

South Tama Freestyle & Greco Tournament

March 23rd, 2019 - South Tama High School

Registration

Pre-Registration Deadline Saturday,
March 22nd at
www.trackwrestling.com

Pre-Registered

\$15 per Session

\$25 for Both

Walk Ins

\$20 per Session

\$30 for Both

Format

Wrestlers will be grouped by weight in Vertical Pairing bracketing with double elimination. We will use 4-5 mats & need coaches to help for officials.

Competition

Greco starts when bracketing completed between 9:30 - 10am. Freestyle to follow completion of Greco. FILA rules with USA Wrestling modifications and age groups will be used.

Tournament

Open to all Elementary, Middle School and High School age wrestlers. Must have full USA Wrestling Card, *Limited Folkstyle membership not valid*. Coaches with USA membership admitted Free. Concession available.

Weigh Ins

8:00 - 8:30 am for Greco

10:00 - 10:30 am for Freestyle

Greco Weigh in counts for Freestyle

Must have USA card with you.

Divisions

Bantam Intermediate

Novice Schoolboy

Cadet Junior

Awards

Medals to the top 3 place winners in each bracket.



USA
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