

RehabPro Speed Pulleys (S-Series)

Introduction: The functional quality of muscle coordination is enhanced with RehabPro Speed Pulleys. Speed pulleys allow you to change the velocity of an exercise without the weights going ballistic. Increased speed acts as an increase in resistance making exercises more difficult to do. Movement speed is an important factor in restoring or improving daily activities, especially since muscle coordination is severely affected by soft tissue injuries.

Applications:

1. Resistive rehab / conditioning of the entire body with respect to circulation, flexibility, coordination, endurance & strength = muscular efficiency.



Single Wall Mount



Double Wall Mount



Product Specification Sheet



RehabPro Standard Pulleys (A-Series)

6:1 Weight to Resistance Ratio

Weight Stack Options:

Single Wall Mount
100 lb. (M100S-SW)
150 lbs. (M150S-SW)
200 lbs. (M200S-SW)

Double Wall Mount
100 lb. (M100S-DW)
150 lbs. (M150S-DW)
200 lb. (M200S-DW)

Minimum Resistance

0.85 lbs. (1x 5 lb. wt. increment using 1x pulley handle).

Rope Adjustment Interval

2".

Mounting Options

Wall or Module (MMS1 / MMD2).

Powder coated wt. stack w/ magnetic weight selector pin.

Yes.

Standard Accessory

2x Standard Pulley Handle (R282H834-R).

Product Dimensions:

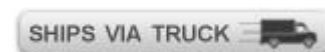
85" (T)x 18" (W)x 8" (D) – single wall mount.
85" (T)x 24" (W)x 10" (D) – double wall mount.

Assembly:

None required

Shipping:

Shipping Dims:



89"x 18"x 16", 250 - 350 lbs., single wall mount.
89"x 29"x 20", 350 - 550 lbs., double wall mount.

Accessories:

Padded Wrist / Ankle Strap (Item 2020)
40" Padded Waist Strap (Item 2022)
Standard Strap Package (Item 2027)
Banana Sling (Item 2025)
Support Bar (Item VH8083)
Standard Triceps Bar 18" (Item 13107)

Padded Shoulder Knee Strap (Item 2021)
52" Padded Waist Strap (Item 2023)
Padded Head Strap (Item 2024IM)
Standard Pulley Handle (Item R282H834)
Gantry (Item 15106)
Optional Lat Boom (Item # RHPB)