able to recognize concerning behaviour towards a child.

-Child Sexual Abuse: It Is Your Business [PDF]. (2014).

Child Sexual Abuse: It Is Your Business [PDF]. (2014). Winnipeg: Canadian Centre for Child Protection Inc.



CHILD SEXUAL ABUSE



WHAT YOU NEED TO KNOW TO PROTECT YOUR CHILDREN

How Can We Identify an Offender?

Grooming: Is a tactic used by offenders to build trust with a child, and normalize sexual behaviour. Grooming is usually the initial process in child sexual abuse.

Examples of grooming may be:

- excessively washing a child
- purposely walking in on a child changing
- purposely walking in on a child using the restroom
- asking a child to watch an adult use the restroom
- tickling and accidentally touching genitalia
- activities that include removing clothing (swimming, wrestling, etc.)
- playing games that include touching genitalia
- telling sexual jokes to a child or in the presence of a child
- teasing a child about breast/genitalia development
- taking pictures in underwear, bathing suits, dance uniforms, etc.

The purpose of grooming is to manipulate the child into becoming a co-operating participant in the abuse, as well as manipulating the perceptions of other adults around the child. This reduces the likelihood of the child recognizing the behaviour as abuse and disclosing, as well as reducing the likelihood of being caught.

-Child Sexual Abuse: It Is Your Business [PDF]. (2014).

Child Sexual Abuse: It Is Your Business [PDF]. (2014). Winnipeg: Canadian Centre for Child Protection Inc.



CHILD SEXUAL ABUSE



WHAT YOU NEED TO KNOW TO PROTECT YOUR CHILDREN

Duty to Report

You are obligated to report any incident of abuse, or any suspicion of abuse. It is not your responsibility to ask questions or “investigate” whether the abuse actually occurred. You only need to have a suspicion that something may have happened, or will happen. A child can be harmed physically, sexually, or mentally/emotionally, as well as suffer from neglect (a lack of basic necessities for life).

If you are the one suspecting abuse, or have received disclosure from a child, you have to be the one to report it.

Failure to report or reluctance to share important information can contribute to continued abuse or even death of a child. Failure to report may also lead to professional or legal consequences.

What to Report

- your name, telephone number, and relationship to the child (this information remains confidential, and may be provided anonymously; unless your testimony is required in a court proceeding)
- your immediate concerns about the child's safety
 - the child's location
 - the child's name
 - the child's age and sex
- information about the situation, observations, of disclosures made to you
- information about the family, care givers and alleged offender
- other children who may be at risk because of the situation

Saskatchewan Child Abuse Protocol 2017. (2017). Retrieved 2018, from <http://publications.gov.sk.ca/documents/17/18812-Saskatchewan-Child-Abuse-Protocol-2017.pdf>



Who to Call

Ministry of Social Services Child Protection Lines:

Regina 1-844-787-3760

or your local Police.

**THANK
YOU**

**HELP US ACHIEVE OUR GOAL
IN IMPLEMENTING PERSONAL
SAFETY AND ABUSE
PREVENTION IN ALL REGINA
AND RURAL SCHOOLS.**

**CONTACT US TO BOOK YOUR
PRESENTATION TODAY.**

**WE LOOK FORWARD TO
HEARING FROM YOU!**

