

**How often will there be visits?**

Usually weekly but could be more if in crisis. The length of therapy is based on your needs.

**What is your youngest age requirement?**

School age, 6 years of age and up.

**Do you have “walk-in” services?**

No, we're sorry. We are unable to take walk-in emergencies. Appointments are necessary.

**Are sessions confidential?**

Yes. By law, a written and signed release of information is required in order for us to speak with anyone about your treatment.

**Is there an emergency back-up plan?**

In an emergency situation, we recommend a local Emergency Room or 24 Hour Mobile Mental Health – tele: 888-750-2266.