

Rinn Newsletter 6/26-7/2

From The Minister's Mac

Wesley-isms



In honor of John Wesley's 322nd birthday this Saturday, and in honor of his ordination as a deacon 300 years ago this September, I thought I would share a few stories about the founder of Methodism, most of which came from ResourceUMC.org, compiled by Jeremy Steele, who seems to have a better sense of humor than Wesley ever did.

1. Did you know that Wesley wrote one of the all-time, best-selling medical texts? Being very interested in home remedies for physical health, he authored *Primitive Physick*, a collection of "plain, simple remedies" that will help prevent maladies, especially if the remedies are accompanied by "a little care and common sense." Like rubbing a puppy on your stomach when you have a tummy ache.
2. It is said that Wesley rode over 250,000 miles to spread the Gospel, enough miles to circle the globe 10 times. Steele quips, "When asked if he would consider walking instead of riding, Wesley responded, 'Nay.'"
3. John Wesley weighed around 128 pounds. This is not surprising, since he frequently advised people to "eat a little less than you desire." I wonder if he was talking about vegetables or chocolate?
4. Wesley was never actually a Methodist, though he and those in his Oxford Club were called Methodists. While the Methodist Church was founded in America under Wesley's tutelage, Wesley himself was a lifelong member of the Church of England. The Methodist Church of Great Britain did not form until after Wesley's death.
5. While he was church planting in Savannah, Georgia, Wesley began courting Sophia Hopkey. She ended up marrying another man and when she returned to Wesley's church, he refused to give her communion. This hurt

her reputation in the colony, so her family sued Wesley for defamation of character, forcing his quick return to England.

6. While Wesley has been credited numerous times with saying, “Do all the good you can, by all the means you can, in all the ways you can, in all the places you can, at all the times you can, to all the people you can, as long as ever you can.” Try as they might, historians have not been able to find any record of Wesley actually saying those words. Good words, though, right?

Wesley may not have said the words above, but he did actually write the following: “This being my birth-day, the first day of my seventy-second year, I was considering, **How is this, that I find just the same strength as I did thirty years ago?** That my sight is considerably better now, and my nerves firmer than they were then? That I have none of the infirmities of old age, and have lost several I had in my youth? **The grand cause is, the good pleasure of God,** who doth whatsoever pleases Him. The chief means are, 1. my constantly rising at four, for about fifty years. 2. my generally preaching at five in the morning, one of the most healthy exercises in the world. 3. my never travelling less, by sea or land, than four thousand five hundred miles a year (from John Wesley’s diary; June 28, 1774).

John Wesley was not a perfect man. He was unlucky in love and a bit unyielding. His medical advice may not have been entirely sound, and his personal practices may have been somewhat extreme (he recommended 2 to 3 hours of exercise per day). And for me, perhaps the worst of all, he insisted that everyone be an early riser. But he is also the man who coined the phrase, “let us agree to disagree,” allowing people to think differently on all manner of subjects and yet remain in Christian love with one another.

So, Happy Birthday, John, and all you other June babies out there. Let me close here with the final words of Wesley’s sermon #1: “Now thanks be to God, which giveth us the victory through our Lord Jesus Christ; to whom, with the Father and the Holy Ghost, be blessing, and glory, and wisdom, and thanksgiving, and honor, and power, and might, for ever and ever. Amen.”

See you in church,
Lin

**“God is love, and whosoever lives in love lives in God,
and God in them.” 1 John 4:16
(John Wesley’s favorite Scripture.)**

Spam Alert

The baddies are at it again. If you received a personal text or email that says it's from me, Rev. Lin, saying I'm in a meeting or out of town, and just need you to take care of something discreetly, or quickly, or call back when it is convenient, or send a gift card, or send personal information, or click on a link... PLEASE DISREGARD. Please note my way of working: If I want you to call me, I will call you first and leave a message telling you what it's about. If I text you, it's usually about something you already know about, like to confirm lunch arrangements, or about meeting in a place we have met before, or for a prayer request — NOT MONEY. My emails to you will not be cryptic, or ask you to do something confidentially, or ask you for money or gift cards. Those kinds of requests will be made in person and usually on a Sunday. If the church has a need for additional Grocery Cards, we will ask for those in the newsletter and ask that they be brought to the church — NEVER mailed somewhere else. Please don't fall for these criminal tactics. They are not hacking into my accounts, but rather using my name and their email or phone number. The best way to respond to these is to not respond at all! If you think it might be legitimate, call me at the number in our directory or call someone you trust to confirm. Do not call the number attached to the text or email. Let's outsmart these criminals and make these kinds of scams unprofitable!!

See you in church,

Lin



Huge Thank You

We would like to thank everyone that had anything to do with the pig roast whether it was working, providing food, taking flyers around, donating money or attending. It takes the church family to make this a success every year. When we have the final \$ amount made we will let you know. Also a large heavy duty pot from the kitchen may have been taken by mistake as it is missing. If you happen to have it would be appreciated if you would leave it in the kitchen. The lid is there but not the pot.

Thank all of you again.

Mary Margaret and Marsha

Thank You Cards

Marsha will still be accepting any thank you cards at church Sunday that people might want to write that weren't at church this past Sunday. We appreciate all the thank you cards that were written.



Collecting for the Backpack Ministry



Justin is once again collecting items for his backpack ministry to the homeless. If you find good deals on shirts, socks, and hygiene items, please pick them up and leave them in the box in the sanctuary.



~ Rinn Worship Service ~

In Person and Livestreamed on Facebook

June 29, 2025 ~ 9:30am

Scripture

2 Kings 2:1-12

Message

“Make Mine a Double”

Livestreamed on Facebook:

To access our Facebook page, click [HERE](#).

To follow along with the service, the Order of Worship is
on the church [website](#)

Refreshments After Worship

- June 29th: Leftovers from pig roast
- July 6
- July 13
- July 20
- July 27



Those cookies, cupcakes and other snacks don't appear in the Fellowship Hall by themselves! Please consider signing up for a date. The sign-up board will be in the narthex either at the welcome table or the podium. Note that you don't need to provide a full spread that can double as brunch for everyone in the church; some cookies, along with one or two options for those trying to cut down on sweets, is sufficient.

If you have any questions, or need to change your date, please feel free to call or text Mary Margaret at 573-368-1390 or call the church office at 303-776-1578 (Church Office Hours: Tuesday, Wednesday, Thursday 9am-noon)

If you sign up to help, here are some guidelines:

- Provide around 4 dozen cookies in total (these can be baked at home or store bought)
- Provide a "non-sugar" option (fruit **or** cheese **or** crackers, etc...)
- Arrange on trays found in the kitchen
- Napkins, small plates, cups, coffee carafes, lemonade pitchers, creamer, sugar, stir stick can all be found in the kitchen
- Coffee and Lemonade will already be made for you
- Please take all items to the kitchen and clean up afterward
- You will get a reminder in your email from Mary Margaret about 3 days in advance of your sign-up date.
- A sign-up sheet will be at the podium in the Narthex each Sunday.

If you have any questions, or need to change your date, please feel free to call or text Mary Margaret at 573-368-1390 or call the church office at 303-776-1578 (Church Office Hours: Tuesday, Wednesday, Thursday 9am-noon)

Rinn Cowboy Christian Fellowship



Wednesday Nights at 7:00pm

7/2/2025 -

Patriot's Night - Wear your colors! Bill & Ann will lead us in ballads, songs & sing-alongs .



Marsha is Collecting Egg Cartons

Marsha needs egg cartons once more. Please leave them in the kitchen, on the counter next to the back door.



“Brunch Bunch” Bible Study

Wednesdays

Breakfast at Maggie's at 8:45 a.m.

Study at Bev Ramsey's house at 10:30 a.m.

Join us weekly for breakfast and a discussion of our faith.

Rinn United Methodist Church Leadership

The Administrative Council meets on the third Thursday of every month. Everyone is welcome to attend. Our leaders who keep your church running smoothly are listed below:

Chair of Church Council: Shelly Anderson
Lay Leader: Bonnie Clark
United Methodist Women: Sharon Goldade
Treasurer: Sue Mercer
Finance Secretary: Steve Sterkel
Nominations: Rev. Lin Cheek
Worship Committee: Betsy Foushee

Sooper's Card for Rinn

Did you know that you can tie your King Sooper's loyalty card to Rinn UMC, and the church will get a contribution every time you use it?

Please consider signing up! Every little bit helps!

Adult Bible Study

Sundays at 8:00 am

We are currently studying Adam Hamilton's *Making Sense of the Bible*. Please join us for engaging conversations each Sunday. All are welcome!

Via Mobility for Life

Providing rides for residents:

Seniors 60+, disabled, and income qualified.

Dacono, Frederick & Firestone

303-444-3043

This Week at Rinn

For more upcoming events, see our online calendar [HERE](#).

Wednesday 6/18

8:45am Breakfast Fellowship at Maggie's

10:30am Wednesday Brunch Bunch Bible Study at Bev Ramsey home

7:00pm Cowboy Fellowship

Friday 6/20

5:45pm New Hope AA in the Fellowship Hall-Ice Cream Social

Saturday 6/21

9:00am UMW Meeting

Sunday 6/22

8:00am Adult Bible Study

8:15am Men's Koffee Klub

9:30am Worship Service

In Our Prayers

COMFORT

- All those struggling with depression.
- Eric and Justin's Uncle Jerry and family, as Jerry approaches the end of life.
- For all those who are grieving this day, and especially those who have lost their children

HEALING

- Debby Perry, who is home after her stem-cell transplant, that her treatment continues to progress well.
- Diana's daughter, who was recently diagnosed with cancer.
- Mike and Karen's friends Greg and Gail, who are both dealing with cancer
- Sue had a double lung transplant some years ago and has other health issues.
- Garry after his stroke, as well as strength and healing for Patty
- Continued healing for Sue Mercer who is recovering well from knee surgery.
- Prayers for Tom M who may need his toes amputated.
- Prayers for JR that his health improves.
- For Fayden, a 9 year old who had heart-replacement surgery recently and is not out of the woods yet.
- For Brian's sister Robin who is having abdominal pain and the doctors don't know what is causing it.
- For Denise who is still dealing with leg pain after her surgery.
- For Sue Mercer's sister-in-law Diana, who just had cancer surgery on June 11th.
- For Anne Gallagher, who fell and broke her hip.

THANKSGIVING

- Tractor Supply for their support for Justin's ministry for the unhoused, and all those who donate to the backpacks and help give them out.
- The wonderful music at church.
- Those who find Jesus, even on their death beds.
- God bless all our organ donors.
- For Marsha's hard work on the Pig Roast, among other things!
- For the opportunity for Salem to be a Counselor in Training and prayers that she does well there and enjoys it.
- For the opportunity for kids to go to camp and for all the donations that made that possible.

If anyone needs to be taken off or added to this list please fill out the form on the back of this sheet, or email the church office at Info@rinnumc.org.

July Birthdays

3 Glenn Bachmann
4 Penny Waneka
8 Toni Dellow
9 Karen Stollings
17 Teena Luehrsen
20 Justin Gray
22 Barb Abney
22 Patty Wilson
22 Mike Carr
23 Aaron Mascarenas
25 Eric Presnall
27 Graylan Presnall
29 Cindy Sherman

Happy July Anniversary To...

14 Keith & Brianne Oliver (2004)

Altar Flower Sign Up

Help keep Rinn looking beautiful! If you would like to bring flowers for the altar to honor a loved one or a special occasion or just to make the sanctuary a little bit nicer one Sunday, please sign-up on the sheet at the welcome table.

