

2018 Legacy Sabers Volleyball

Bismarck Invite

Aug. 24-25

Bismarck, N.D.

Results

Legacy 2, Fargo Shanley 1
Legacy 3, Devils Lake 0
Legacy 2, WF Sheyenne 1
Legacy 2, Valley City 1
Legacy 3, G.F. Central 0
Legacy 2, West Fargo 1
Fargo Davies 2, Legacy 1

Notes: Legacy won six of seven matches over the two days.

Records: Legacy, 6-1 Overall; 0-0 WDA

Legacy 3, Minot 0

Sept. 11, 7 p.m.

Magic City Campus, Minot, N.D.

	1	2	3	Total
LEG	25	25	25	3
MIN	15	16	17	0

Team stats

Kills: Becca Nitsch, 17; Taryn Allmaras, 10; Eva Abfalter, 7; Kaitlyn Emmil, 6; Emma Fricke, 4; Ashley Hulm, 3

Blocks: Emmil, 1; Ashley Hulm, .5; Nitsch, .5

Assists: Fricke, 28; Allmaras, 3; Nitsch, 2; Fast, 2; Hulm, 1

Digs: Fast, 11; Fricke, 10; Mac Boone, 5; Allmaras, 5; Eva Abfalter, 4; Hulm, 3; Emmil, 3

Service Aces: Emmil, 3; Fricke, 3; Nitsch, 1; Allmaras, 1

Notes: Legacy is 3-0 on the road in WDA play...Minot has dropped five straight WDA matches.

Records: Legacy, 11-2 Overall; 5-1 WDA; Minot 5-8 Overall; 1-5 WDA

Legacy 3, Mandan 1

Sept. 27, 7 p.m.

Mandan HS Gymnasium, Mandan, N.D.

	1	2	3	4	Total
LEG	25	25	16	25	3
MAN	20	23	25	20	1

Team stats

Kills: Taryn Allmaras, 15; Becca Nitsch, 10; Eva Abfalter, 6; Ashley Hulm, 5; Kaitlyn Emmil, 3; Emma Fricke, 2

Blocks: Hulm, 3; Emmil, 2.5; Abfalter, 1; Allmaras, .5; Nitsch, .5; Fricke, .5

Assists: Fricke, 35; Nitsch, 2; Hulm, 1; Mikayla Fast, 1

Digs: Fast, 20; Nitsch, 17; Emmil, 16; Fricke, 16; Allmaras, 12; Abfalter, 1; Hulm, 1; Macee Van Vleet, 1

Service Aces: Nitsch, 2; Allmaras, 2; Emmil, 1; Hulm, 1; Fricke, 1

Notes: Legacy has won four straight WDA matches.

Records: Legacy, 15-3 Overall; 9-2 WDA

Mandan, 14-3 Overall; 8-2 WDA

Legacy 3, Minot 0

Oct. 16, 7 p.m.

Hausser Gymnasium, Bismarck, N.D.

	1	2	3	Total
MIN	20	10	20	0
LEG	25	25	25	3

Team stats

Kills: Becca Nitsch, 12; Kaitlyn Emmil, 7; Eva Abfalter, 6; Ashley Hulm, 6; Taryn Allmaras, 5; Emma Fricke, 2

Blocks: Nitsch, 1.5; Abfalter, .5; Emmil, .5; Hulm, .5

Assists: Fricke, 31; Abfalter, 1; Emmil, 1; Mikayla Fast, 1; Nitsch, 1

Digs: Fast, 16; Allmaras, 11; Nitsch, 8; Emmil, 7; Fricke, 5

Service Aces: Fast, 3; Emmil, 2; Allmaras, 2; Nitsch, 1; Fricke, 1

Notes: Legacy swept both regular season WDA meetings.

Records: Minot, 10-19 Overall; 5-11 WDA; Legacy, 20-8 Overall; 12-3 WDA

Legacy 3, Jamestown 2

Aug. 28, 7 p.m.

Jerry Meyer Arena, Jamestown, N.D.

	1	2	3	4	5	Total
LEG	25	25	21	24	15	3
JAM	10	20	25	26	9	2

Team stats

Kills: Becca Nitsch, 14; Taryn Allmaras, 13; Kaitlyn Emmil, 12; Ashley Hulm, 7; Camaryn Beasley, 1; Emma Fricke, 1

Blocks: Hulm, 3.5; Eva Abfalter, 3; Emmil, 2; Nitsch, 1; Allmaras, .5

Assists: Fricke, 35; Hulm, 4; Emmil, 2; Beasley, 2; Mikayla Fast, 2; Nitsch, 1

Digs: Fast, 20; Nitsch, 17; Fricke, 14; Allmaras, 13; Hulm, 5; Emmil, 4; Beasley, 3; Mac Boone, 3; Ashton Sagaser, 1

Service Aces: Nitsch, 4; Beaseley, 3; Allmaras, 2; Fricke, 1; Fast, 1

Notes: Legacy won the first two matches before Jamestown rallied to force a fifth set.

Records: Legacy, 7-1 Overall; 1-0 WDA; Jamestown, 1-1 Overall; 1-1 WDA

St. Mary's 3, Legacy 2

Sept. 13, 7 p.m.

St. Mary's Gymnasium, Bismarck, N.D.

	1	2	3	4	5	Total
LEG	18	25	29	29	11	2
SM	25	19	31	27	15	3

Team stats

Kills: Kaitlyn Emmil, 15; Taryn Allmaras, 11; Eva Abfalter, 8; Becca Nitsch, 7; Emma Fricke, 4; Mikayla Fast, 1

Blocks: Abfalter, 2; Emmil, 2; Ashley Hulm, 1.5; Allmaras, .5; Nitsch, .5; Fricke, .5

Assists: Fricke, 30; Nitsch, 29; Allmaras, 20; Fricke, 16; Emmil, 9; Hulm, 5; Abfalter, 2; Camaryn Beasley, 1

Service Aces: Emmil, 3; Nitsch, 2; Fricke, 1; Allmaras, 1

Notes: Sets 3 and 4 were decided by two points...SM is 1-1 in five-set matches.

Records: Legacy, 11-3 Overall; 5-2 WDA; St. Mary's, 7-7 Overall; 4-3 WDA

Bismarck High 3, Legacy 2

Oct. 2, 7 p.m.

Hausser Gymnasium, Bismarck, N.D.

	1	2	3	4	5	Total
BHS	22	25	25	17	15	3
LEG	25	18	21	25	12	2

Team stats

Kills: Becca Nitsch, 13; Taryn Allmaras, 12; Kaitlyn Emmil, 9; Ashley Hulm, 5; Emma Fricke, 3; Eva Abfalter, 3; Mikayla Fast, 1

Blocks: Hulm, 3; Emmil, 2.5; Abfalter, 1; Allmaras, 1; Nitsch, .5

Assists: Fricke, 37; Nitsch, 2; Fast, 2; Emmil, 2; Hulm, 1

Digs: Nitsch, 31; Fast, 28; Allmaras, 20; Emmil, 13; Fricke, 9; Hulm, 8; Abfalter, 2

Service Aces: Nitsch, 2; Fast, 2; Emmil, 1; Fricke, 1; Hulm, 1

Notes: BHS won its fifth straight match...Legacy played its third five-set match (1-2).

Records: Bismarck High, 15-3 Overall; 8-3 WDA; Legacy, 15-4 Overall; 9-3 WDA

Mandan 3, Legacy 2

Oct. 25, 7 p.m.

Hausser Gymnasium, Bismarck, N.D.

	1	2	3	4	5	Total
MAN	25	23	14	25	15	3
LEG	22	25	25	20	8	2

Team stats

Kills: Kaitlyn Emmil, 14; Becca Nitsch, 14; Taryn Allmaras, 13; Ashley Hulm, 8; Eva Abfalter, 5; Emma Fricke, 2; Mikayla Fast, 1

Blocks: Hulm, 2.5; Emmil, 1.5; Abfalter, 1; Allmaras, .5; Fricke, .5

Assists: Fricke, 45; Allmaras, 3; Abfalter, 2; Emmil, 2; Camaryn Beasley, 1; Nitsch, 1; Fast, 1

Digs: Fast, 22; Allmaras, 22; Nitsch, 21; Emmil, 20; Fricke, 10; Hulm, 3; Mac Boone, 2; Beasley, 1

Service Aces: Nitsch, 2; Emmil, 1; Fricke, 1; Allmaras, 1

Notes: Mandan played in its first five-set match of the season...The teams split their two regular season meetings...Mandan won its 10th road match.

Records: Mandan, 26-6 Overall; 15-4 WDA; Legacy, 20-9 Overall; 12-4 WDA

Legacy 3, TMCHS Belcourt 0

Sept. 1, 1 p.m.

Legacy Hausser Gym, Bismarck, N.D.

	1	2	3	Total
TM	9	14	7	0
LEG	25	25	25	3

Team stats

Kills: Becca Nitsch, 7; Eva Abfalter, 6; Taryn Allmaras, 5; Ashton Sagaser, 5; Kaitlyn Emmil, 4; Emma Fricke, 2; Sierra Knoll, 1

Blocks: -

Assists: Fricke, 15; Camaryn Beasley, 7; Sagaser, 3; Ashley Hulm, 2

Digs: Nitsch, 5; Sagaser, 4; Fricke, 4; Emmil, 3; Mikayla Fast, 3; Allmaras, 3; Macee Van Vleet, 3; Hulm, 2; Kelsie Murrey, 1; Beasley, 1

Service Aces: Fricke, 9; Hulm, 5; Beasley, 2; Knoll, 1; Mac Boone, 1; Allmaras, 1; Nitsch, 1; Fast, 1

Notes: Legacy's Emma Fricke had a season-high nine aces...Legacy is 2-0 in WDA play.

Records: TMCHS, 0-5 Overall; 0-4 WDA; Legacy, 8-1 Overall; 2-0 WDA

Legacy 3, Bismarck High 1

Sept. 18, 7 p.m.

Karlggaard Gymnasium, Bismarck, N.D.

	1	2	3	4	Total
LEG	10	26	25	25	3
BHS	25	24	19	18	1

Team stats

Kills: Becca Nitsch, 19; Taryn Allmaras, 17; Kaitlyn Emmil, 9; Eva Abfalter, 1; Ashley Hulm, 1; Emma Fricke, 1

Blocks: Abfalter, 4; Emmil, 1; Allmaras, 1; Hulm, .5

Assists: Fricke, 39; Nitsch, 3; Emmil, 2; Fast, 2; Camaryn Beasley, 2

Digs: Fast, 30; Nitsch, 23; Allmaras, 18; Fricke, 16; Emmil, 6; Hulm, 3

Service Aces: Emmil, 3; Allmaras, 2; Hulm, 1

Notes: BHS won the first set...Legacy won its fourth WDA road match.

Records: Legacy, 12-3 Overall; 6-2 WDA; Bismarck High, 10-3 Overall; 3-3 WDA

Fargo Scheels Invite

Oct. 5-6

Fargo, N.D.

Results

Legacy 2, Central Cass 1
Jamestown 2, Legacy 0

Bismarck High 2, Legacy 1

GF Red River 2, Legacy 1

Fargo Oak Grove 2, Legacy 1

Legacy 2, Minot 0

Day 1 Leaders

Kills: Taryn Allmaras, 20; Becca Nitsch, 16; Kaitlyn Emmil, 16

Blocks: Ashley Hulm, 8; Eva Abfalter, 3; Becca Nitsch, 2; Assists: Emma Fricke, 44; Camaryn Beasley, 18; Digs: Allmaras, 28; Mikayla Fast, 28; Nitsch, 24; Emmil, 20; Service Aces: Nitsch, 7; Fricke, 3

Day 2 Leaders

Kills: Taryn Allmaras, 20; Eva Abfalter, 15; Kaitlyn Emmil, 15; Becca Nitsch, 12; Blocks: Ashley Hulm, 3; Emmil, 2.5; Mac Boone, .5; Emma Fricke, .5; Allmaras, .5; Assists: Fricke, 61; Emmil, 3; Camaryn Beasley, 2; Digs: Nitsch, 33; Mikayla Fast, 27; Allmaras, 26; Fricke, 15; Service Aces: Fricke, 4; Allmaras, 3; Fast, 3; Abfalter, 2

Notes: Legacy 2-4 at the tournament.

Records: Legacy, 17-8 Overall; 9-3 WDA

Legacy 3, Williston 0*

Oct. 26, 7:15 p.m.

Jon Cole Gymnasium, Williston, N.D.

	1	2	3	Total
LEG	25	25	25	3
WIL	15	14	13	0

Team stats

Kills: Becca Nitsch, 14; Taryn Allmaras, 10; Ashley Hulm, 6; Kaitlyn Emmil, 3; Eva Abfalter, 2; Sierra Knoll, 1; Emma Fricke, 1

Blocks: Hulm, 1.5; Abfalter, 1.5; Fricke, 1; Emmil, .5; Allmaras, .5

Assists: Fricke, 25; Mikayla Fast, 3; Emmil, 2; Hulm, 1

Digs: Allmaras, 11; Fast, 11; Nitsch, 7; Mac Boone, 6; Emmil, 6; Hulm, 2; Abfalter, 2; Fricke, 1

Service Aces: Fast, 4; Abfalter, 2; Allmaras, 2; Nitsch, 1; Emmil, 1; Fricke, 1

Notes: This is the only regular season meeting of the teams.

Records: Legacy, 22-9 Overall; 14-4 WDA; Williston, 7-25 Overall; 3-15 WDA

*Match counted for double wins/losses in standings

Century 3, Legacy 0

Sept. 4, 7 p.m.

Hausser Gymnasium, Bismarck, N.D.

	1	2	3	Total
CEN	25	25	26	3
LEG	18	15	24	0

Team stats

Kills: Taryn Allmaras, 8; Becca Nitsch, 7; Ashley Hulm, 5; Eva Abfalter, 4; Kaitlyn Emmil, 3; Ashton Sagaser, 1

Blocks: -

Assists: Emma Fricke, 20; Camaryn Beasley, 7; Mikayla Fast, 2; Hulm, 1

Digs: Fast, 12; Allmaras, 10; Fricke, 9; Nitsch, 8; Emmil, 5; Sagaser, 1; Abfalter, 1

Service Aces: Emmil, 1; Fast, 1; Nitsch, 1; Allmaras, 1

Notes: Century's L. Ware had a match-best 21 kills...Century remains unbeaten in WDA play...Legacy suffered its first WDA loss.

Records: Century, 7-3 Overall; 3-0 WDA; Legacy, 8-2 Overall; 2-1 WDA

Legacy 3, TMCHS 0

Sept. 21, 6 p.m.

TMCHS Gymnasium, Belcourt, N.D.

	1	2	3	Total
LEG	25	25	25	3
TM	1	7	13	0

Team stats

Kills: Taryn Allmaras, 6; Becca Nitsch, 6; Eva Abfalter, 6; Kaitlyn Emmil, 4; Ashley Hulm, 2; Camaryn Beasley, 1; Abby Bjornson, 1; Bella Ternes, 1

Blocks: Hulm, 1.5; Abfalter, 1.5; Allmaras, .5; Mac Boone, .5

Assists: Fricke, 16; Beasley, 5; Emmil, 2; Mikayla Fast, 2; Kelsie Murrey, 1

Digs: Fast, 6; Fricke, 5; Nitsch, 4; Allmaras, 3; Bjornson, 3; Abfalter, 3; Ellie Miller, 2; Beasley, 2; Boone, 1; Emmil, 1

Service Aces: Fast, 7; Fricke, 4; Allmaras, 2; Boone, 2; Nitsch, 2; Murrey, 1; Beasley, 1; Ashton Sagaser, 1

Notes: Legacy won both meetings.

Records: Legacy, 13-3 Overall; 7-2 WDA; TMCHS, 0-8 Overall; 0-7 WDA

Legacy 3, St. Mary's 2

Oct. 9, 7 p.m.

Hausser Gymnasium, Bismarck, N.D.

	1	2	3	4	5	Total
SM	28	25	16	20	13	2
LEG	26	23	25	25	15	3

Team stats

Kills: Becca Nitsch, 17; Kaitlyn Emmil, 17; Taryn Allmaras, 12; Eva Abfalter, 9; Ashley Hulm, 2

Blocks: Abfalter, 3; Camaryn Beasley, 1.5; Allmaras, 1.5; Hulm, .5

Assists: Fricke, 37; Beasley, 17

Digs: Mikayla Fast, 28; Allmaras, 21; Emmil, 20; Nitsch, 20; Fricke, 8; Beasley, 4; Hulm, 3; Abfalter, 2

Service Aces: Emmil, 3; Allmaras, 3; Fast, 1; Hulm, 1

Notes: Legacy trailed 2-0...The teams split their two

2018 Legacy Sabers Volleyball

Team/Individual Stats (WDA matches only)

2018 Season

Date	Opponent	Score	Record	SP
8-24/25	Bismarck Inv.	--	6-1	--
8-28	@Jamestown	3-2W	7-1	5
9-1	TMCHS	3-0W	8-1	3
9-4	CENTURY	0-3L	8-2	3
9-6	@Dickinson*	3-0W	10-2	3
9-11	@Minot	3-0W	11-2	3
9-13	@St. Mary's	2-3L	11-3	5
9-18	@Bismarck High	3-1W	12-3	4
9-21	@TMCHS	3-0W	13-3	3
9-25	JAMESTOWN	3-0W	14-3	3
9-27	@Mandan	3-1W	15-3	4
10-2	BISMARCK	2-3L	15-4	5
10-5/6	Fargo Scheels	--	17-8	--
10-9	ST. MARY'S	3-2W	18-8	5
10-12	WATFORD CITY	3-0W	19-8	3
10-16	MINOT	3-0W	20-8	3
10-25	MANDAN	2-3L	20-9	5
10-26	@Williston*	3-0W	22-9	3
10-27	@Watford City	3-0W	23-9	3

Sets Played (SP) in WDA Matches **63**

*Match counted for double (wins/losses in WDA standings)...
Individual stats are not doubled when teams play a double
counter against an opponent.

Kills

Player	MP	Total	Avg
Becca Nitsch	17	196	11.5
Taryn Allmaras	17	164	9.6
Katlyn Emmil	17	134	7.8
Eva Abfalder	17	73	4.2
Ashley Hulm	17	66	3.8
Emma Fricke	17	28	1.6
Ashton Sagaser	17	8	-
Mikayla Fast	17	5	-
Sierra Knoll	17	4	-
Camaryn Beasley	17	2	-
Abby Bjornson	17	1	-
Bella Ternes	17	1	-

-Less than 1

Blocks

Player	MP	Total	Avg
A. Hulm	17	30.0	1.7
Eva Abfalder	17	21.5	1.2
K. Emmil	17	16.5	-
T. Allmaras	17	8.5	-
B. Nitsch	17	5.0	-
E. Fricke	17	3.5	-
C. Beasley	17	1.5	-
M. Fast	17	.5	-
Mac Boone	17	.5	-

-Less than 1

Assists

Player	MP	Total	Avg
E. Fricke	17	513	30.1
C. Beasley	17	60	3.5
Mikayla Fast	17	28	1.6
B. Nitsch	17	17	1.0
K. Emmil	17	16	-
A. Hulm	17	13	-
T. Allmaras	17	9	-
E. Abfalder	17	3	-
A. Sagaser	17	3	-
Keslie Murrey	17	1	-

-Less than 1

Digs

Player	MP	Total	Avg
M. Fast	17	284	16.7
B. Nitsch	17	217	12.7
T. Allmaras	17	204	12.0
E. Fricke	17	146	8.5
K. Emmil	17	112	6.5
A. Hulm	17	43	2.5
E. Abfalder	17	26	1.5
Mac Boone	17	17	1.0
C. Beasley	17	15	-
Macee Van Vleet	17	8	-
Ellie Miller	17	6	-
A. Bjornson	17	3	-
A. Sagaser	17	2	-
Keslie Murrey	17	1	-

-Less than 1

Service Aces

Player	MP	Total	Avg
E. Fricke	17	35	2.1
B. Nitsch	17	33	1.9
K. Emmil	17	24	1.4
M. Fast	17	23	1.3
T. Allmaras	17	22	1.2
A. Hulm	17	10	-
C. Beasley	17	5	-
Mac Boone	17	3	-
E. Abfalder	17	4	-
S. Knoll	17	1	-
K. Murrey	17	1	-
A. Sagaser	17	1	-

-Less than 1